

making
LOVE
AGAIN



Hope for Couples
Facing Loss of Sexual Intimacy

VIRGINIA AND KEITH LAKEN

Foreward by David M. Barrett, M.D.

Making Love Again Hope For Couples Facing Loss Of Sexual Intimacy

L Darling-Hammond



Making Love Again Hope For Couples Facing Loss Of Sexual Intimacy:

Making Love Again Virginia Laken, Keith Laken, 2002 A married couple tell the story of they dealt with the husband s sexual dysfunction brought on by a radical prostatectomy at the age of forty nine revealing the solutions that have brought them closer together and offering further resources and support groups that can be found on both the Internet and through local and national organizations

The Sex-Starved Wife Michele Weiner Davis, 2008-12-30 Arguing against popular misconceptions that blame women for unfulfilling sexual relationships a practical guide identifies the biological and psychological factors that compromise a man s sex drive while suggesting practical strategies for promoting healthier levels of intimacy

As Time Goes By Abigail Trafford, 2010-01-12 People today are living longer and healthier lives than at any other time in history with profound implications for the nature of their romantic relationships In this inspiring new book best selling author Abigail Trafford describes how people over fifty are rewriting the script of love and in the process redefining the institution of marriage for future generations Drawing on interviews with hundreds of men and women married and single gay and straight she shows how the unprecedented period of vitality after midlife but before traditional old age is much more complicated romantically and sexually than those glossy images of gray haired people on the beach would suggest And she reveals how today s fifty plus men and women are raising the bar on marital satisfaction They are more likely to break up an unhappy liaison than previous generations and they are more freewheeling in finding new formulas for romantic satisfaction Trafford deftly narrates what it means to love and be loved in the decades after midlife and she offers solutions to the most common problems that define this time of life Whether she s shedding light on retired spouse syndrome sharing stories of sexual turmoil explaining how to plan a marital time out or navigate the troubled waters of divorce Trafford s wise and compassionate counsel is imbued with her signature warmth and reassurance *As Time Goes By* is an urgently needed guide to the pursuit of love and happiness in this dynamic stage of life

From Boys to Men Emily Senay, Rob Waters, 2010-05-11 THE GROUNDBREAKING GUIDEBOOK ON THE HEALTH OF BOYS AND MEN FOR THE WOMEN WHO LOVE THEM Men are likely to die on average nearly six years earlier than women and they have higher mortality rates for many of the leading causes of death in America including heart disease accidents suicide chronic liver disease and cancer The women in their lives mothers wives girlfriends sisters and daughters are traditionally charged with managing their health concerns *From Boys to Men* is a unique resource designed to arm women with much needed information about men s health issues and to help them educate their male loved ones on how to take care of themselves Filled with Dr Senay s expert medical advice personal anecdotes and a healthy dose of humor *From Boys to Men* will resonate with women of every age and stage of life TOPICS INCLUDE BOYS Health issues unique to infants the most dangerous threats to teenage boys learning disabilities and developmental disorders gender issues sportsmanship body image sex and sexuality MEN Preventative care emotional needs and disorders stress and depression high cholesterol and blood pressure coping with

illness sexual dysfunction and more

100 Questions & Answers About Women's Sexual Wellness and Vitality: A Practical Guide for the Woman Seeking Sexual Fulfillment Michael L. Krychman, 2009-04-17 **Sexual Disorders**

Peter J. Fagan, 2004-01-13 Sexual disorders may arise from multiple causes Their clinical assessment diagnosis and treatment must take into account the patient's underlying biology history and behaviors Using an approach pioneered at the Johns Hopkins Medical Institutions Peter Fagan applies the four perspectives of psychiatry disease dimension behavior and life story to the diagnosis and treatment of sexual disorders This book offers therapists an efficient and clinically proven way to organize the range of theoretical methodologies currently available presenting a framework that is both conceptually cohesive and readily applicable in clinical settings After an introduction each chapter offers a case study followed by an analysis based on one perspective methodology as well as a discussion of the clinical implications of that perspective The book closes with a chapter integrating the approaches This book will be of interest to mental health care professionals including psychiatrists psychologists and social workers who treat patients with sexual disorders

