

Handle with CARE

An illustration of a large, brown, textured hand holding a small, brown, furry animal, possibly a dog or cat, by its front paws. The animal is looking towards the viewer.

The
Digi-Ki
System of
Natural
Healing

An illustration of a large, brown, textured hand with fingers spread, palm facing upwards.

Michael Phelan

Handle With Care The Digi Ki System Of Natural Healing

Judd E. Hollander



Handle With Care The Digi Ki System Of Natural Healing:

Handle With Care Michael Phelan, 2014-01-09 In my previous book *Why You Should CARE What Happens When You Do I* explored the origins to discovering and embracing our true selves within our relationship to the Universe I fully intended to include a lengthy section on an extremely important side effect of discovering and implementing what I call the Four CARE Principles an exploration of opening to one's own healing abilities which quickly begin to manifest and strengthen when we truly experience Universal Harmony But I quickly found the whole subject of promoting healing in one's self and others would require more space than one book could provide I would certainly need to write a second book that presents healing within the context of these all important Four CARE Principles I realized this healing method is not simply an add on to any pre-existing healing methods like the very popular and much misunderstood modality called Reiki but rather a unique approach in its philosophy methodology and accessibility *Handle with CARE* seemed to be the most appropriate title for this book since the Four CARE Principles presented in *Why You Should CARE* are the backbone of the whole topic of Universal Harmony and its side effect of opening to one's own healing abilities Digi Ki seemed to be the most appropriate name for this healing modality since the healing energies Chi or Ki would mostly be channeled through one's hands and their very useful extensions fingers or digits Since this book is certainly not intended as a mere infomercial for my first book or various workshops where I would make tons of money *Handle with CARE* is a completely stand alone book in its own right I have done my utmost to insure all necessary information is within the pages of this particular book I am willingly forced to indulge in new and different approaches to the whole subject matter and have tried my best to entertain both you and myself during the process Although Harmony with the Universe is an extremely worthy pursuit in itself embracing and sharing our innate healing abilities is often a useful if not necessary ingredient to that pursuit Expressing our being by promoting healing in its myriad forms may just become the vehicle to our enlightenment I provide explanations and illustrated examples for understanding and incorporating the Four CARE Principles into your life along with experimentation and exercises to provide the actual experience of Harmony with the Universe This will allow the Digi Ki healing energy Ki to flow through you unhindered and enable you to express it throughout your being and extend it to others Another pleasant side effect will surely be an increase in your own health and vitality as you begin to allow increased Ki Chi Life Force Energy to flow through every aspect of your life I promote and encourage an intuitive approach while giving some common sense guidelines for interacting with the human body and energy fields We must become the example we wish to promote This is an essential ingredient for becoming a healer If you are unhealthy and lacking you cannot afford to give of yourself Although healing energies come through us rather than from us we must still be of sound mind body spirit or we may do more harm than good to ourselves and others I have devoted a fair portion of this book to various concepts ideas exercises and information to promote your own health and wellbeing which also serve as tools to incorporate these Four CARE Principles into your life I

have refused to pass along any information as gospel if I have not thoughtfully considered it and taken it for a test drive first I have gathered material from many sources and extensive personal experience Please do not accept anything presented here as truth without running it through your own filters of discernment I am not your boss mother or spiritual authority so don't give your power away We are always on this journey together

Advances in Cancer Detection, Prediction, and Prognosis Using Artificial Intelligence and Machine Learning Rajeev Nema, **Selected Bibliography and Abstracts for Ambulatory Health Care Computer Applications** Health Care Management Systems, 1975 Over 2500 references to English language literature consisting mostly of journal articles but also including books and reports Entries derived from Index Medicus Hospital literature index and other sources pertinent to hospitals ambulatory medical care and computers Alphabetical arrangement by primary authors Many abstracts Classified index

Webster's New International Dictionary of the English Language, Based on the International Dictionary 1890 and 1900 William Torrey Harris, Frederic Sturges Allen, 1911

New International Dictionary of the English Language, 1955

Why You Should CARE Michael Phelan, 2011-03-10 A JOURNEY OF YOUR SELF DISCOVERY Imagine a spiritual journey to the Center of the Universe You Allow its infinite power to flow through your mind body and spirit As you Relax completely you begin to discover and Express your true and natural self empowerment experience YOU WILL DISCOVER Your unrealized human possibilities How to achieve your highest human excellence How to open and strengthen your healing abilities Increased confidence and self awareness in all fields of endeavor The Path to embracing the transition to Unity Consciousness The dynamic power of partnering with the infinite Universe Providing the tools for complete life transformation Why You Should CARE What Happens When You Do offers the opportunity for sustainable personal growth so necessary in these stressful times A life of exploring world religions and ancient wisdom combined with unique personal experiences led Michael Phelan to the discovery and revelation of the simple secrets to understanding and utilizing the infinite power of the Universe Why You Should CARE offers keys and paths to old wisdom and new ideas for individuals to gain mastery of both their internal and external lives Complete with illustrations this is a book that is created as a completely user friendly journey in which Michael not only tells but shows how to gain confidence and success in a short amount of time Why You Should CARE inspires a shift in the reader's beliefs and attitudes that is so total it enables a positive life changing experience that becomes an experiential prerequisite for that transformation Through illustration and experimentation the reader immediately and intimately begins to realize the many benefits of coordinating and partnering with universal forces Here are a few examples from the book How to experience wholeness and also oneness of being How to identify and eliminate blockages to life force energies How to cleanse emotional and other distortions from observational filters How to transition to Unity Consciousness More than mere information or intent Why You Should CARE embodies and imparts the empowerment of experience within its Four CARE Principles Center Allow Relax Express Michael Phelan has written a book with instructions for going deeper

into the process of understanding the Universe at its most basic and personal The ways to touch all creation including humanity How to feel free and safe in your own skin How to get in touch and transform the life force that is given equally How to open your senses feel your strength and clarity and gain your own healing wisdom powers EXPERIENCE IT FOR YOURSELF Why You Should CARE takes it to the next level Similar books don't go as deeply or intimately as Why You Should CARE Self empowerment is essentially the Key to everything Within these pages you will find that Key This journey of self discovery is more than mere words but rather the immediate experience of a true partner relationship with the Universe Utilizing tangible experimentation within the anagram CARE we find our true natural and dynamic potential Beyond limitations we discover our true self WHAT THE CRITICS ARE SAYING It is educational inspiring insightful helpful and fun In his very readable and humor laced style Michael offers us information exercises new perspectives and personal stories How fortunate we are to have Michael with us on the planet at this time Avis A Burnett Ph D Author and Founder of A Place of Oneness

Handle With Care The Digi Ki System Of Natural Healing Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the ability of words has become much more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Handle With Care The Digi Ki System Of Natural Healing**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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