



Counselling Supervision Series

# Group Supervision

A Guide to Creative Practice

Edition ②

Brigid Proctor



# Group Supervision A Guide To Creative Practice Counselling Supervision Series

**Andrew Reeves**



## **Group Supervision A Guide To Creative Practice Counselling Supervision Series:**

Group Supervision Brigid Proctor, 2000-06-22 This much awaited book makes a welcome entry into the rather sparse British literature on group supervision Counselling at Work This is a welcome addition to the literature on Counselling Supervision I found it especially stimulating having used various models of Group Supervision as a Senior Probation Officer and now using it in Listening Post In both examples the method did not replace individual supervision but greatly enhanced it I thank Brigid Proctor for her guidelines for good practice and stimulating ideas for using the potential of groupwork within the supervision process and recognise it as a really valuable Sage like contribution ACCORD This p *Group Supervision* Brigid Proctor, 2008-09-23 The Second Edition of Group Supervision is essential reading for all participants in group supervision It offers a comprehensive insight into the complexities of organising managing and creatively facilitating a group or of being a practitioner in a cooperative peer group Professor Sue Wheeler University of Leicester Among the plethora of supervision books Group Supervision is the only one dedicated to group work Brigid Proctor shows how group supervision can provide a supportive environment in which practitioners learn from each others experience finding positive and creative ways of working with the diversity which characterises all groups Examining tasks roles and responsibilities of both supervisors and supervisees she describes the skills needed for managing different types of group developing a flexible leadership style making sense of group and individual needs using creative methods The Second Edition of this popular text features up to date research findings on group supervision in organisations and further coverage of the challenge of ethical decision making in groups A new chapter considers the advantages of groups for supervisor development and training stressing the urgency for greater accountability and research Essential for all supervisors and trainers the practical information in this book will also benefit those who manage organizations providing group supervision for counsellors and psychotherapists be they employees volunteers or trainees Brigid Proctor Fellow of the BACP is a retired Director of Counselling courses at South West London College and has subsequently worked freelance as a counsellor supervisor trainer and consultant **The Nurse Mentor's Handbook: Supporting Students in Clinical Practice 3e** Danny

Walsh, 2020-11-18 Out with the old and in with the new Looking back on my nurse training I can vividly recall clinical placements where I was mentored by inspirational dynamic enthusiastic and nurturing mentors However I can equally recall the toxic mentors that ruined clinical placements and made me question whether I wanted to be a nurse at all Supporting students in clinical practice is a privilege and getting it right is essential Danny Walsh's book demystifies the NMC's SSSA document and provides a real insight into the meaning of the word mentorship along with practical advice on how to be a practice supervisor Mike Parker is an Associate Professor in Emergency Nursing at the University of York UK This is a real world book that offers practice supervisors and assessors detailed guidance on their new role within the context of the recent NMC 2018 standards for supervision and assessment of students It gives information on the background policy to the

standards and what is expected of nurses who take on these new roles The book provides the theoretical base and practical guidance on facilitating good quality learning experiences for students and on teaching assessment and providing evidence of learning It is the ideal handbook for nurses since it addresses all the issues that you are likely to encounter whilst supporting students with an easy reference system and great practical examples Professor Fiona Irvine Emeritus Professor in Nursing University of Birmingham A book worth recommending and adopting as a core text for modules especially those in teaching learning and assessment for new mentors practice assessors and supervisors It can be a resource for nurses returning to study international students and anyone involved in clinical guidance teaching such as practice education coordinators facilitators and nominated persons It would also be suitable for lecturers delivering core modules for Diploma Degree Masters and Dissertations Leontia Hoy Course Director Bsc Hons Graduate Diploma Post Graduate Diploma Specialist Practice School of Nursing Queens University Belfast This popular book is an essential companion for supporting and supervising student nurses in clinical practice The book examines the theory of supervision and the underlying principles of teaching and assessment in nurse education and includes case studies tools and interventions that can be used in clinical practice Key areas covered include The new NMC standards for supervision and assessment as well as the history and politics of student nurse mentorship Effective practice supervision the role of the supervisor and the practicalities such as the importance of forming effective working relationships and communication skills Clear guidance on best teaching and assessment practice with practical examples and techniques An examination the importance and methodology of giving good feedback Fostering successful placement experiences and supporting a range of students with varying learning needs including best practice in supporting a struggling student Fully updated in this third edition the book simplifies the theory delivering practical guidance on best practice in student support and includes insights from students and supervisors Danny Walsh was a mental health nurse for over 40 years and a senior nurse lecturer for more than 15 He has published widely in the fields of nurse education and dementia care

