


TIMES Lifestyle SERIES

GOD, FAITH, AND HEALTH



EXPLORING THE
SPIRITUALITY-HEALING
CONNECTION

JEFF LEVIN, PH. D.

FOREWORD BY LARRY DOSSEY, M.D.

God Faith And Health Exploring The Spirituality Healing Connection

R. L. Piedmont



God Faith And Health Exploring The Spirituality Healing Connection:

God, Faith, and Health Jeff Levin, 2007-07-20 In this groundbreaking book Dr Jeff Levin explores the latest compelling evidence of the connection between health and an array of spiritual beliefs and practices including prayer attending religious services meditation and faith in God Drawing on his own and other published studies Dr Levin shows how religion s emphasis on healthy behaviors and supportive relationships influences one s overall health and how the optimism and hopefulness of those who profess faith promote the body s healing responses Filled with dramatic personal stories God Faith and Health will alter the way you think about your body and your faith and will show you the path to improving your own health through spiritual practice Jeff Levin writes with incredible clarity style and passion This book is a must read for anyone interested in the religion health connection especially those wondering if such a connection exists at all Harold G Koenig M D Associate Professor of Psychiatry and Medicine Duke University Medical Center and author of *The Healing Power of Faith* Beautifully written and packed with compelling scientific evidence for the spirituality health connection With the precision of a scientist the courage of a true pioneer and the artistry of a storyteller Levin reminds us of what we can no longer afford to ignore that our spiritual life matters mightily to our health and well being at every level Janet F Quinn Ph D R N Associate Professor University of Colorado School of Nursing

Spirituality In Patient Care Harold Koenig, 2002-03 This handbook for health professionals interested in identifying and addressing the spiritual needs of patients has been significantly revised and expanded Since the first edition was written there has been increased research on the relationships among religion spirituality and health and further discussions on the application of these findings to clinical practice Koenig addresses the whys hows whens and whats of patient centered integration of spirituality into patient care including details on the health related sacred traditions for each major religious group He provides healthcare professionals with the training necessary to screen patients sensitively and competently for spiritual needs begin to communicate with patients about these issues and learn when to refer patients to trained spiritual care professionals who can address spiritual needs New sections specifically address mental health professionals nurses chaplains and pastoral counselors social workers and occupational and physical therapists From publisher s description

Spirituality, Health, and Healing: An Integrative Approach Caroline Young, Cyndie Koopsen, 2010-08-15 *Spiritual Health and Healing An Integrative Approach* Second Edition offers healthcare professionals instructors and spiritual care providers a comprehensive guide to the most current research on the connection between spiritual practice and health This updated Second Edition includes new sections on integral spirituality and the New Thought Movement healing rituals and healing environments plus new information on spirituality and aging caring for the elderly and spiritual hospice R sum de l diteur

The Sociology of Community Connections John G. Bruhn, 2011-07-18 Many of our current social problems have been attributed to the breakdown or loss of community as a place and to the fragmentation of connections due to an extreme value of individualism in the Western world particularly in the United States

