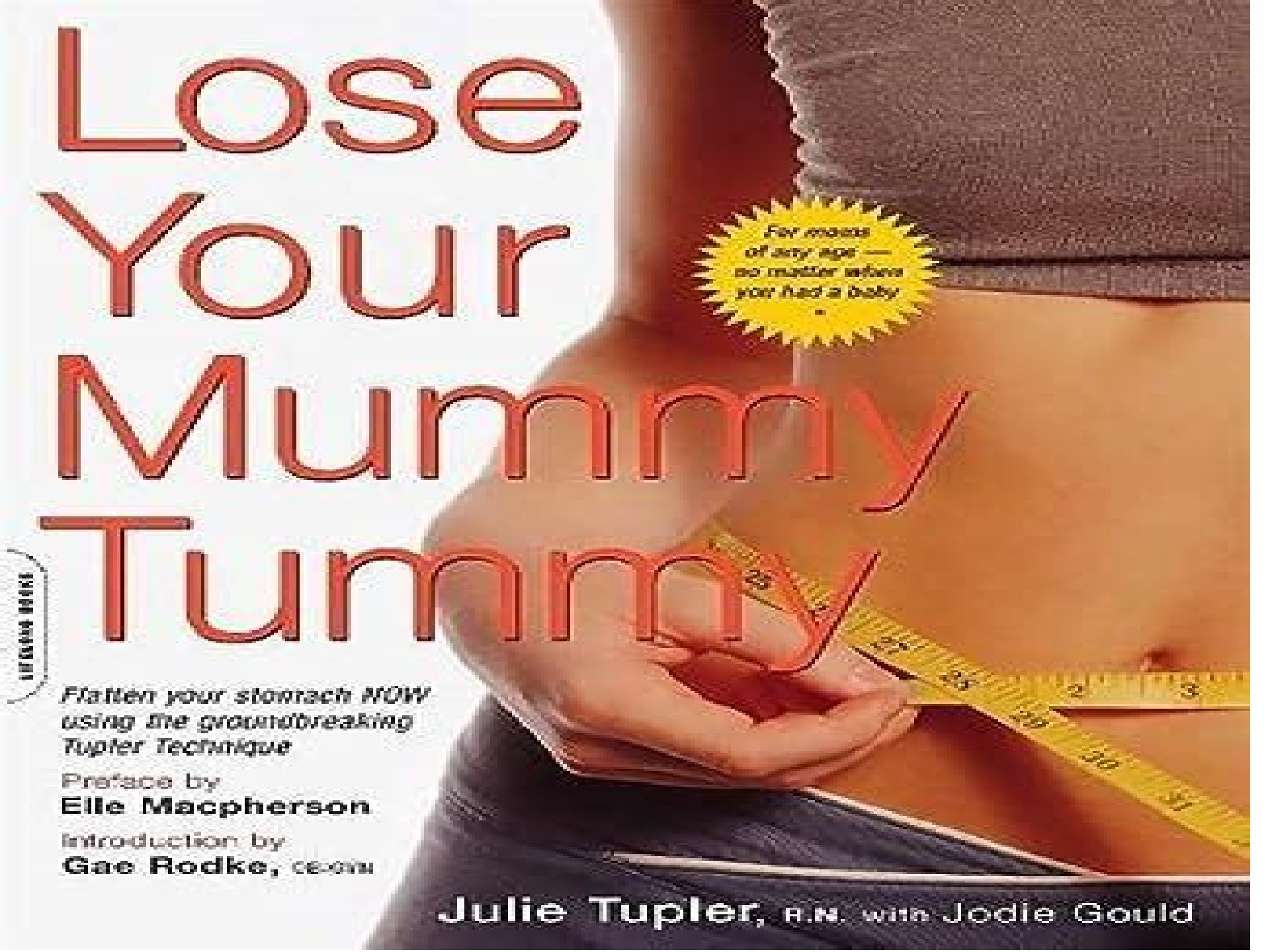


A photograph of a woman's midsection, showing her waist and stomach. A yellow measuring tape is wrapped around her waist. The background is a soft, out-of-focus light color.

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no matter when
you had a baby

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*Flatten your stomach NOW
using the groundbreaking
Tupler Technique*

Preface by
Elle Macpherson

Introduction by
Gae Rodke, csm

Julie Tupler, R.N. with Jodie Gould

Lose Your Mummy Tummy Paperback

Daniel F McAuley



Lose Your Mummy Tummy Paperback:

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