

PORTRAIT POSING GUIDE

HOW TO POSE... HEADSHOTS & HANDS

Digital
Camera
World



LOOK DOWN

Ask your model to look down to give the shot a thoughtful mood and focus attention on the hands.
Top tip: Use strong eye makeup and shoot this from above to get a better view of the lashes.



WANDERING HANDS

Ask your model to bring their hands up to their face, with fingers on one hand resting on the palm of the other, and chin lowered down.
Top tip: Whites under each iris give eyes impact.



SIT DOWN

Ask the model to sit side-on, resting the elbows on the knees and with hands underneath the chin.
Top tip: Hands create a nicer shape if side-on rather than flat, with fingers gently curled.



ONE-HANDED

Ask your model to stand side-on, with her chin angled towards the front shoulder, then bring one hand up to delicately brush the cheek.
Top tip: Crop the shot close to the hairline.



SIMPLE BUT STRONG

A straightforward close-up is classic. Ask the model to look directly at the camera, lips slightly parted.
Top tip: Try a very shallow depth of field for this; as they're straight on, both eyes should be sharp.



WINDSWEPT

Ask the model to stand side-on, then use an electric fan to blow the hair across the face.
Top tip: Moving hair makes composing, focusing and expressions tricky, so take plenty of shots.



ENLIGHTENED

Ask your model to look up and to the side, and bring the hands up to the face, to create a reflective mood.
Top tip: Eyes right suggests a more hopeful mood, while eyes left looks more contemplative.



PERFECT SYMMETRY

Bring both hands together at the wrist with fingers on each cheek to create a symmetrical frame.
Top tip: Angle the face towards your light source for good catchlights and flattering light.



FRAME THE FACE

Bring one hand up to the chin, with the other arm resting on top of the head to frame the face.
Top tip: Think about how to pose the hair to create a natural frame for the face.

www.digitalcameraworld.com

Guide To Posing For Portrait

Norman Phillips



Guide To Posing For Portrait:

Doug Box's Guide to Posing for Portrait Photographers Douglas Allen Box, 2009-03-01 Often overshadowed by complicated lighting techniques or advanced postproduction tips this resource seeks to remind the professional photographer of the fundamental importance of a subject's pose Conveniently designed in two page spreads a striking portrait on one side a comprehensive how to of the strategies used on the other this reference includes countless techniques for studio sessions as well as outdoor and location shoots with individuals or groups male or female clients and in sitting standing or lying poses With advice from a well known and respected professional it covers all the basics showing how to emphasize a client's assets and downplay perceived flaws how to create a cohesive engaging group photo how to use natural elements on location to enhance an image and how to ensure that the result flatters the subject and adds the essential professional polish to an image

Posing for Portrait Photography Jeff Smith, 2004-07-01 Aiming to help portrait photographers yield pleasing results with a variety of body types this tutorial evaluates the subject's appearance and suggests refining poses providing tips to make sure each subject ends up with a result they like Using before and after photos and working through every region of the body from the head to the feet acclaimed professional instructor Jeff Smith demonstrates simple posing adjustments and explains how various poses can conceal problem areas and maximize positive assets Also covered are common mistakes that photographers make when posing their subjects and how to best match that pose with the setting coordinating an overall feeling and style that makes every client look outstanding

Foundations of Posing, 2015-10-13 With tips for posing the young and old males and females singles couples and groups in both indoor and locations and in reclining seated and standing poses from full length to close up this book will walk you through all aspects of posing and balance with examples and easy to follow instructions

The Portrait Photographer's Guide to Posing Bill Hurter, 2011-11 In the early years of photographic portraiture posing was an absolute necessity With extremely slow films equally slow lenses and a lack of artificial light sources time dictated long exposures Due to vastly improved technology photographers are now able to work freely and naturally recording spontaneity in their portraits yet not forgetting the posing rules that existed As Bill Hurter shows in *The Portrait Photographer's Guide To Posing* there is room in the market for both approaches

