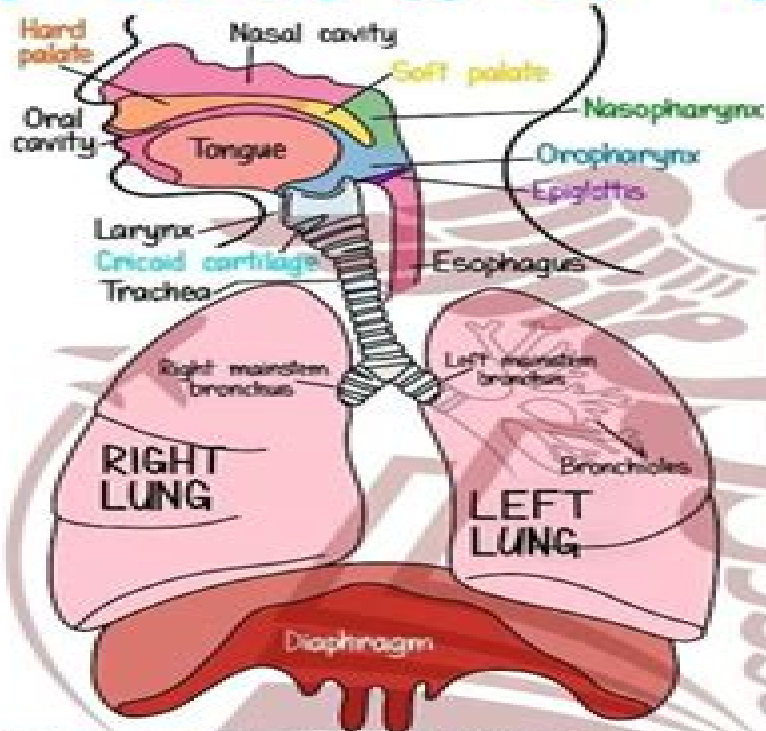


# AIRWAY ANATOMY



## PATIENT POSITIONING



### Sub-optimal position "tiffin mode"

- ↓ preload
- ↓ cardiac output
- ↓ 20% of FRC
- ≈ 45° raised, proper sniffing position



### Optimal alignment

- keep abdominal contents down, ↓ intrathoracic pressure
- better alignment of airway landmarks

## AIRWAY MANIPULATION

### External Laryngeal Manipulation

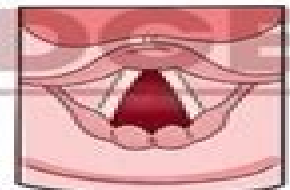
Intubating medic brings cords into view, then assistant maintains position

### BURP Maneuver

- Backwards
  - Upwards
  - Rightwards
  - Pressure
- ≈ not as good as ELM

### Sellicks Maneuver

Pressure posteriorly on the cricoid cartilage from anterior. Ideally occludes esophagus



**Diaphragm:** a strong dome-shaped muscle below lungs

- the primary muscle we use to breathe
- inhalation=diaphragm contracting & flattening
- contraction=↓ pressure in chest, lungs fill with air

**Epiglottis:** leaf-shaped flap of cartilage that covers the trachea & protects the airway

**Trachea:** firm cartilage tube connecting the mouth to the lungs, AKA "windpipe"

**Esophagus:** muscular tube that connects the mouth to the stomach

- Left lung has less room due to the heart, therefore it only has 2 lobes

# Guide To Notes 24

**Zhe Xu**



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