Not all scholars and researchers agree that individualism and technology are the primary culprits in the loss of community as it existed in the middle decade of the 20th century Nonetheless people exist in groups and connections are vital to their existence and in the daily performance of activities The second edition of the Sociology of Community Connections will identify and help students understand community connectedness in the present and future The Encyclopedia of Aging Linda S. Noelker, PhD, Kenneth Rockwood, MD, FRCP, Richard L. Sprott, Ph.D., 2006-03-17 A COMPREHENSIVE RESOURCE ON GERONTOLOGY AND GERIATRICS Since its inception in 1987 The Encyclopedia of Aging has proven to be the definitive resource for scholars and students across the burgeoning and increasingly interdisciplinary fields of gerontology and geriatrics Like its three esteemed predecessors the fourth edition contains concise readable explorations of hundreds of terms concepts and issues related to the lives of older adults as well as timely coverage of the many new programs and services for the elderly Updated under the distinguished stewardship of editor in chief Richard Schulz to reflect the infusion of new information across the scientific disciplines this new edition brings readers up to the moment significant advances in biology physiology genetics medicine psychology nursing social services sociology economics technology and political science While retaining the format and standard of excellence that marked the first three editions the fourth edition encompasses a wealth of new information from the social and health sciences It contains the most current bibliography of an expanding literature an exhaustive index and extensive cross references This much anticipated update of the field s most authoritative resource will take its place as an indispensable reference for specialists and non specialists across a broad range of disciplines that now comprise the field of aging SPRINGER SERVING THE HEALTHCARE AND HELPING PROFESSIONS FOR MORE THAN 55 YEARS **Religion and Medicine** Jeffrey S. Levin, 2020 In Religion and Medicine Dr Jeff Levin distinguished Baylor University epidemiologist outlines the longstanding history of multifaceted interconnections between the institutions of religion and medicine He traces the history of the encounter between these two institutions from antiquity through to the present day highlighting a myriad of contemporary alliances between the faith based and medical sectors Religion and Medicine tells the story of religious healers and religiously branded hospitals and healthcare institutions pastoral professionals involved in medical missions healthcare chaplaincy and psychological counseling congregational health promotion and disease prevention programs and global health initiatives research studies on the impact of religious and spiritual beliefs and practices on physical and mental health well being and healing programs and centers for medical research and education within major universities and academic institutions religiously informed bioethics and clinical decision making and faith based health policy initiatives and advocacy for healthcare reform Religion and Medicine is the first book to cover the full breadth of this subject It documents religion medicine alliances across religious traditions throughout the world and over the course of history It summarizes a wide range of material of relevance to historians medical professionals pastors and theologians bioethicists scientists public health educators and policymakers

The product of decades of rigorous and focused research Dr Levin has produced the most comprehensive history of these developments and the finest introduction to this emerging field of scholarship Heal Your Life Jean Maalouf, 2017-04-27

For our very survival and sanity we need God We need virtue We need character The good person brings good things out of a good treasure and the evil person brings evil thing out of an evil treasure Matthew 12 35 Godly people make all the difference in the world by striving to match the politics of the earth with the politics of the kingdom of God By talking about uncovering the healing power of faith hope love and prayer this book uncovers at the same time the secret of sanity the sanity that runs our lives at the individual level as well as at the national and international levels Sanity requires the rejection of the gods we've created by learning to focus on the God in whose image we've been created Billions of dollars are spent every year on the pursuit of physical perfection People do anything to become richer more powerful or more prestigious with improved appearances and more pleasing makeup in all domains as if the only value that really counts is the most attractive picture we are able to show In this very expensive race for the outside perfect masks the pursuit of inner beauty can often be pushed aside when this inner beauty is by far more important than the outer beauty Don't we know that the Lord does not see as mortals see they look on the outward appearance but the Lord looks on the heart 1 Samuel 16 7 In this book Heal Your Life Awakening to the Power of Faith Hope Love Prayer Dr Maalouf masterly invites us to reject the double lifestyle we are living and to genuinely consider living by the truth of the permeation and integration of theology and politics Politics Pope Paul VI declared is the highest form of charity And we can add that charity is the highest form of political sanity as well Indeed real politics takes action and contemplation All our crises are rooted in our spiritual crisis first For our sanity and survival God is needed For our sanity and survival the politics of the earth should match the politics of the kingdom of God as this book explains

Psychosocial Aspects of Disability Irmo Marini, Noreen M. Graf, Michael Millington, 2017-10-28 Praise for the First Edition This is an excellent book but the best parts are the stories of the disabled which give readers insights into their struggles and triumphs Score 94 4 Stars Doody's Medical Reviews What are the differences between individuals with disabilities who flourish as opposed to those who never really adjust after a trauma How do those born with a disability differ from individuals who acquire one later in life Fully updated and revised this second edition of a unique rehabilitation counseling text reflects growing disparities among haves and have nots as they bear on the psychosocial aspects of disability New content focuses on returning veterans afflicted with physical and mental health problems persons with disabilities living in poverty and the need for increased family and community based engagement The book provides updated information about assisted suicide genetic testing new legislation and much more Using a minority model perspective the text provides students and practitioners of rehabilitation and mental health counseling with vivid insight into the experience of living with a disability It features first person narratives from people living with a variety of disabling conditions which are integrated with sociological and societal perspectives toward disability and strategies for counseling such individuals The text encompasses