Master Posing Guide for Portrait Photographers J. D. Wacker, 2002 Photographers are guided through every aspect of posing beginning with the consultation and continuing with specific tips for posing children high school seniors wedding parties families events teams groups and pets in this comprehensive manual Maintaining that good posing is 80 percent mental and only 20 percent technical this guide stresses the importance of communication between photographer and subject to creating a portrait that not only captures the subject's personality but also makes the subject comfortable fostering repeat business

The Portrait Photographers Posing Guide Nigel Holmes, 2006-11-10 The classic *Posing Guide* Rules for posing people for portraits Drawn in cartoons making it easy to follow Serious invaluable advice on how to pose people in photographs Amateur

Photographer **The Photographer's Guide to Posing** Lindsay Adler, 2017-05-03 When photographing people you can have a great composition perfect light and the right camera settings but if your subject doesn't look right if the pose is off the shot will not be a keeper Posing is truly a crucial skill that photographers need to have in order to create great photographs If you're looking to improve your ability to pose your subjects whether they're men women couples or groups best selling author and photographer Lindsay Adler's *The Photographer's Guide to Posing Techniques to Flatter Everyone* is the perfect resource for you In the first half of *The Photographer's Guide to Posing* Lindsay discusses how the camera sees and thus how camera angle lens choice and perspective all affect the appearance of your subject Lindsay then covers things that ruin a pose such as placement of the hands and your subject's expression and posture Next Lindsay dives into posing essentials outlining her approach to start with a base pose then build on that to create endless posing opportunities She also discusses posing the face with specific sections dedicated to the chin jaw eyes and forehead as well as posing hands In the second half of the book Lindsay dedicates entire chapters to posing specific subject matter women men couples curvy women families and small groups and large groups In each chapter Lindsay addresses that subject matter's specific challenges provides go-to poses you can always use and covers how to train the eye to determine the best pose for your subject's Lindsay also teaches you how to analyze a pose so that you can create endless posing opportunities and continuously improve your work *The Photographer's Guide to Posing* Lindsay Adler, 2017 If you're looking to improve your ability to pose your subjects whether they're men women couples or groups this invaluable guide is the perfect resource for you *Step-by-Step Lighting for Outdoor Portrait Photography* Jeff Smith, 2014-04-15 There are many aspects to professional photography composition camera angles exposure color balance posing and lighting just to name a few However while each of these aspects of photography is important in the creation of a professional portrait lighting presents a special challenge that is part art and part science When the two come together effectively the results are stunning when any one aspect of the recipe falls short the result is a poor exposure or a downright unflattering look On the artistic side of the scale lighting is one of the primary tools for setting the mood of the portrait It can communicate a sense of bright airy ease or sharp dramatic tension or anything in between Determining what look is right for the client and for their intended use of the resulting portraits is a key decision From there the photographer can begin to use light to sculpt the subject's features minimizing problem areas or accentuating the subject's best features through the selection of light modifiers and the positioning of the lights themselves Moving to the technical side outdoor lighting presents particular challenges but also some significant advantages Outdoors photographers shoot at least partially with natural light While this is most of the day an abundant light source it is largely out of the control of the photographer The light can change from moment to moment as clouds pass between the earth and sun It also changes continually throughout the day as the sun moves across the sky Since he can't completely control the light the photographer must be prepared to adapt his subject's pose and position to create flattering results with the light as is

Alternately the photographer can tweak the lighting by augmenting the sunlight with flash or reflectors or even softening it using scrim or other diffusers. Of course this leaves another major concern the background. Even if the light on the subject can be perfected rarely can the photographer also control the light on an area as large as the background making it a major concern in the process of posing and lighting. So given all this why would any photographer choose to make portraits outside? One advantage is that the lighting and scenes are free making outdoor photography a great starting point for those entering the field. Even established studios however have found that clients simply like the natural timeless look of outdoor portraits. This makes them strong sellers. Additionally most portrait subjects are more at ease in natural light than when seated in front of bright noisy studio flash units and relaxed subjects translate into better expressions and better overall portraits. In this book Smith takes you through the process of lighting outdoor portraits from start to finish covering both the artistic and technical aspects of achieving success. Short one or two page lessons are amply illustrated to guide the reader through each phase. In many cases before and after images or image sequences showing variations and alternative approaches are presented to facilitate learning. Readers are encouraged to have this book with them during practice sessions and work on replicating or refining the provided examples creating a self study course in the art of lighting for outdoor portrait photography.

