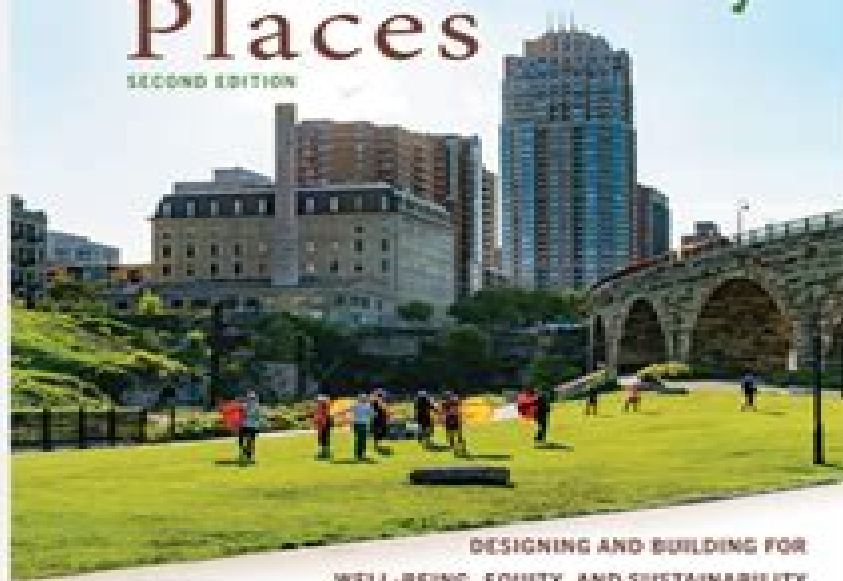


Making Healthy Places

Edited by NISHA BOTCHWEY,
ANDREW L. DANNENBERG,
and HOWARD FRUMKIN

SECOND EDITION



DESIGNING AND BUILDING FOR
WELL-BEING, EQUITY, AND SUSTAINABILITY

Making Healthy Places Designing And Building For Health Well Being And Sustainability

Ruth A. Etzel, Philip J. Landrigan



Making Healthy Places Designing And Building For Health Well Being And Sustainability:

Making Healthy Places Andrew L. Dannenberg, Howard Frumkin, Richard J. Jackson, 2012-09-18 The environment that we construct affects both humans and our natural world in myriad ways There is a pressing need to create healthy places and to reduce the health threats inherent in places already built However there has been little awareness of the adverse effects of what we have constructed or the positive benefits of well designed built environments This book provides a far reaching follow up to the pathbreaking *Urban Sprawl and Public Health* published in 2004 That book sparked a range of inquiries into the connections between constructed environments particularly cities and suburbs and the health of residents especially humans Since then numerous studies have extended and refined the book s research and reporting *Making Healthy Places* offers a fresh and comprehensive look at this vital subject today There is no other book with the depth breadth vision and accessibility that this book offers In addition to being of particular interest to undergraduate and graduate students in public health and urban planning it will be essential reading for public health officials planners architects landscape architects environmentalists and all those who care about the design of their communities Like a well trained doctor *Making Healthy Places* presents a diagnosis of and offers treatment for problems related to the built environment Drawing on the latest scientific evidence with contributions from experts in a range of fields it imparts a wealth of practical information with an emphasis on demonstrated and promising solutions to commonly occurring problems *Making Healthy Places, Second Edition*

Nisha Botchwey, 2022-07-12 *Making Healthy Places* surveys the many intersections between health and the built environment from the scale of buildings to the scale of metro areas and across a range of outcomes from cardiovascular health and infectious disease to social connectedness and happiness This new edition is significantly updated with a special emphasis on equity and sustainability and takes a global perspective It provides current evidence not only on how poorly designed places may threaten well being but also on solutions that have been found to be effective *Making Healthy Places* is a must read for students academics and professionals in health architecture urban planning civil engineering parks and recreation and related fields *Making Healthy Places* Andrew L. Dannenberg, Howard Frumkin, Richard J.

