

Halifax County Schools  
Fourth Grade Science Pacing Guide  
1st Six Weeks

Goal	Activities	Essential Questions	Vocabulary
<p>Goal 4 Food Provides Energy</p> <p><b>4.01</b> Explain why organisms require energy to live and grow.</p> <p><b>4.02</b> Show how calories can be used to compare the chemical energy of different foods.</p> <p><b>4.03</b> Discuss how food provides both energy and nutrients for living organisms.</p> <p><b>4.04</b> Identify starches and sugars as carbohydrates. <b>4.05</b> Determine that foods are made up of a</p>	<ol style="list-style-type: none"> <li>1. <a href="http://www.fda.gov/oc/foods/whatsinthebottle/whatsinthebottle.html">http://www.fda.gov/oc/foods/whatsinthebottle/whatsinthebottle.html</a></li> <li>2. Define: energy, growth and organisms.</li> <li>3. List the common characteristics of living things.</li> <li>4. Summarize the reasons why all organisms require energy to survive.</li> <li>5. Use flyers from grocery stores to create healthy shopping lists and compare prices.</li> <li>6. Use nutritional information from fast food restaurants to "order" a healthy meal.</li> <li>7. Students will identify calories of various foods by reading nutritional information on food packages.</li> <li>8. Stage a student debate about whether or not a cafeteria should sell junk food to young students.</li> <li>9. Mission Nutrition Unit: <a href="http://www.missionnutrition.org">www.missionnutrition.org</a></li> <li>10. Use US Food Pyramid from <a href="http://mypyramid.gov">mypyramid.gov</a></li> <li>11. Mission 1-Exploring Body Fuel</li> <li>12. Mission 2-Exploring Vitamins and Minerals</li> <li>13. Record in journals over a week</li> <li>14. Mission 3-Exploring Food Labels</li> <li>*Will need to collect labels</li> </ol>	<ul style="list-style-type: none"> <li>• Why do organisms require energy to live and grow?</li> <li>• What are the caloric values in different types of foods and how can they be measured?</li> <li>• How do foods provide both energy and nutrients for living organisms?</li> <li>• Do carbohydrates contain starches and sugars?</li> <li>• What amounts of food components are in healthy foods and are the recommended daily allowance?</li> <li>• What does the size of a grease spot tell us about the amount of fat in a food?</li> <li>• What effect does the temperature of the water have on the gas production of a mixture of yeast and sugar?</li> <li>• Using the gas test, which type of cereal has the most sugar?</li> </ul>	<p>energy, growth and organisms, carbohydrates, sugar, starch, daily allowance, minerals, vitamins, nutrition,</p>

# Halifax County Pacing Guide

**J Elliott**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## Halifax County Pacing Guide:

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