

Knee Examination

Section	Information
Patient's Information	Name: Kim Yun-Hee Age: 35 Sex: Female Date of Examination: May 25, 2023
Medical History	Present Complaint: Left knee pain during and after running. Duration of Symptoms: 2 months. Previous Knee Injuries/Surgeries: None Relevant Medical Conditions: None Current Medications: None Allergies: No known allergies
Examination Procedure	Look (Inspection): Inspect knees from front, sides, and back. Note any swelling, bruising, redness, deformity, or scars. Observe leg alignment and muscle bulk. Assess gait.
	Feel (Palpation): Check temperature over the knee. Palpate around the knee for tenderness or swelling. Compare this with the opposite knee.
	Move (Range of Motion and Stability): Assess active and passive range of motion (flexion, extension, rotation). Check for any pain or instability. Assess knee stability.
	Special Tests: Perform specific tests as necessary (e.g., Anterior Drawer, Lachman, McMurray's test).
	Neurovascular Examination: Check the distal neurovascular integrity of the lower limb.
Findings and Recommendations	Physical Findings: Mild swelling and tenderness over medial aspect of left knee. Full range of motion with pain on extreme flexion. Slight limp noted.

Knee Orthopedic Physical Exam Form Template

Peipei Pang



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Current List of Medical Literature ,1955 Includes section Recent book acquisitions varies Recent United States publications formerly published separately by the U S Army Medical Library *Atlanta* ,2004-07 Atlanta magazine s editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region Atlanta magazine s editorial mission is to engage our community through provocative writing authoritative reporting and superlative design that illuminate the people the issues the trends and the events that define our city The magazine informs challenges and entertains our readers each month while helping them make intelligent choices not only about what they do and where they go but what they think about matters of importance to the community and the region *Foundations of Professional Personal Training* Canadian Fitness Professionals Inc.,2022-08-24 Developed and written by canfitpro this third edition of Foundations of Professional Personal Training contains essential information for building a successful career as a personal trainer and preparing for canfitpro s Personal Training Specialist PTS certification *Physical Examination of the Knee* J. Scott Delaney,2004

Orthopedic Exam - Knee (2-Card Set) Orthopedic Exam,1998-01-01 *The Acute Knee* Mark F. Sherman,2023-08-24 This handbook presents a concise practical approach to the physical examination and diagnosis of acute injuries of the knee While radiological diagnostic tools like CT and MRI are important tools for orthopedic and sports medicine injuries the skills of history taking and an accurate physical exam are no less important in educated decision making when it comes to injury management The goal of this book is to make it easier for a beginning knee practitioner to take an educated history and then perform a thorough physical examination This will invariably steer them to the course of the correct diagnosis The focus here is on a consistent and thorough examination including taking a full history of the injury utilizing common physical tests and limiting differential diagnoses To this end the book opens with a review of these general considerations Subsequent chapters discuss these considerations across a number of acute knee injuries to the patella ACL MCL PCL meniscus and multiligamentous and extensor mechanism injuries and conditions Additional chapters describe osteochondral injuries and mimickers such as PVNS and tumors Video clips demonstrating examination techniques are included throughout the text While *The Acute Knee* is aimed primarily at younger practitioners it is an excellent resource for any orthopedic surgeon or sports medicine physicians looking to refamiliarize themselves with the lost art of physical examination for the acute knee

Clinical Examination of the Injured Knee Mervyn J. Cross,Kenneth J. Crichton,1987-01-01

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