### **How to Use Work Group Supervision to Improve Early Years**

**Practice** Stella Louis, 2020-09-29 How to Use Work Group Supervision to Improve Early Years Practice presents a new model for supervision as a collaborative process and explores how this process can benefit practitioners at all stages in their career to reflect on and improve their own practice Supported by detailed case studies which contextualise Work Group Supervision Louis offers practical support which will help practitioners develop their knowledge and skills and to work together to develop a shared understanding and more successful practice Louis covers a range of insightful topics to help practitioners utilise the Work Group Supervision method to improve their practice including What Work Group Supervision is and how it can help practitioners How to develop self understanding and professional practice Theories on child observation and using observation to tune into children The importance of respectful interactions as a leader and among peers How to Use Work Group Supervision to Improve Early Years Practice is ideal for Early Years practitioners and teachers managers of Early

Years settings and students on courses for leadership in Early Childhood settings      **Oxford Guide to Brief and Low Intensity Interventions for Children and Young People** Sophie Bennett,Pamela Myles-Hooton,Jessica Schleider,Roz Shafran,2022-06-23 Many children with mental health problems do not receive support and there are often extensive waiting lists for Children and Young People s Mental Health Services which are increasingly overstretched Unfortunately a large proportion of children with mental health disorders do not access evidence based treatment Low intensity psychological interventions are now recommended by a number of national guidelines and in the UK are being implemented by a new workforce of Child Wellbeing Practitioners CWP's The Oxford Guide to Brief and Low Intensity Interventions for Children and Young People provides a comprehensive resource for therapists services and training providers regarding the use delivery and implementation of brief and low intensity psychological interventions within a child and adolescent context It includes concise focused chapters from leading experts in the field combining the most up to date research with practical considerations regarding the delivery of low intensity interventions The first of its kind this book will be an indispensable resource for practitioners services and training courses internationally      *The Trainee Handbook* Robert Bor,Mary Watts,2010-12-21 Written by a team of leading trainers practitioners and supervisors this bestselling book provides all the help and advice you ll need as you start and progress through your training in counselling and psychotherapy It will also be an essential resource as you go on to take your first steps into therapeutic practice The book identifies and guides you through the practical skills and knowledge you ll need to make a success of your training from writing essays through case formulation and on to preparing for your first meeting with a client A further important function of the book is to address and allay the concerns which are common to all students Now in its third edition The Trainee Handbook has been fully updated to take account of the significant changes that have taken place in the therapy professions over the last few years It now also includes new and important chapters on the dynamics and practicalities of facilitating client referral the processes involved in assessing a client s mental state and useful tips and hints from former trainees The Trainee Handbook will be an invaluable companion and source of information and guidance for all trainees in counselling psychotherapy and counselling psychology      *The SAGE Handbook of Counselling and Psychotherapy* Colin Feltham,Ian Horton,2012-01-20 Electronic Inspection Copy available for instructors here At about 700 pages and with contributions from more than 100 authors the editors have shown considerable skill not to mention application in sculpting a text that is economically delivered and lucid in its writing Dave Mearns Professor Emeritus University of Strathclyde Glasgow The field of counselling and psychotherapy moves on but The Sage Handbook of Counselling and Psychotherapy keeps up Professor Sue Wheeler Director of the Doctoral Programme Institute of Lifelong Learning University of Leicester This book is the definitive text on the theory and practice of counselling and psychotherapy The editors are to be commended Professor Robert Bor CPsychol FBP's CSci UKCP Reg FRAeS Lead Consultant Clinical Counselling Health Psychologist Royal Free Hospital and Co Director Dynamic

