THE HAPPINESS ADVANTAGE

The Seven Principles of Positive Psychology That Fuel Success and Performance at Work

SHAWN ACHOR

Summary by ReadinGraphics

The Happiness Advantage

Book Summary

"Happiness is not the belief that we don't need to change; it is the realization that we can."

- Shawn Achor



Happiness Advantage Summary

Emma Bridger, Belinda Gannaway

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