

The  
External  
Diet

Is Your  
**HOUSE**  
making you  
**OVERWEIGHT,**  
**SICK**  
OR  
**TIRED?**

Household Causes Including Improper Electricity of  
Weight Gain, Stress, Insomnia and Ill Health, and  
What you can do about them!

Margaret Rouse Shontz

# Is Your House Making You Overweight Sick Or Tired

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**Is Your House Making You Overweight Sick Or Tired:**

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