

ASTHMA / LUNG HERBS

NETTLE



NETTLE: IS ANTI ASTHMATIC, IT RELIEVES BRONCHIAL AND ASTHMATIC TROUBLES.

TILA



TILA: HELPS WITH IRRITATIONS OF THE LUNGS AND BRONCHI... WORKS WELL FOR BRONCHITIS AND ASTHMA.



STAR ANISE



STAR ANISE: IS USEFUL IN THE TREATMENT OF ASTHMA, BRONCHITIS AND DRY COUGH.

MULLEIN



MULLEIN: TREATS COLD, COUGHS, SORE THROATS, BRONCHITIS, TONSILLITIS AND ASTHMA.

BURDOCK ROOT



BURDOCK ROOT: HELPS TREAT RESPIRATORY TRACT CONDITIONS AND AILMENTS LIKE ASTHMA.

Herbs That Cure Asthma

Katrin Zwirglmaier



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