

GOOD *to eat*



RIDDLES OF FOOD & CULTURE

MARVIN HARRIS

Author of Cannibals and Kings

Good To Eat Riddles Of Food And Culture

Stephen K. Sanderson



Good To Eat Riddles Of Food And Culture:

Good to Eat Marvin Harris,1998-07-02 Why are human food habits so diverse Why do Americans recoil at the thought of dog meat Jews and Moslems pork Hindus beef Why do Asians abhor milk In *Good to Eat* best selling author Marvin Harris leads readers on an informative detective adventure to solve the worlds major food puzzles He explains the diversity of the worlds gastronomic customs demonstrating that what appear at first glance to be irrational food tastes turn out really to have been shaped by practical economic or political necessity In addition his smart and spirited treatment sheds wisdom on such topics as why there has been an explosion in fast food why history indicates that its bad to eat people but good to kill them and why children universally reject spinach *Good to Eat* is more than an intellectual adventure in food for thought It is a highly readable scientifically accurate and fascinating work that demystifies the causes of myriad human cultural differences

Good to Eat Marvin Harris,2005 Why are human food habits so diverse Anthropologist Marvin Harris thinks that something beyond mere digestive philosophy is shaping the definition of what we like This intelligent and amusing series of detective stories deals with many unexplained riddles of food and culture

Good to Eat Marvin Harris,1998 *The Roman Community at Table During the Principate, New and Expanded Edition* John Donahue,2017-08-03 An examination of eating in its public context in the Roman world *Offal: Rejected and Reclaimed Food* Mark McWilliams,2017-06-30

Contains the proceedings from the 2016 Oxford Symposium on Food Cookery focusing on offal [Handbook on Food](#)

[Tourism](#) Eerang Park,Sangkyun Kim,2024-03-14 This Handbook on Food Tourism provides an overview of the past present and future of research traditions perspectives and concerns about the food tourism phenomenon Taking a multidisciplinary approach it contributes to the historical and anthropological understanding of the nexus between food society and tourism that underpins the divergent business and marketing efforts in tourism today [The Eternal Food](#) R. S. Khare,1992-08-25 An interdisciplinary study of the cultural meaning and uses of food in India and Sri Lanka drawing on the abundant commentary by saints ritualists poets and the divine in both religious and literary contexts The eight papers some from a January 1985 conference Food Systems and Communications Structures in Mysore India focus on the long term wide spread significance of food rather than on caste differences changing diets or a comparison between Hindu and Buddhist

approaches Includes a glossary without pronunciation Paper edition unseen 17 95 Annotation copyrighted by Book News Inc Portland OR

Visions of Culture Jerry D. Moore,2018-11-09 *Visions of Culture* An Introduction to Anthropological Theories and Theorists Fifth Edition has been updated and expanded and provides a succinct clear and balanced introduction to theoretical developments in the field The key ideas of thirty major theorists are briefly described and unique to this textbook linked to the biographical and fieldwork experiences that helped shape their theories The impact of each scholar on contemporary anthropology is presented along with numerous examples quotations from the theorists writings and a description of the broader intellectual setting in which these anthropologists worked In addition to six new chapters Moore

has updated all the profiles to incorporate recent scholarship The book is linked to the companion work Visions of Culture A Reader Second Edition to encourage the fullest intellectual engagement for students NEW TO THIS EDITION Part VII Neo Darwinian Evolutionary Theories 25 Eric Alden Smith Human Behavioral Ecology 26 John Tooby and Leda Cosmides The Evolved Mind 27 Robert Boyd and Peter Richerson Culture and Evolution Dual Inheritance Theory Part VIII The Ontological Turn 28 Tim Ingold An Intersubjective World 29 Philippe Descola Nature and Culture 30 Bruno Latour The Creation of Knowledge