Jackson, 2011-10-02 This book provides a far reaching follow up to the pathbreaking *Urban Sprawl and Public Health* published by Island Press in 2004 That book sparked a range of inquiries into the connections between constructed environments particularly cities and suburbs and human health Since then numerous studies have extended and refined the book s research and reporting *Making Healthy Places* offers a fresh and comprehensive look at this vital subject today from the scale of buildings up to the scale of metropolitan areas There is no other book with the depth breadth vision and accessibility that this book offers Like a well trained doctor it presents a diagnosis of and offers treatment for problems related to the built environment Drawing on the latest scientific evidence with contributions from experts in a range of fields it imparts a wealth of practical information emphasizing demonstrated and promising solutions to common problems Health

professionals planners architects developers elected officials students and concerned members of the public will find this book invaluable Making Healthy Places, Second Edition Nisha Botchwey, Andrew L. Dannenberg, Howard Frumkin, 2022-07-12 The first edition of Making Healthy Places offered a visionary and thoroughly researched treatment of the connections between constructed environments and human health Since its publication over 10 years ago the field of healthy community design has evolved significantly to address major societal problems including health disparities obesity and climate change Most recently the COVID 19 pandemic has upended how we live work learn play and travel In Making Healthy Places Second Edition Designing and Building for Well Being Equity and Sustainability planning and public health experts Nisha D Botchwey Andrew L Dannenberg and Howard Frumkin bring together scholars and practitioners from across the globe in fields ranging from public health planning and urban design to sustainability social work and public policy This updated and expanded edition explains how to design and build places that are beneficial to the physical mental and emotional health of humans while also considering the health of the planet This edition expands the treatment of some topics that received less attention a decade ago such as the relationship of the built environment to equity and health disparities climate change resilience new technology developments and the evolving impacts of the COVID 19 pandemic Drawing on the latest research Making Healthy Places Second Edition imparts a wealth of practical information on the role of the built environment in advancing major societal goals such as health and well being equity sustainability and resilience This update of a classic is a must read for students and practicing professionals in public health planning architecture civil engineering transportation and related fields **Elgar Companion to Sustainable Cities** Daniel A. Mazmanian, Hilda Blanco, 2014-06-27 Against a backdrop of unprecedented levels of urbanization 21st century cities across the globe share concerns for the challenges they face This Companion provides a framework for understanding the city as a critical building block for a more sustain Planning for Healthy Communities Joongsub Kim, 2025-09-16 This book investigates multi disciplinary approaches to addressing the health of disadvantaged communities through equitable community development systems CDSs The core concepts underlying the book are three dimensions of support infrastructure people human centering place place cultivating and ecosystem sustainable capitalization leveraging several theories community capital social justice from community development This book is based on the results of a recent grassroots citywide engagement driven initiative in Detroit and on best practice case studies in Chicago Indianapolis Cleveland Boston Philadelphia Minneapolis Richmond and Portland The initiative s significant outcomes include a consensus bolstered by those case studies on seven components deemed essential to an equitable system for community development This book proposes that the CDS can enhance community health if at least the following requirements are met 1 adoption of a community vitality framework as a citywide shared narrative 2 coordination across financial institutions to allocate funds equitably to underserved communities and 3 implementation of system governance with stronger attention to resident voices This book demonstrates that bottom up

CDSs can and should be leveraged to enhance the health of underserved communities and investigates how best to address the three requirements to make the equitable system based approach work effectively in practice The audience of community development and community health actors will learn from Detroit and the case studies offering lessons for other cities facing similar issues how to leverage equitable CDSs to promote healthy communities

Therapeutic Landscapes Clare Cooper Marcus, Naomi A Sachs, 2013-09-20 This comprehensive and authoritative guide offers an evidence based overview of healing gardens and therapeutic landscapes from planning to post occupancy evaluation It provides general guidelines for designers and other stakeholders in a variety of projects as well as patient specific guidelines covering twelve categories ranging from burn patients psychiatric patients to hospice and Alzheimer s patients among others Sections on participatory design and funding offer valuable guidance to the entire team not just designers while a planting and maintenance chapter gives critical information to ensure that safety longevity and budgetary concerns are addressed

Environmental Health Howard Frumkin, 2016-02-09 The bestselling environmental health text with all new coverage of key topics Environmental Health From Global to Local is a comprehensive introduction to the subject and a contemporary authoritative text for students of public health environmental health preventive medicine community health and environmental studies Edited by the former director of the CDC s National Center for Environmental Health and current dean of the School of Public Health at the University of Washington this book provides a multi faceted view of the topic and how it affects different regions populations and professions In addition to traditional environmental health topics air water chemical toxins radiation pest control it offers remarkably broad cross cutting coverage including such topics as building design urban and regional planning energy transportation disaster preparedness and response climate change and environmental psychology This new third edition maintains its strong grounding in evidence and has been revised for greater readability with new coverage of ecology sustainability and vulnerable populations with integrated coverage of policy issues and with a more global focus