Photographer's Guide to Posing, 1st Edition Lindsay Adler, 2017. When photographing people you can have a great composition, perfect light and the right camera settings but if your subject doesn't look right if the pose is off the shot will not be a keeper. Posing is truly a crucial skill that photographers need to have in order to create great photographs. If you're looking to improve your ability to pose your subjects whether they're men, women, couples or groups, best-selling author and photographer Lindsay Adler's *The Photographer's Guide to Posing Techniques to Flatter Everyone* is the perfect resource for you. In the first half of *The Photographer's Guide to Posing* Lindsay discusses how the camera sees and thus how camera angle, lens choice and perspective all affect the appearance of your subject. Lindsay then covers the five most important things that ruin a pose such as placement of the hands and your subject's expression and posture. If you can look out for and avoid these five things your skills and your images will quickly improve. Next Lindsay dives into posing essentials outlining her approach to start with a base pose then build on that to create endless posing opportunities. She also discusses posing the face with specific sections dedicated to the chin, jaw, eyes and forehead as well as posing hands. In the second half of the book Lindsay dedicates entire chapters to posing specific subject matter: women, men, couples, curvy women, families and small groups and large groups. In each chapter Lindsay addresses that subject matter's specific challenges, provides five go-to poses you can always use and covers how to train the eye to determine the best pose for your subject. In the final chapter of the book Lindsay brings it all together as she teaches you how to analyze a pose so that you can create endless posing opportunities and continuously improve your work.

Master Posing Guide for Portrait Photographers J. D. Wacker, 2012. Updated with new photos and a revised text to reflect the latest techniques and styles in posing and portraiture.

this second edition of a bestselling book is a welcome addition to the photography libraries of both professional and amateur photographers Using a method called the three Cs of posing compliment the subject correct any appearance issues and convey something to the viewer the author provides step by step instructions on capturing natural looking poses in endless varieties Whether the subject is an athlete a judge a beauty queen a mom or a musician this book shows how refin

Portrait Pro ,2014-08-18 Drove of hobbyist photographers make a move to professional photography every year They read a few books watch rock star photographers shoot online make business cards and forge their path to a new career When they book clients work through the session proof their images and conduct a sales session though they encounter artistic organizational and financial problems they had not anticipated and many stall out In this book Jeff Smith focuses on finding an audience and a target demographic honing your posing and lighting skills working with clients and managing business and personnel concerns Smith begins by taking a close look at the mind set required for forging ahead as a professional photographer He shows you how to define and target the clientele you want to work with and teaches you skillful approaches for creating and maintaining a strong photographer client relationship He notes that many photographers enter the business to create images that please them and explains that to be successful photographers must instead learn to gain insight into just what the client wants to see in the final photos in order to maximize profits and keep clients coming back for more With a clearly defined objective and approach outlines Smith moves on to tackle common technical issues that new pros find daunting He provides tips for creating perfect lighting in the studio and outdoors He also discusses positioning for every part of the body to create an ideal presentation to the camera Next he provides compositional tips from where to position the subject in the frame to selecting the best camera angle to cropping for impact in order to maximize image impact and present the best possible image to your client Finally with the technical and artistic fields addressed Smith turns to a discussion on the business side of the profession He offers advice on acquiring equipment understanding costs and pricing creating new business opportunities identifying an ideal studio location and even managing your time Lighting Essentials

Don Giannatti,2012-04-01 The core goal of photography is representing subjects that have depth and texture in a medium that inherently lacks both those qualities and this book shows the best way to rise to that challenge through the careful application and capture of lighting It demonstrates how to accentuate or minimize textures add or subtract highlights and create or combat shadows to showcase the subjects in the best way and create the illusion of a third dimension in the images Exploring techniques for lighting portraits still life subjects nature images and architectural shots both studio and location lighting are covered in detail The book teaches photographers how to study their subjects with all of the textures colors shapes and surfaces they have then visualize the image as a finished photograph before the photography actually begins With chapters that thoroughly cover the science of lighting and visualization photographers can apply that knowledge and successfully create artful images **500 Poses for Photographing Brides** Michelle Perkins,2010-02-01 Containing

numerous contemporary images by leading photographers this indispensable manual concerning wedding portraits explains posing fundamentals as well as how to create a flattering feature specific photograph one that focuses on the head shoulders arms legs or torso in different levels of close ups from head shots to full lengths