Change Consultants [www.dccclinical.com](http://www.dccclinical.com) The what's what from the who's who in counselling in psychotherapy Professor Del Loewenthal RCTE University of Roehampton This long awaited third edition brings together the fundamentals of counselling and psychotherapy theory research skills and practice It addresses what every successful trainee or practitioner needs to know do think feel and use in a way that is entirely comprehensive accessible and jargon free Including new material on interpersonal psychotherapy cognitive analytic therapy pluralistic therapy and mindfulness as well as body psychotherapy hypnotherapy Asperger Syndrome ADHD and low self esteem this book continues to be essential reading for trainees or experienced practitioners alike Colin Feltham is Emeritus Professor of Critical Counselling Studies Sheffield Hallam University Fellow of the British Association for Counselling and Psychotherapy BACP Senior Registered Practitioner and former co editor of the British Journal for Guidance and Counselling Ian Horton is now retired and was Principal Lecturer in Counselling and Psychotherapy at University of East London Chair of the UKRC Executive a BACP accredited counsellor and UKRC registered independent counsellor He is a fellow of the BACP

**The Virtual Group Therapy Circle** Haim Weinberg, Arnon Rolnick, Adam Leighton, 2023-10-10 This book provides group therapists and counselors with the necessary knowledge and help to develop their skills in effectively conducting online groups Group therapy represents the most efficient utilization of the scarce resource of mental health interventions Online settings dramatically increase the dissemination of this approach This book identifies the diverse challenges and suggests solutions in remote group therapy for specific therapeutic approaches such as psychodynamic relational psychodrama CBT ACT and group supervision The contributing authors explore specific issues that anyone who conducts groups online should be aware of Using a group therapy lens this book develops further the ideas and areas explored in the authors previous books Theory and Practice of Online Therapy and Advances in Online Therapy

**Supervising the Counsellor** Steve Page, Val Wosket, 2013-03 Provides an excellent framework for organising the supervision process as well as clear guidance for those seeking competent supervision in counsellor training

**Supervision in the Mental Health Professions** Joyce Scaife, 2003-08-29 Draws on over two decades of experience to illustrate ways of thinking about and doing supervision Using practical examples she explores often encountered dilemmas

**Supervisor Training** Penny Henderson, 2018-03-26 Considering how much experience there now is in providing supervisor training in the UK relatively little has been written about it This book creates a lively and readable resource that will be informative and inspirational for those planning for the future of training for supervisors of counsellors or who create teach on or apply for supervisor training The structure and content will invite reflection on the training issues that the authors address It is intended to be consciously forward looking in a period of rapid development and is designed to highlight differences between providers as well as the approaches and ideas they share It is the work of many authors all of whom are or have been involved in supervisor training in the UK The book should also be of interest to colleagues involved in training supervisors in other contexts and allied professions social work medical and

nursing professions coaching and teaching It spans a range of theoretical approaches to supervisor training and authors thus inevitably write from quite different basic assumptions about supervision      *Online Supervision* Anne Stokes,2023-04-21 As online therapy becomes more mainstream the importance of using a means of supervision which parallels this is increasingly being recognised by practitioners and the professional bodies Very little has been written about this newly developing way of working so this book is timely *Online Supervision A Handbook for Practitioners* covers a wide range of issues from the practical aspects of how supervision happens through research legal and ethical issues to specific therapeutic settings and issues Existing models of supervision are considered in the context of the online setting and new models which have been developed specifically for supervising online are explored All chapters are authored by experienced online therapists and supervisors who bring their considerable knowledge from their practice to illuminate this growing area of the profession In many chapters anonymised case examples illustrate the text alongside reflective activities which readers can choose to undertake While the book aims to develop the practice of online supervision of online therapists it is recognised that there are circumstances which mean that some practitioners may choose to engage in online supervision of their face to face work This is recognised and guidelines for offering and engaging in online supervision are discussed Many practitioners begin to offer online supervision without specialised training and the final chapter centres on a discussion about the value and necessity of undertaking preparation for working in a new medium *Online Supervision A Handbook for Practitioners* will be highly readable and accessible to both experienced practitioners and newcomers to this field      *Handbook of Coaching Psychology* Stephen Palmer,Alison Whybrow,2018-11-16 *The Handbook of Coaching Psychology A Guide for Practitioners* provides a clear and extensive guide to the theory research and practice of coaching psychology In this new and expanded edition an international selection of leading coaching psychologists and coaches outlines recent developments from a broad spectrum of areas Part One examines perspectives and research in coaching psychology looking at both the past and the present as well as assessing future directions Part Two presents a range of approaches to coaching psychology including behavioural and cognitive behavioural humanistic existential being focused constructive and systemic approaches Part Three covers application context and sustainability focusing on themes including individual transitions in life and work and complexity and system level interventions Finally Part Four explores a range of topics within the professional and ethical practice of coaching psychology The book also includes several appendices outlining the key professional bodies publications research centres and societies in coaching psychology making this an indispensable resource Unique in its scope this key text will be essential reading for coaching psychologists and coaches academics and students of coaching psychology coaching and mentoring and business psychology It will be an important text for anyone seeking to understand the psychology underpinning their coaching practice including human resource learning and development and management professionals and executives in a coaching role      **Integrative Approaches to Supervision** Ms Margaret Tholstrup,Dr Michael