Anxious Eaters Janet Chrzan, Kima Cargill, 2022-08-30 What makes fad diets so appealing to so many people How did there get to be so many different ones often with eerily similar prescriptions Why do people cycle on and off diets perpetually searching for that one simple trick that will solve everything And how did these fads become so central to conversations about food and nutrition Anxious Eaters shows that fad diets are popular because they fulfill crucial social and psychological needs which is also why they tend to fail Janet Chrzan and Kima Cargill bring together anthropology psychology and nutrition to explore what these programs promise yet rarely fulfill for dieters They demonstrate how fad diets help people cope with widespread anxieties and offer tantalizing glimpses of attainable self transformation Chrzan and Cargill emphasize the social contexts of diets arguing that beliefs about nutrition are deeply rooted in pervasive cultural narratives Although people choose to adopt new eating habits for individual reasons broader forces shape why fad diets seem to make sense Considering dietary beliefs and practices in terms of culture nutrition and individual psychological needs Anxious Eaters refrains from moralizing or promoting a right way to eat Instead it offers new ways of understanding the popularity of a wide range of eating trends including the Atkins Diet and other low or no carb diets beliefs that ingredients like wheat products and sugars are toxic allergenic or addictive food avoidance and Clean Eating practices and paleo or primal diets Anxious Eaters sheds new light on why people adopt such diets and why these diets remain so attractive even though they often fail

Meat, Medicine and Human Health in the Twentieth Century Christian Bonah, 2015-10-06 This collection of essays explores some of the complex relations between meat and health in the twentieth century It highlights a complicated array of contradictory attitudes towards meat and human health They show how meat came to be regarded as a central part of a modern healthy diet and trace critiques of meat eating and the meat industry

Human Nature and the Evolution of Society Stephen K. Sanderson, 2018-05-04 If evolution has changed humans physically has it also affected human behavior Drawing on evolutionary psychology sociobiology and human behavioral ecology Human Nature and the Evolution of Society explores the evolutionary dynamics underlying social life In this introduction to human behavior and the organization of social life Stephen K Sanderson discusses traditional subjects like mating behavior kinship parenthood status seeking and violence as well as important topics seldom included in books of this type especially gender economies politics foodways race and ethnicity and the arts Examples and research on a wide range of human societies both industrial and nonindustrial are integrated throughout With chapter summaries of key points thoughtful discussion questions and important

terms defined within the text the result is a broad ranging and comprehensive consideration of human society thoroughly grounded in an evolutionary perspective

Making Food in Local and Global Contexts Atsushi Nobayashi, 2022-06-21 This book is a collection of research focusing on the anthropological aspects of how food is made in modern society from both global and local perspectives Modern food consumed in any society is created in a variety of natural and cultural environments There is a food democracy in which how we procure and share food can be an indicator of our participation in society while food nurtured in particular climates and land can be transmitted to the outside world owing to the influence of tourism and the global economy a phenomenon that is recognized on a global scale as exemplified by the UNESCO Intangible Cultural Heritage In other words food is an aspect of both culture and civilization Anthropological approaches are used to reveal the humanistic aspects of food highlighting the strength and individuality of regional and ethnic foods in global civilizations The book is a compilation of results from sessions of the international symposium Making Food in Human and Natural History which took place on March 18 and 19 2019 in Osaka Japan

Plants and People Alexandre Chevalier, Elena Marinova, Leonor Pena-Chocarro, 2014-04-30 This first monograph in the EARTH The Dynamics of Non Industrial Agriculture 8 000 years of Resilience and Innovation series approaches the great variety of agricultural practices in human terms It focuses on the relationship between plants and people the complexity of agricultural processes and their organisation within particular communities and societies Collaborative European research among archaeologists archaeobotanists ethnographers historians and agronomists using a broad analytical scale of investigation seeks to establish new common ground for integrating different approaches By means of interdisciplinary examples this book showcases the relationship between people and plants across wide ranging and diverse spatial and temporal milieus including crop diversity the use of wild foodstuffs social context status and choices of food plants

Global Jewish Foodways Hasia R. Diner, Simone Cinotto, 2018-06 The history of the Jewish people has been a history of migration Although Jews invariably brought with them their traditional ideas about food during these migrations just as invariably they engaged with the foods they encountered in their new environments Their culinary habits changed as a result of both these migrations and the new political and social realities they encountered The stories in this volume examine the sometimes bewildering kaleidoscope of food experiences generated by new social contacts trade political revolutions wars and migrations both voluntary and compelled This panoramic history of Jewish food highlights its breadth and depth on a global scale from Renaissance Italy to the post World War II era in Israel Argentina and the United States and critically examines the impact of food on Jewish lives and on the complex set of laws practices and procedures that constitutes the Jewish dietary system and regulates what can be eaten when how and with whom Global Jewish Foodways offers a fresh perspective on how historical changes through migration settlement and accommodation transformed Jewish food and customs