Environmental health is a critically important topic and it reaches into fields as diverse as communications technology regulatory policy medicine and law This book is a well rounded guide that addresses the field s most pressing concerns with a practical bent that takes the material beyond theory Explore the cross discipline manifestations of environmental health Understand the global ramifications of population and climate change Learn how environmental issues affect health and well being closer to home Discover how different fields incorporate environmental health perspectives The first law of ecology reminds is that everything is connected to everything else Each piece of the system affects the whole and the whole must sustain us all for the long term Environmental Health lays out the facts makes the connections and demonstrates the importance of these crucial issues to human health and well being both on a global scale and in our homes workplaces and neighborhoods

Sustainability Helen Kopnina, Eleanor Shoreman-Ouimet, 2015-06-19 Sustainability Key Issues is a comprehensive introductory textbook for undergraduate and postgraduate students doing courses in sustainability Highly

original it covers the very broad spectrum of ideas covered under sustainability from participation resilience growth ecological modernism through to culture sustainable communities and sustainable consumption Each chapter covers one key idea and has been written by an expert in that field This book makes key issues approachable with each chapter containing a definition of the key concept a history of how and why the issue has emerged a discussion of the advantages drawbacks main contributions and controversies associated with this issue case studies to demonstrate how it works in reality critical discussion of mainstream models of sustainability and the reason why they don't work introduction of beyond the convention alternatives including circular economy and cradle to cradle approaches This is the ideal book for students and anyone interested in understanding the key issues within sustainability and how they interact Town and Infrastructure Planning for Safety and Urban Quality Michèle Pezzagno, Maurizio Tira, 2018-07-16 Today citizens advocate greater environmental sustainability better services and the improvement of urban quality by promoting safer mobility especially for the most vulnerable road users Addressing these issues *Town and Infrastructure Planning for Safety and Urban Quality* contains papers presented at the XXIII International Conference Living and Walking in Cities Brescia Italy 15-16 June 2017 The contributions discuss town planning issues look at best practices and research findings across the broad spectrum of urban and transport planning with particular attention to the safety of pedestrians in the city The main topics of the book are Urban regeneration A focus on walkability vulnerable road users boosting and planning soft mobility Road safety and urban planning vulnerable road users planning for safety integrated land use and transport planning methodological approaches and case studies integrated tools for town and transport planning shaping public spaces and walkability transport solutions for tourism Innovative and traditional solutions for Italian cities Extra European approaches to town and infrastructure planning Different perspectives in road safety prevention infrastructure sharing Advances in road safety *Town and Infrastructure Planning for Safety and Urban Quality* is a powerful plea for a multi disciplinary and comprehensive approach to urban mobility and planning and will be of interest to academics consultants and practitioners interested in these areas

Environmental Psychology for Design Dak Kopec, 2018-02-08 How does a room affect an occupant's behavior and well being How does a building influence its residents health *Environmental Psychology for Design* 3rd Edition explores these questions with an in depth look at psychosocial responses to the built environment Awarded the 2006 ASID Joel Polsky Prize the first edition served as an introduction to the discipline of environmental psychology and inspired readers to embrace its key concepts and incorporate them into their practice This 3rd edition continues to analyze the interaction between environments and human behavior and well being while exploring how individual differences related to age gender and cultural background impact that interaction *Environmental Psychology for Design* STUDIO Study smarter with self quizzes featuring scored results and personalized study tips Review concepts with flashcards of terms and definitions PLEASE NOTE Purchasing or renting this ISBN does not include access to the STUDIO resources that accompany this text To receive free

access to the STUDIO content with new copies of this book please refer to the book STUDIO access card bundle ISBN 9781501321801 **Indoor Environmental Quality** Muhammad Abdul Mujeebu, 2019-02-27 This book deals with indoor environmental quality IEQ which encompasses diverse factors that affect human life inside a building These factors include indoor air quality IAQ lighting acoustics drinking water ergonomics electromagnetic radiation and so on Enhanced environmental quality can improve the quality of life and productivity of the occupants increase the resale value of the building and minimize the penalties on building owners The book covers an overview of IEQ and its research progress IAQ and its monitoring the best indoor illumination scenes IEQ in healthcare buildings and acoustic comfort in residential buildings and places of worship This book is expected to benefit undergraduate and postgraduate students researchers teachers practitioners policy makers and every individual who has a concern for healthy life **The Palgrave**

