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bank robbery in the early 1990s to pay his mounting bills and ended up being pursued in what became at the time the longest police chase in Canadian history. Gunned down in a hail of bullets, Beier lived to tell the tale and gain a chance to restart his life.

Black Belt, 1979-11 The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world, including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts oriented books and videos, including many about the works of Bruce Lee, the best known martial arts figure in the world.

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