an historical perspective psychological and sociological research cultural variants regarding disability myths and misconceptions the attitudes of special interest and occupational groups the use positive psychology and adjustments to disability by the individual and family A wealth of counseling guidelines and useful strategies are geared to individuals with specific disabilities Designed for a 15 week semester the book also includes thought provoking discussion questions and exercises an Instructor s Manual and PowerPoints New to the Second Edition Reflects the growing disparities between haves and have nots as they impact people with disabilities Includes new content on veterans with physical and mental disabilities Describes the experience of impoverished individuals with disabilities Examines the need for increase family and community based engagement Discusses strengths and weaknesses of the Americans with Disabilities Act Covers assisted suicide genetic testing and recent legislation Expanded coverage of sexual identity Provides an Instructor Manual and PowerPoints Key Features Provides 16 personal narratives demonstrating the normalcy of individuals with different types of disabling conditions Includes stories of people living with blindness hearing impairments spinal chord injuries muscular dystrophy mental illness and other disabilities Delivers counseling strategies geared toward specific disabilities with do s and don ts Discusses ongoing treatment issues and ethical dilemmas for rehabilitation counselors

Religion and the Social Sciences Jeff Levin, 2018-08-13 In recent years researchers across the social sciences have made important contributions to the study of religion Thanks to their inquiry we have greatly improved our understanding of how religion influences the vital dimensions of our lives communities and institutions To give this research the attention it deserves editor Jeff Levin assembled a panel of preeminent social scientists and gave them a single directive write the ultimate statement on religion from within their respective social science discipline or field The result is this single volume state of the science compendium a first of its kind for the study of religion Composed of ten essays this book details the study of religion within nine basic and applied areas of social science Along with a critical introduction to this subject these essays include the expert contributions of Kenneth I Pargament Julie J Exline on psychology Anthony Gill on political science Charles M North on economics Barry Hankins on history Annette Mahoney on family studies Byron R Johnson on criminology Linda K George on gerontology William H Jeynes on education Jeff Levin on epidemiology Each essay features An introduction to the history of the discipline s or field s religious research as well as its most important people and published works A comprehensive overview of key research findings and theories A detailed research agenda to guide future scholars An annotated bibliography of seminal works for the reader s further consideration Broad in scope and essential in focus Religion and the Social Sciences is a significant addition to the field It will prove indispensable to both new and established scholars looking for a comprehensive treatment of the subject and seeking promising avenues to pursue in their own research

The Tapestry of Health, Illness and Disease, 2009-01-01 Human suffering and illness as well as health and healing are topics of ongoing actuality In a world of growing complexity and interrelatedness a broader perspective on these topics is needed The global conference project on

Making Sense of Health Illness and Disease is a forum for scholars from various countries who are interested in deepening the interdisciplinary discourse on the subject This book is the outcome of the 5th conference held at Mansfield College Oxford in July 2006 It combines essays that transgress traditional disciplinary boundaries in the field of health care delivery and medicine It thus will be of interest to students in the medical humanities researchers as well as health care providers who wish to gain insight into the various perspectives through which health illness and disease can be understood

Sport, Psychology and Christianity Brian Hemmings, Nick J. Watson, Andrew Parker, 2019-03-28 The majority of sport psychology research to date has been underpinned and driven by a secular perspective There is an urgent need for sport psychologists to better understand the relevance of Christian faith in athletes sporting experiences and day to day lives in order to improve their performance and well being Sport Psychology and Christianity is the first book to consider the relationship between sport psychology provision and Christianity from a welfare and performance perspective Bringing together contributions from leading scholars in the field the book includes chapters on The role of faith in sport injury rehabilitation Christian belief and resilience during injury The pitfalls of perfectionism in sport Collaboration between sport psychologist and club chaplain Ethical considerations when working with spiritual athletes Reflective practice in sport psychology consultancy Offering a holistic approach to improving athlete welfare and performance where faith and spirituality are core tenets of well being this volume is a critical and timely resource for students researchers and practitioners working in sport psychology sport and spirituality or religion sports chaplaincy and allied roles and professions

