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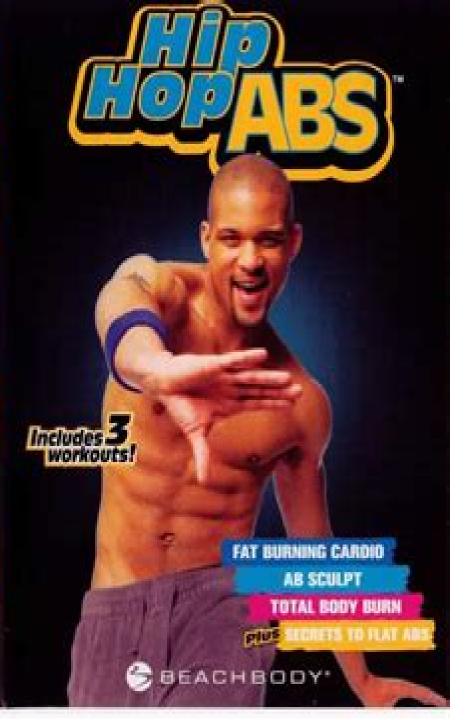






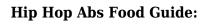






<u>Hip Hop Abs Food Guide</u>

Tao Wei



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