



## **VTCT (ITEC) Level 3 Certificate in Diet & Nutrition for Complementary Therapists**

*English / Mandarin*

The main aim of the ITEC Level 3 Certificate in Diet and Nutrition for Complementary Therapies is to enable Learners to gain the necessary theoretical skills in order to provide healthy eating advice to the general public and to gain employment in the Complementary Therapy Industry.

### **COURSE DETAILS**

#### **Training Hours**

100 hours (Theory)

#### **Course Duration**

English/Mandarin

(Full-Time) : 1 month, 5 days per week, 6 hours per day

(Part-Time) : 2.1 months, 2 days per week, 6 hours per day

#### **Entry Requirements**

- 16 years old and above
- Obtained a pass in GCE N Level in any one subject or any equivalent qualifications

#### **Awarding Body**

ITEC, UK

#### **Course Syllabus**

**iUCT41 Diet and Nutrition for Complementary Therapists**

Understand and explain the structure and function of the organs and accessory organs of the digestive system - the effect of factors on dietary requirement - the dietary/nutritional value of certain foods - the possible side effects of additives - 'common ailments' related to nutritional imbalance - guidelines for eating etc.

#### **Mode of Delivery**

Face to face

#### **Teacher-student Ratio**

1:10

#### **Examination Requirements**

Candidates must have 75% attendance in order to take the examination

#### **Examination**

ITEC Examination – Theory

#### **Graduation Requirements**

Must obtain at least 60% to pass the exam

#### **Examination Enrolment**

To register with ITEC 12 weeks before the examination date

#### **Course Commencement Date**

Every 1st week of the month

**Course Fees**  
**S\$1,590**

**Exam Fees**  
**S\$350**



# Itec Level 3 Diploma In Diet And Nutrition For

**India. Department of Tourism**



### **Itec Level 3 Diploma In Diet And Nutrition For:**

**Nursing Times, Nursing Mirror** ,2001      **Annual Report** India. Department of Tourism,2002      *Resources in Education* ,1986      Wjec Level 3 Diploma in Food Science and Nutrition Anita Tull,2020-09-30 A core resource covering all the Units of WJEC s Diploma in Food Science and Nutrition Units 2 3 and 4 Written by Anita Tull leading food writer and author of the popular WJEC Certificate in Food Science and Nutrition published in 2019 Presented in an appealing and highly visual way this book will help students develop and apply their knowledge and understanding and progress through the theoretical and practical aspects of the course Learning Outcomes and Assessment Criteria are referenced throughout clearly linking the book to the specification Exam style questions help prepare students for assessment Dedicated assessment chapters for each Unit offer guidance on what to expect and how to prepare for assessment including example answers and assessor examiner commentaries      **WJEC Level 3 Certificate in Food Science and Nutrition** Anita Tull,Jillian Bryant,2019-07-02 Written by leading food author Anita Tull and endorsed by WJEC offering high quality support you can trust A core resource for Unit 1 Meeting the nutritional needs of specific groups covering the science of food safety nutrition and nutritional needs with detailed information on the practical skills required to produce quality food that meets the needs of individuals Learning Outcomes and Assessment Criteria are referenced throughout clearly linking the book to the specification Includes plenty of practical activities which allow students to apply their knowledge and understanding to real life scenarios The science is pitched at the appropriate level and is supported with illustrations diagrams charts chemical terms and models to help students get to grips with the key concepts Exam style questions help prepare students for assessment Includes a recipe chapter with step by step instructions which provides Coverage of the Unit 1 Practical Work Skills list advice on how to develop higher level skills and suggestions for other recipes students can research activities which encourage students to analyse the ingredients used in recipes assess the nutritional composition and consider the food science involved in the preparation and cooking methods      *Fully Accredited Complete Nutrition Course For All* Karen E Wells,2019-08-02 Explore all elements of Nutrition with our fully accredited course This course is aimed at those who want to expand or start a business and become a Nutritionist or for those who wish to learn about Nutrition for themselves their families or others Either way this is a fantastic course with incredible content This course is fully accredited by CTAA Complementary Therapists Accredited Association We offer 24 7 support for this course via email from the course tutor Karen E Wells We believe support during the course is absolutely essential but equally if you do not require our support that is no problem at all If you are looking for a new career in Nutrition or wish to add this as an extension of your existing skills then our course enables you to set up a private practice as a nutritionist offering advice to all who require information about their diet This is a perfect time to learn more about this popular area of health and to set up a satisfying new career Client s approach a Nutritionist needing help regarding weight loss weight gain dietary advice for a meat free diet or information to

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