Science, Religion, and the Human Experience James D. Proctor, 2005-04-21 The relationship between science and religion is generally depicted in one of two ways In one view they are locked in an inevitable eternal conflict in which one must choose a side In the other they are separate spheres in which the truth claims of one have little bearing on the other This collection of provocative essays by leading thinkers offers a new way of looking at this problematic relationship The authors begin from the premise that both science and religion operate in yet seek to reach beyond specific historical political ideological and psychological contexts How may we understand science and religion as arising from yet somehow transcending human experience Among the scholars who explore this question are Bruno Latour Hilary Putnam Jeffrey Burton Russell Daniel Matt Michael Ruse Ronald Numbers Pascal Boyer and Alan Wallace The volume is divided into four sections The first takes a fresh look at the relationship between science and religion in broad terms as spheres of knowledge or belief realms of experience and sources of authority The other three sections take on topics that have been focal points of conflict between science and religion the nature of the cosmos the origin of life and the workings of the mind Ultimately the authors argue by seeing science and religion as irrevocably tied to human experience we can move beyond simple either/or definitions of reality and arrive at a more rich and complex view of both science and religion

Spiritual Intelligence and the Neuroplastic Brain Charles W. Mark Ph. D., Charles W. Mark, 2010 Our brains are getting wired differently in the world of digital technology information

revolution and in the inter cultural world of global society Think of the new vocabulary Global brain collective intelligence global village and cyberspace That should tell us something about the neural rewiring that is taking place inside of our brains whether or not we are aware of it The fact that the human brain changes throughout a person s life in response to intellectual stimulation physical exercise exposure to new cultural environments learning opportunities and challenges is a revolutionary discovery Till twenty years ago neuroscientists believed in the conventional theory that the brain s ability at making new neural connections stopped before a child entered adolescence That is the old dogma There is a Second Copernican Revolution taking place inside of our brains writes the author quoting Carl Zimmer Some experts are suggesting that we are already living in what Richard Restack calls the neurosociety Ray Kurzweil the futurist is predicting that by 2045 A D human beings will be living in an era of singularity when non biological machines invented by human brains and human ingenuity are going to outsmart human intelligence billions of times What is going to be the fate of the human spirit human spirituality the feeling of connection to a force and power that is greater than us God our ability to use spiritual imagination and our intelligence Are we progressively moving away from religion and community based spirituality into the spirituality of different strokes for different folks In his groundbreaking book *Spiritual Intelligence and The Neuroplastic Brain A Contextual Interpretation of Modern History* Charles W Mark takes the reader on a journey through modern history and shows the glimpse of what is to come [http www spirituality intelligence com](http://www.spiritualityintelligence.com)

Professional Spiritual & Pastoral Care

Rabbi Stephen B. Roberts, MBA, MHL, BCJC, 2012-11-06 The first comprehensive resource for spiritual and pastoral caregivers a vital resource for clergy seminarians chaplains pastoral counselors and caregivers of all faith traditions This essential resource integrates the classic foundations of pastoral care with the latest approaches to spiritual care It is specifically intended for professionals who work or spend time with congregants in acute care hospitals behavioral health facilities rehabilitation centers and long term care facilities Offering the latest theological perspectives and tools along with basic theory and skills from the best pastoral and spiritual care texts research and concepts the contributors to this resource are experts in their fields and include eight current or past presidents of the major chaplaincy organizations

Healthy Human Life James K. Bruckner, 2012-06-18 Health is God s original created intent whole persons healthy relationships a thriving environment and ongoing interaction with himself In the Bible human health is body based community based and deeply integrated in a relationship with God s creating Spirit The Pentateuch prophets writings Gospels and epistles all are deeply if not primarily concerned with the ongoing and ultimate health of God s good creation Scripture also has a wide perspective on the disruption of human health It deals with the human tendency to violence corruption and self destructive behaviors The recently renewed interest in health vitality and spirituality of all kinds has led to this articulation of a biblical spirituality in relation to human health Surprisingly when we look for spirituality in the Bible we find real and embodied relationships Everyone is for health and for the restoration of health But what are health and healing How does the Bible

describe or define them Here is the result of ten years of conversations with health care professionals in a master s course on biblical perspectives on health and healing The biblical witness can transform the way we practice the healing arts This book provides a biblical foundation for health and its restoration **The Sacred in Exile** Gillian McCann,Gitte