Master Posing Guide for Children's Portrait Photography Norman Phillips, 2006-09 In this unique book author Norman Phillips draws upon his own experience and that of the other top children's photographers compiling a wide range of portrait examples insights and strategies for producing memorable cutting edge and timeless images Filled with step by step tips for posing boys girls twins and triplets and groups whether on location or in the studio this is one book that photographers will rely on time and again

Shaping Light Glenn Rand, Tim Meyer, 2014-05-13 While light is required to make a photograph light alone is not enough More often it is the way the light has been modified and shaped that brings an image to life In this book Glenn Rand and Tim Meyer offer a comprehensive approach to the tools and techniques photographers can use to shape the light creating the style energy emotion and feeling that make a photograph exceptional Clear text is paired with ample before and after images and diagrams to make learning easy Beginning with the physics of light the authors show you how to predict light's interaction with the surface of the subject object you are photographing Based on this you can begin to make informed decisions about what kinds of modifiers will help you achieve the look you want Using softboxes umbrellas masks gels reflectors and more you'll learn to precisely control the light's diffused edge and ratio for precise flawless results

Posing for Portrait Photography Jeff Smith, 2012-05 Jeff Smith teaches surefire techniques for achieving flattering poses with step by step techniques for positioning the entire body head shoulders arms hands bust waist hips thighs and feet Features understanding the styles of poses fixing common appearance problems tailoring the pose to each subject's figure and personal style specialized tips for male and female subjects posing couples and larger groups studio and location posing techniques

Container

Dynamic Posing Guide Craig Stidham, Jeanne Harris, 2013-08-29 Tips techniques and inspiration for creating perfect poses Effectively posing the human body is a challenge for nearly every photographer from amateur to professional Understanding how a model's pose body language and posture affect a photograph is crucial to success Author and professional fashion photographer Craig Stidham shows you how to guide a subject's personality through body language with hundreds of examples and suggestions Answers critical questions such as how can a photographer avoid having the subject look awkward How does one direct both experienced and inexperienced models Shares helpful posing tips and techniques for posing models in new modern and fashion forward ways Suggests ways to make strategic edits in post production to fix common posing mistakes Offers hundreds of examples of strong and stunning posing

Dynamic Posing Guide teaches you the skills you need to identify strong modern posing techniques as you strengthen your photographic skills

Master Posing Guide for Wedding Photographers Bill Hurter, 2009-04-01 Outlining a theory that combines the refinement of traditional posing techniques with the more organic spontaneous techniques of photojournalism this creative and informative resource

offers poses that rely on personality and interaction These instructions from a veteran wedding photographer provide the skills needed to recognize what makes a great pose and how to subtly direct your clients to achieve the needed balance between looking great and looking comfortable Ultimately this grouping of modern and traditional shots offers answers to the complications faced when attempting to pose wedding parties quickly while keeping the natural look that all wedding couples desire

Jeff Smith's Guide to Head and Shoulders Portrait Photography Jeff Smith, 2009-07-01 With detailed informative instructions for capturing personable and memorable yearbook photos actor and model portfolios and business bridal and children s portraits this exhaustive reference covers what photographers need to know to be successful Emphasizing that the client is always the center of the photograph this resource illustrates how to evaluate the customer to determine which features to downplay and which to accent Tips for creating the perfect image through posing and lighting handling the post shot conference and previewing and retouching the images are supplied as well as guidance for the technical and emotional challenges of shooting a portrait Packed with step by step images no nonsense techniques and practical advice this is a must have book for professional and advanced amateur photographers

Reviewing **Guide To Posing For Portrait**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Guide To Posing For Portrait**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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