Carroll, 2001-03-30 The contributors to this informative book consider the nature of a supervision and examine the ways in which it can be further defined and developed Drawing together practical and theoretical perspectives Integrative Approaches to Supervision examines the contribution that supervision can make within both organisational and individual settings The Routledge International Handbook of Couple and Family Therapy Katherine M. Hertlein, 2023-10-31 The Routledge International Handbook of Couple and Family Therapy is a comprehensive text that promotes innovative frameworks and interventions in couple and family therapy from a cross cultural perspective A diverse range of international contributors explore the role that demography regionality cultural and political crises and policy have on the issues faced by couples and families Collectively the chapters articulate unique ideas in conceptualizing the needs of families with international backgrounds adapting the current models and frameworks to work with this population most effectively The text is split into four sections covering personal voices and philosophical perspectives theory and models specific applications with international populations and emerging perspectives This handbook is essential for individual practitioners researchers psychotherapists and related mental health professionals as well as academics with an interest in working with couples and families *EBOOK: An Introduction to Counselling and Psychotherapy: Theory, Research and Practice* John McLeod, 2019-09-05 John McLeod's bestseller provides a comprehensive research informed overview of the theory and practice of counselling and psychotherapy This new edition has been expanded to cover emerging aspects of contemporary practice such as debates around neuroscience and integration third wave cognitive behavioural therapies such as ACT mindfulness and FAP the experience of being a client motivational interviewing interpersonal psychotherapy social dimensions of therapy leaving therapy gender and sexuality spirituality and key counselling and therapeutic skills and techniques This sixth edition has been fully updated and revised throughout and is separated into a four part structure for easy navigation Each chapter also enhances learning with the following resources Case studies Landmark and contemporary research studies Topics for reflection and discussion Suggested further reading An Introduction to Counselling and Psychotherapy has been the book of choice for students and tutors on introductory courses for over 25 years Professor John McLeod's Introduction to Counselling and Psychotherapy is a classic text In providing a comprehensive perspective on the field it goes well beyond being a mere introduction Not only does it deliver an encyclopaedic amount of information but it also presents this information in an incredibly captivating manner There is simply no other book on the topic to match it This new edition truly faithful to its predecessors maps new innovations in the context of previous generations viewpoints This is the book on counselling and psychotherapy Ladislav Timulak PhD Course Director Doctorate in Counselling Psychology Trinity College Dublin John McLeod has a talent for bringing readers into intimate contact with the experience of another person's experience Through his evocative descriptions accessible language and plentiful examples you will find yourself looking through the eyes of both clients and therapists and developing a depth of understanding about important processes



in psychotherapy His position at the vanguard of psychotherapy research allows him to bring to life the practice of psychotherapy while posing research questions and stimulating curiosity about findings His valuing of varied approaches to psychotherapy invites the reader to connect with diverse perspectives and consider their own beliefs Heidi M Levitt PhD University of Massachusetts Boston USA