Bechsgaard,2017-09-08 This book addresses the fact that for the first time in history a large segment of the population in the western world is living without any form of religious belief While a number of writers have examined the implications of this shift none have approached the phenomenon from the perspective of religious studies The authors examine what has been lost from the point of view of sociology psychology and philosophy of religion The book sits at the nexus of a number of important debates including the role of religion in public life the connection between religion and physical and psychological well being and the implications of the loss of ritual in terms of maintaining communities **Fully Alive** Jean

Maalouf,2012-06 The Most Efficient and Least Expensive Health Care Plan There Is Have you ever heard of a universal coverage offered by a health care provider that does not cost you a dime Impossible you said Here is one This book will tell you how relevant and efficient such a plan is how it works and how it can heal body mind soul patients and doctors old and young men and women individuals and groups nations and the entire universe No drugs surgery or magical herbs are necessary The one thing needed is to follow God s prescription We may not be able to be in full control of our circumstances but here are guidelines that enable us to have a healthier and happier life Finding meaning in life Adopting healthy beliefs Listening to God s word Developing good nutrition and exercise programs Detoxifying Controlling stress Strengthening your immune system to resist physical intellectual emotional and spiritual viruses Living up to your own potential Helping yourself by helping others Receiving and enjoying God s gifts Glorifying God in your body Making right choices Simplifying Living by timeless principles Experiencing the healing power of laughter sleep leisure and success Celebrating life Understanding Our Spiritual DNA And much more In these pages of uncommon common sense sensitivity and profound understanding Dr Maalouf by inviting us to dig to the root causes of our loneliness depersonalized culture and general physical mental and spiritual malaise helps us to rediscover the secret of living the fullness of life You are invited to try this plan at no cost to you except your willingness enthusiasm and commitment Since no one else can do it for you please choose to make this plan your way of life and you will see the difference it will make *Re-Designing Your Life* Sheila Macdonald Macgregor,2018-02-19

Re Designing Your Life A Practical Spirituality for the Second Half of Life is a timely and engaging book for living out the second half of your life with spiritual integrity In this study you are invited to think about your life as a house undergoing renovations where with God s grace you get to design something new and life giving Through practical exercises thought provoking discussion topics and memorable anecdotes *Re Designing Your Life* will guide you through Coping with endings empty nesting and retirement Caring for self while caring for elderly parents and grandchildren Letting go of the things that get in the way of becoming your true self Creating a spiritual legacy Strengthening relationships and Finding your passion in

your second half of life Re Designing Your Life is a must read for pastors congregations and individuals who want to discover God s calling in the second half of life Video resources for group studies are also available *Research in the Social Scientific Study of Religion* R. L. Piedmont,2008-06-25 This volume provides a wide range of research on the psychological and sociological aspects of spirituality and religiousness Volume 19 also contains a special section focusing on issues related to adolescent spirituality *Research in the Social Scientific Study of Religion, Volume 19* Ralph L. Piedmont,2008-07-31 A wide range of research and review articles are presented Topic areas include mental and physical health personality correlates of spirituality validity evidence for the ASPIRES and the role of religious values on socio political attitudes Also included in this volume are studies examining women s issues surrounding body image and disordered eating Another paper addresses Christian Serpent handlers a very understudied group and the legal religious and moral issues surrounding this practice There is also a special section edited by Dr Christopher Boyatzis that addresses specific issues around adolescent spirituality This volume provides a diverse snapshot of cutting edge research in the field across multiple disciplines Readers will come away with an appreciation for the broad interests that characterize this field and the fascinating empirical findings that continue to draw professional interest in numinous constructs

The book delves into God Faith And Health Exploring The Spirituality Healing Connection. God Faith And Health Exploring The Spirituality Healing Connection is a vital topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into God Faith And Health Exploring The Spirituality Healing Connection, encompassing both the fundamentals and more intricate discussions.

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 6. In chapter 5, the author will draw a conclusion about God Faith And Health Exploring The Spirituality Healing Connection. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of God Faith And Health Exploring The Spirituality Healing Connection.

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