Nutritional and Health Aspects of Food in the Balkans Alina-Ioana Gostin, Diana Bogueva, Vladimir Kakurin, 2021-05-21 Nutritional and Health Aspects of Food in the

Balkans s introduces and analyzes traditional foods from the Balkans Beginning with the eating habits in Balkans this book unfolds the history of use origin compositions and preparation ingredient origin nutritional aspects and the effects on health for various foods and food products of the region Nutritional and Health Aspects of Food in the Balkans also addresses local and international regulations and provides suggestions on how to harmonize these regulations to promote global availability of these foods A volume in a series co produced with Global Harmonization Initiative Nutritional and Health Aspects of Food in the Balkans is sure to be a welcomed reference for nutrition researchers and professionals including nutritionists dieticians food scientists food technologists toxicologists regulators and product developers as well as educators and students Analyzes nutritional and health claims in the Balkan region Includes traditional foods from the Balkans Explores both scientific and anecdotal diet based health claims Examines if foods meet regulatory requirements and how to remedy noncompliance Reviews the influence of historical eating habits on today s diets

Cultures of Mobility, Migration, and Religion in Ancient Israel and Its World Eric M. Trink,2022-02-27 This book examines the relationship between mobility lived religiosities and conceptions of divine personhood as they are preserved in textual corpora and material culture from Israel Judah Egypt and Mesopotamia By integrating evidence of the form and function of religiosities in contexts of mobility and migration this volume reconstructs mobility informed aspects of civic and household religiosities in Israel and its world Readers will find a robust theoretical framework for studying cultures of mobility and religiosities in the ancient past as well as a fresh understanding of the scope and texture of mobility informed religious identities that composed broader Yahwistic religious heritage Cultures of Mobility Migration and Religion in Ancient Israel and Its World will be of use to both specialists and informed readers interested in the history of mobilities and migrations in the ancient Near East as well as those interested in the development of Yahwism in its biblical and extra biblical forms

Handbook of Cultural Psychology Shinobu Kitayama,Dov Cohen,2010-01-01 Bringing together leading authorities this definitive handbook provides a comprehensive review of the field of cultural psychology Major theoretical perspectives are explained and methodological issues and challenges are discussed The volume examines how topics fundamental to psychology identity and social relations the self cognition emotion and motivation and development are influenced by cultural meanings and practices It also presents cutting edge work on the psychological and evolutionary underpinnings of cultural stability and change In all more than 60 contributors have written over 30 chapters covering such diverse areas as food love religion intelligence language attachment narratives and work

Food and Sustainability Paul Behrens,Thijs Bosker,David Ehrhardt,2020 How can we provide sufficient and sustainable food for all And how might we do this in the context of economic growth population increases and climate change around the world As with many other complex global challenges the transition towards sustainable food defies easy solutions Food and Sustainability presents you with state of the art knowledge of the main dimensions of food sustainability and uses case studies throughout to help you see how to apply the principles and theories

set out in each chapter to real world problems In addition Food controversy panels highlight how very often there is no single right answer to the problems being faced and different viewpoints need to be weighed alongside one another to find workable solutions Book jacket Food Choices Robin F. Brancato, 2010-03-19 There are a host of books on dieting nutrition cooking and all other areas related to food yet books targeted to teens tend to emphasize weight and the dangers of unhealthy eating Food Choices The Ultimate Teen Guide provides teens with a new look at food and eating In this book author Robin Brancato chooses not to dwell on food related pathologies like anorexia bulimia or obesity Instead she guides teens into a greater knowledge and enjoyment of food and healthy eating This book discusses numerous topics related to food and eating including the biological and chemical reasons we prefer certain foods and the eating habits that are unique to teens today This book also covers the latest medical research the vast amount of literature on weight loss and dieting and the cultural influences that affect what food we eat Throughout teens are presented with the best tips on how to develop healthy eating habits for a lifetime of enjoying food *Rethinking Sociological Theory* Stephen K. Sanderson, 2015-11-17 Stephen K Sanderson s latest book recaptures a scientific theoretical sociology one whose fundamental aim is the formulation of real theories that can be empirically tested Sanderson reviews the major theoretical traditions within contemporary sociology explicating their key principles critically evaluating these principles and their applications and showcasing exemplars He judges each tradition by asking whether it has generated falsifiable research programs Although principally a work of theoretical critique *Rethinking Sociological Theory* is also a valuable textbook for both undergraduate and graduate courses in sociological theory

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