**Developing Leadership Excellence** Tracey Harris, 2018-06-27 Professional Supervision is a core component of maintaining professional practice and accreditation for many professions particularly in the community and human services sector Professions such as Social Workers Occupational Therapists Physiotherapists Teachers Nurses Midwives Doctors Counsellors and Psychologists are encouraged to access regular professional supervision as part of maintaining professional standards in their role engage self care promote ongoing growth and development and meet organisational requirements Throughout her career Tracey Harris had had a passion for the role that professional and operational supervision has in the workplace She has developed a systematic framework that ensures supervision remains effective and sustainable over time As part of the supervision platform and system Tracey has developed a range of unique resources tools and documents for beginning supervisory practitioners to assist them to develop the necessary skills to feel confident and supported in their new role She has developed seven integrated supervision models that provide a common language framework for all roles in the organizational and business context **Developing Supervisory Excellence A Practice Guide for the New Professional Supervisor** is the first text of its kind to integrate the existing frameworks of supervision into a comprehensive model of practice providing new supervisors with a clear procedural and practice guide for conducting professional and operational supervision In addition it provides new supervisors with a range of resources to support record track and evaluate the supervision process and outcomes This book Outlines the different types of supervision and provides reflective questions to encourage new supervisors to reflect on what supervision is its purpose what it hopes to achieve and explores what inadequate supervision looks like Provides new supervisors with a guide on what to look for in quality training what key topics are useful in training and concludes with reflective questions for new supervisors to consider when thinking about engaging in training Provides a detailed analysis of the benefits of providing and engaging in professional supervision Provides key information for new supervisors about how to set up supervision and build rapport in the supervisory relationship Explores how to maintain professional boundaries and the process of providing and receiving helpful feedback Outlined and provides examples of relevant documents to use in supervision given the ethical and industrial nature of supervision Discusses the value of evaluating professional supervision and includes reflective questions for supervisors to consider as they develop a framework for evaluation Discusses the core differences between the supervision styles and how to manage the dual role of line and professional supervisor Outlines an example framework for assessing competency and capability for new supervisors

**An Introduction to Counselling and Psychotherapy** Andrew Reeves, 2022-04-27 This latest edition introduces you to the fundamentals of counselling and psychotherapy accompanied by fresh research perspectives

and case studies ensuring comprehensive and up to date coverage of the context theories skills and practice of counselling professions This book also covers the latest developments in the world of counselling and psychotherapy including Online counselling and psychotherapy Social justice approaches and the political positioning of therapy Updated content and reading lists addressing diversity inclusivity and decolonisation The Introduction is designed to support and expand your learning and development with features such as discussion questions prompts for reflection case examples and further reading Beyond the pages of the book there is a complementary set of extensive online resources including further case studies journal articles and videos From newly enrolled to starting your practice placement this book is the perfect companion for your counselling training and beyond

**Being Critically Reflective** Fiona Gardner, 2014-07-04 Many students and practitioners are familiar with critical reflection but struggle to make space for it in their everyday practice This book provides an accessible and practical introduction not only to doing critical reflection but to being critically reflective It demonstrates how reflective capacity can be developed in different practice contexts and applied productively to supervision teamwork and interprofessional working It outlines the different theoretical underpinnings and methods of critical reflection exploring the use of visual images writing techniques and group meetings It is rich with engaging case studies and questions for the reader that will help them to make critical reflection an integral part of their everyday practice This book is an ideal guide to dealing with challenge and change across a range of social and healthcare services including social work nursing youth and community work counselling and allied healthcare professions

**Getting the Message Across** Jennifer Wiggins, Anna Middleton, 2013-01-21 Communicating with patients about genetic concepts is fraught with complications In addition to the hazy takeaway messages and the likelihood of peripheral findings the diverse cultural backgrounds of patients in a genetics clinic present another layer of challenge for clinicians and genetic counselors in their aim to communicate important findings effectively and respectfully This book provides practical advice to assist genetic counselors geneticists and other health professionals wanting to engage appropriately with different clients from different communities patients who are hearing and or visually impaired patients with diverse sex development or religious backgrounds and those who are available only through interpreter or telephone consultation With chapter based practical entries on effective communication with these and other diverse population groups this volume is an invaluable pocket tool for clinicians and counselors to effectively get the message across

Discover tales of courage and bravery in is empowering ebook, Stories of Fearlessness: **Group Supervision A Guide To Creative Practice Counselling Supervision Series** . In a downloadable PDF format ( \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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