Encyclopedia of Urban and Regional Futures Robert C. Brears, 2023-01-13 While urban settlements are the drivers of the global economy and centres of learning culture and innovation and nations rely on competitive dynamic regions for their economic social and environmental objectives urban centres and regions face a myriad of challenges that impact the ways in which people live and work create wealth and interact and connect with places Rapid urbanisation is resulting in urban sprawl rising emissions urban poverty and high unemployment rates housing affordability issues lack of urban investment low urban financial and governance capacities rising inequality and urban crimes environmental degradation increasing vulnerability to natural disasters and so forth At the regional level low employment low wage growth scarce financial resources climate change waste and pollution and rising urban peri urban competition etc are impacting the ability of regions to meet socio economic development goals while protecting biodiversity The response to these challenges has typically been the application of inadequate or piecemeal solutions often as a result of fragmented decision making and competing priorities with numerous economic environmental and social consequences In response there is a growing movement towards viewing cities and regions as complex and sociotechnical in nature with people and communities interacting with one another and with objects such as roads buildings transport links etc within a range of urban and regional settings or contexts This comprehensive MRW will provide readers with expert interdisciplinary knowledge on how urban centres and regions in locations of varying climates lifestyles income levels and stages development are creating synergies and reducing trade offs in the development of resilient resource efficient environmentally friendly liveable socially equitable integrated and technology enabled centres and regions **Architecture and Health** Dina Battisto, Jacob J. Wilhelm, 2019-10-17

Architecture and Health recognizes the built environment and health as inextricable encouraging a new mind set for the profession Over 40 international award winning projects are included to explore innovative design principles linked to health outcomes The book is organized into three interdependent health domains individual community and global in which each case study proposes context specific architectural responses Case studies include children s hospitals rehabilitation facilities

elderly housing mental health facilities cancer support centers clinics healthy communities healthcare campuses wellness centers healing gardens commercial offices infrastructure for developing countries sustainable design and more Representing the United States Africa Asia Europe and Australia each author brings a new perspective to health and its related architectural response This book brings a timely focus to a subject matter commonly constricted by normative building practices and transforms the dialogue into one of creativity and innovation With over 200 color images this book is an essential read for architects designers and students to explore and analyze designed environments that promote health and well being

Textbook of Children's Environmental Health Ruth A. Etzel, Philip J. Landrigan, 2024 Children are exquisitely sensitive to hazards in the environment Even minute quantities of toxic chemicals can trigger cellular changes that result in disease and disability that affect children across their lifespan New discoveries in children's environmental health continue to elucidate the profound impacts of chemical biological physical and societal hazards on children's health and guide effective intervention Textbook of Children's Environmental Health is the landmark textbook channeling scientific findings into evidence based strategies in children's environmental health Edited by two internationally recognized pioneers in environmental pediatrics this second edition presents up to date information on the chemical biological physical and societal hazards that confront children in today's world It presents carefully documented data on rising rates of disease in children with new or expanded chapters covering the climate crisis biodiversity racism and environmental injustice chemicals in food pesticides indoor and outdoor air pollution per and polyfluoroalkylated substances microplastics lead electromagnetic fields and the built environment The volume also offers a critical summary of new research linking pediatric disease with environmental exposures and explores the cellular molecular epigenetic and societal mechanisms underlying diseases of environmental origin Authoritative and comprehensive Textbook of Children's Environmental Health Second Edition is essential reading for pediatricians pediatric nurse practitioners public health workers and environmental scientists concerned with prevention and control of the environmental hazards that cause disease in children

Reimagining Sustainability in Precarious Times Karen Malone, Son Truong, Tonia Gray, 2017-01-17 This book reflects the considerable appeal of the Anthropocene and the way it stimulates new discussions and ideas for reimagining sustainability and its place in education in these precarious times The authors explore these new imaginings for sustainability using varying theoretical perspectives in order to consider innovative ways of engaging with concepts that are now influencing the field of sustainability and education Through their theoretical analysis research and field work the authors explore novel approaches to designing sustainability and sustainability education These approaches although diverse in focus all highlight the complex interdependencies of the human and more than human world and by unpacking binaries such as human nature nature culture subject object and de centring the human expose the complexities of an entangled human nature relation that are shaping our understanding of sustainability These messy relations challenge the well versed mantras of anthropocentric

exceptionalism in sustainability and sustainability education and offer new questions rather than answers for researchers educators and practitioners to explore As working with new theoretical lenses is not always easy this book also highlights the authors methods for approaching these ideas and imaginings

