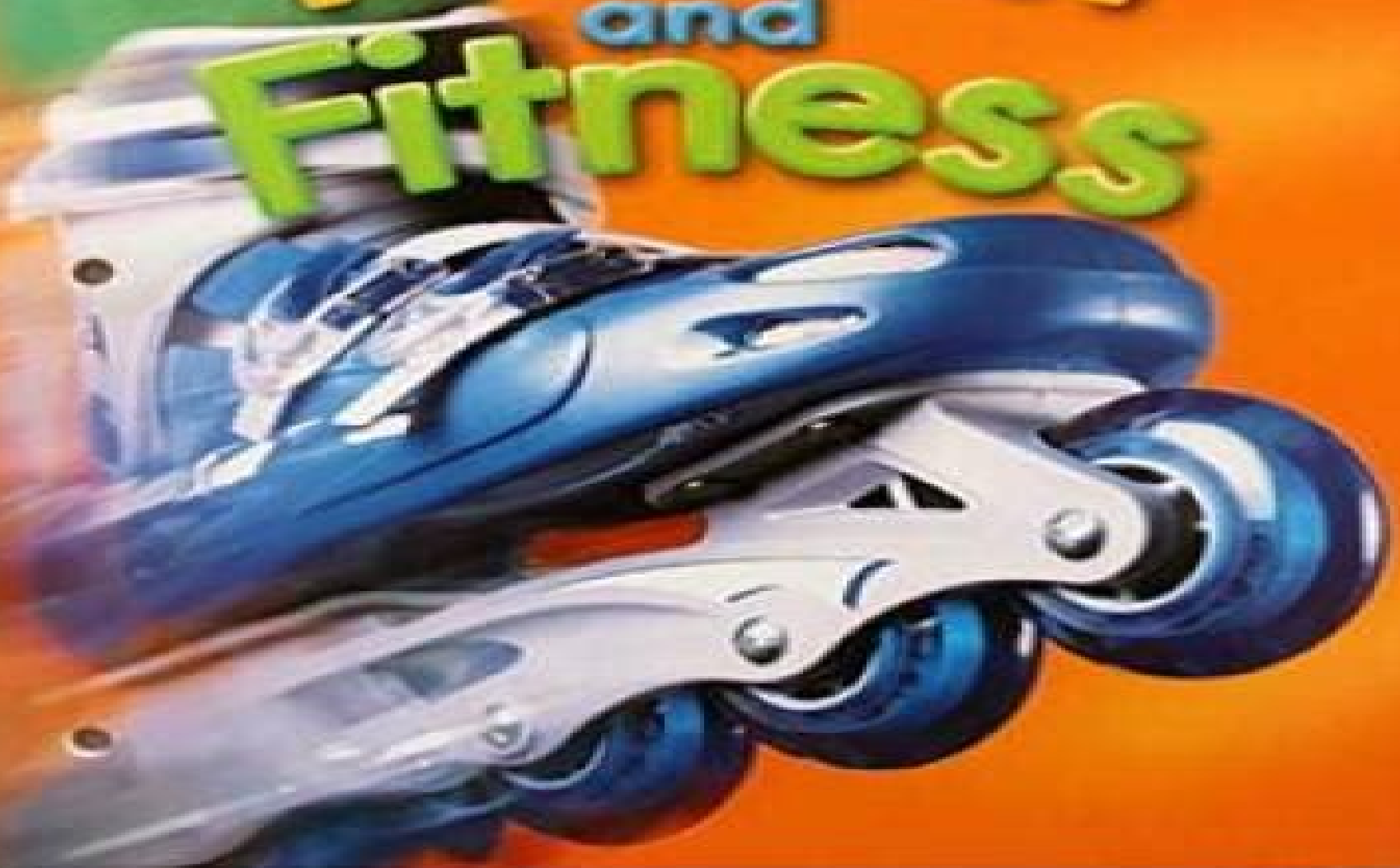


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# Health and Fitness



# Harcourt Health And Fitness Pacing Guide

**Mike Jess**



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