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Renate Haußmann



Hirnforschung 7 Das Geheimnis Kreativität:

Kreatives Schreiben zur Entwicklung von Ressourcen in Beratung und Coaching Renate Haußmann, 2017-06-12 Wer schreibt verändert sich Nicht nur in der Wortwahl und im Ausdruck es ist insbesondere der intime Dialog mit inneren Bildern und die unausweichliche Begegnung mit der eigenen Lebensphilosophie die dazu führen dass man sich fragt Warum bin ich wie ich bin und Warum tue ich was ich tue Schon beim lauten Lesen der eigenen Texte beginnt diese reflektierende Ansprache an sich selbst Wer gemeinsam mit anderen schreibt der braucht darüber hinaus Mut zur Begegnung Das Veränderungspotenzial von kreativem Schreiben hebt Renate Haußmann Sie stellt kreatives Schreiben als methodische Intervention vor und vermittelt gleichzeitig ein Lernprogramm das die Lesenden in ein persönliches Entwicklungsfeld hineinzieht In Beratung und Coaching ist kreatives Schreiben eine Methode um Ressourcen zu entdecken und einzusetzen Den Zusammenhang zwischen personaler Qualifikation und deren Auswirkungen in das private und berufliche Umfeld nutzt die Autorin Sie blickt auf Bedingungs Zusammenhänge die Kommunikation in Bewegung setzen und greift auf bewährte und aktuelle Forschungsergebnisse angrenzender Wissensgebiete zurück die mit den Wirkfeldern des Schreibens zusammen gebracht werden In sieben Schritten erfahren die Lesenden was kreatives Schreiben ausmacht und wie es in Beratung und Coaching eingesetzt werden kann

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