What Do Design Reviewers Really Do? Understanding Roles Played by Design Reviewers in Daily Practice Joongsub Kim,2019-01-01 This book provides an original contribution to the planning and design literature Not only does it provide a fresh and finely grained examination of the daily challenges and opportunities of design review practice but it does so in an ethnographically compelling way through extensive references that convey and show what a distanced researcher could never adequately summarize and paraphrase Architects urban designers and developers will learn about how they might work with design reviewers on the basis of the four significant roles that a design review staff plays frequently in the design review process Faculty and students in architecture urban design and urban planning will learn about design governance design regulations design culture participants processes and micropolitics in design and design reviews There are possibly tens of thousands of design review boards in the United States that review proposals for building designs and site designs submitted by practitioners in architecture landscape architecture urban design urban planning and urban development Given this considerable professional context the target audience of this book includes design reviewers practitioners scholars educators and students in the fields of architecture urban design landscape architecture urban planning and urban development

City of Well-being Hugh Barton,2016-11-10 *City of Well being* provides a radical and holistic introduction to the science and art of town planning It starts from the premise that the purpose of planning is the health well being and sustainable quality of life of people Drawing on current and historic examples it offers inspiration information and an integrated perspective which challenges all professions and decision makers that affect the urban environment It is both authoritative and readable designed for students practitioners politicians and civil society The science Summarizing the most recent research the book demonstrates the interrelationships between the huge issues of obesity unhealthy lifestyles inequality mental illness climate change and environmental quality The radical implications for transport housing economic social and energy policies are spelt out The art and politics The book examines how economic development really happens and how spatial decisions reinforce or undermine good intentions It searches for the creative strategies urban forms and neighbourhood designs that can marry the ideal with the real The relationship of planning and politics is tackled head on leading to conclusions about the role of planners communities and development agencies in a pluralistic society Healthy planning principles could provide a powerful logical motivation for all practitioners

Nature and Psychology Anne R. Schutte,Julia C. Torquati,Jeffrey R. Stevens,2021-08-23 This volume is comprised of contributions to the 67th Nebraska Symposium on Motivation which brought together various research disciplines such as psychology education health sciences natural resources environmental studies to investigate the ways in which nature influences cognition health human behavior and well being The symposium is

positioned to explore two proposed mechanisms in the most depth 1 the psycho evolutionary theory of stress recovery and 2 Attention Restoration Theory The contributions in the volume represent research guided by both of these posited mechanisms rigorously examine these theories and processes and share methodological innovations that can be utilized across programs of research This volume will be of great interest to researchers on natural environments practitioners and clinicians working with an environmental lens at the intersection of psychology social work education and the health sciences as well as researchers and students in environmental and conservation psychology Chapter 5 is available open access under a Creative Commons Attribution 4 0 International License via link [springer.com](https://www.springer.com)

Heavy Metal Toxicity and Tolerance in Plants Mohammad Anwar Hossain,AKM Zakir Hossain,Sylvain Bourgerie,Masayuki Fujita,Om Parkash Dhankher,Parvez Haris,2023-08-07 Comprehensive resource detailing the molecular mechanisms underlying heavy metal toxicity and tolerance in plants Heavy Metal Toxicity and Tolerance in Plants provides a comprehensive overview of the physiological biochemical and molecular basis of heavy metal tolerance and functional omics that allow for a deeper understanding of using heavy metal tolerance for deliberate manipulation of plants Through the authors unique approach the text enables researchers to develop strategies to enhance metal toxicity and deficiency tolerance as well as crop productivity under stressful conditions in order to better utilize natural resources to ensure future food security The text presents the basic knowledge of plant heavy metal metalloid tolerance using modern approaches including omics nanotechnology and genetic manipulation and covers molecular breeding genetic engineering and approaches for high yield and quality under metal toxicity or deficiency stress conditions With a collection of 26 chapters contributed by the leading experts in the fields surrounding heavy metal and metalloids toxicity and tolerance in crop plants Heavy Metal Toxicity and Tolerance in Plants includes further information on Advanced techniques in omics research in relation to heavy metals metalloids toxicity and tolerance Heavy metals metalloids in food crops and their implications for human health Molecular mechanisms of heavy metals metalloids toxicity and tolerance in plants Molecular breeding approaches for reducing heavy metals load in the edible plant parts Hormonal regulation of heavy metals toxicity and tolerance Applications of nanotechnology for improving heavy metals stress tolerance Genetic engineering for heavy metals metalloids stress tolerance in plants With comprehensive coverage of the subject Heavy Metal Toxicity and Tolerance in Plants is an essential reference for researchers working on developing plants tolerant to metals metalloids stress and effective strategies for reducing the risk of health hazards

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