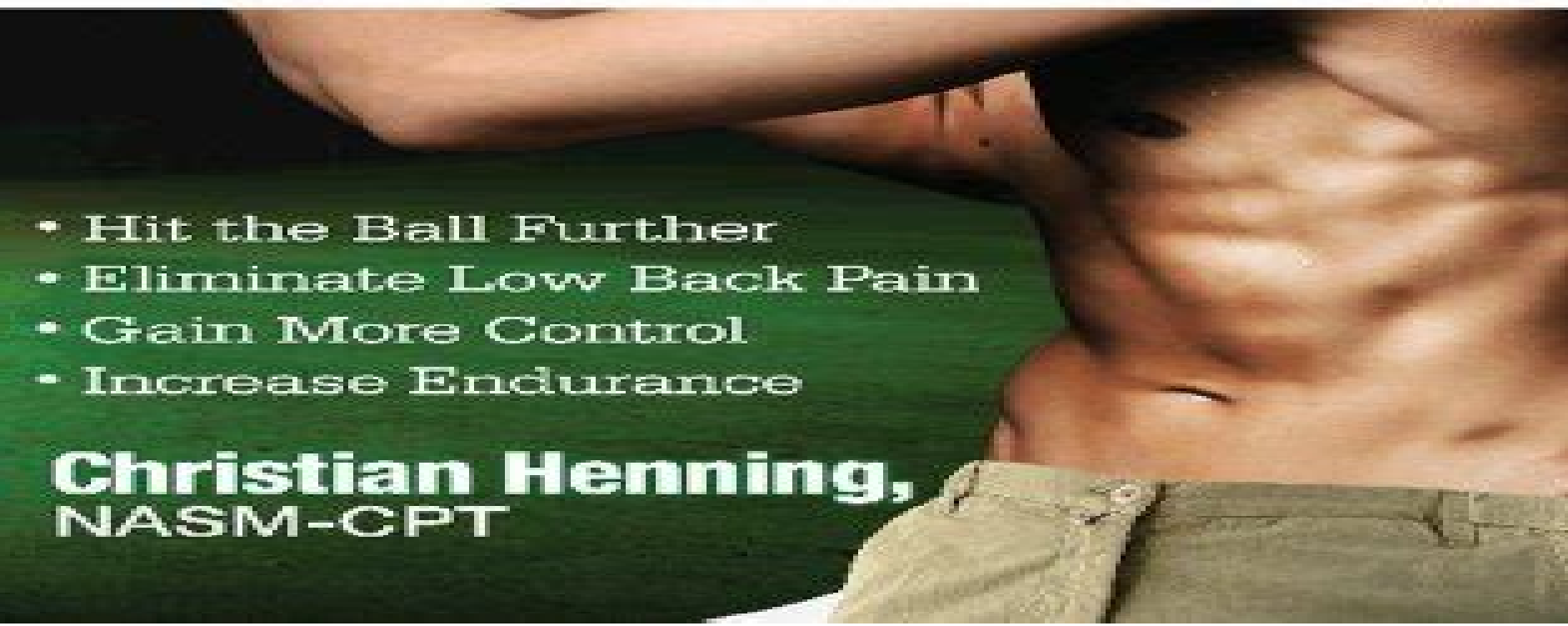


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**The Ultimate Golf Fitness Key
to Unlocking More Power**

- Hit the Ball Further
- Eliminate Low Back Pain
- Gain More Control
- Increase Endurance

Christian Henning,
NASM-CPT



Golf Fitness Training Core To Score

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