Sex Matters for Women Sallie Foley, Sally A. Kope, Dennis P. Sugrue, 2011-12-13 A guide to help women understand how their bodies work and to take charge of their sexuality discussing anatomy body image trauma overcoming difficulties and related topics

Desire Lauren Fogel Mersy, Jennifer A. Vencill, 2023-08-22 A radically inclusive sex positive guide to managing the inevitable libido differences in our relationships authored by two certified sex therapists who are passionate about good sex 2024 Distinguished Book Award Winner selected by the American Psychological Association's Division 44 Desire invites readers of all ages genders sexual orientations and relationship structures to shed the shame and misinformation that surround the topic of sex and instead learn from 2 certified sex therapists about how libido really works Desire differences are one of the most common relationship issues yet with fewer than 1 100 certified sex therapists in the country it can be difficult to find help This essential book breaks the mold of the sex self help genre which typically focuses only on cisgender women Through the authors expert guidance readers will learn about embracing a more expansive definition of sex identifying various factors that can impact libido managing anxiety around sex one of the biggest libido killers the structural oppressions from cisnormativity to heteronormativity to compulsory sexuality to minority stress that affect our libido and much much more It rejects the narrow heteronormative staircase model of sex a way of thinking where many relationships get stuck It integrates evidence based relationship therapy techniques for better communication around sex Included are dozens of techniques exercises checklists and journal prompts for readers to use at their own pace to fit their needs including mindfulness body mapping and sensate focus Whatever your identity sexual practices or reason for picking up this book Desire will help you reach your personal sexual health goals

Simples métodos de control de la natalidad Barbara Kass-Annese, R.N., C.N.P., Hal C. Danzer, M.D., 2003-05-22 This book gives specific instruction on the use of two methods of family planning Natural Family Planning and Fertility Awareness Method These methods give couples natural choices 1 To

avoid pregnancy you can determine when you are infertile and have sexual intercourse without conceiving 2 To become pregnant you can track the days of the month when you are most fertile and have intercourse when you are most likely to conceive 3 These safe non invasive techniques can be used by themselves or combined with other contraception methods 4 The techniques are noninvasive have no side effects and carry no danger of toxic infection or cancer The authors experts in fertility awareness have completely revised and updated this newly titled edition of the book The new material includes several new examples of natural birth control and the fertility awareness method with illustrations The book contains 40 charts for readers to use The book is written in an accessible style and contains edifying case studies *Boomer's Guide to Sex that (still) Sizzles* Rene Hollander, Michael Graubart Levin, Francine Hornberger, Michael K. Levine, 2003 Designed for baby boomers this informative guide shows readers how to revitalize their sex lives with old and new techniques and how to cope with physical and emotional changes that come with time 40 photos *Sex & Love for Grownups* Sallie Foley, 2005 Collects questions sent to AARP The Magazine's Modern Love column and provides answers and discussion on such topics as sex love and relationships at age 40 and beyond *Older GLBT Family and Community Life* Christine Fruhauf, Dan Mahoney, 2019-07-09 It is a well known fact that our population of persons aged 65 and over are growing at a faster rate than any other demographic Older adults are now living longer more complex lives than previous generations Recent census data confirms the emergence of a growing more visible older Gay Lesbian Bisexual and Transgendered GLBT community In spite of the diversity that now exists in older GLBT communities very little is known about their contemporary experiences and healthcare needs What is needed is a more inclusive understanding of older GLBT family and community life As a result this book will educate community professionals about the experiences of older GLBT adults and the issues they face within their families and communities In particular physical and mental health family relationships and individual development are explored in this textbook This multidisciplinary approach to GLBT aging will also benefit undergraduate students graduate students and academics specializing in anthropology education family studies gerontology health studies human development psychology social work and sociology For that matter anyone currently researching or working with older sexual communities This book was published as a special issue of the Journal of GLBT Family Studies Handbook of Clinical Sexuality for Mental Health Professionals Stephen B. Levine, Candace B. Risen, Stanley E. Althof, 2016-01-13 The Handbook of Clinical Sexuality for Mental Health Professionals 3rd Edition builds on the authors authoritative first person voice on sexual matters of the previous editions The work reflects the field's growing sophistication about sexual disorders and their therapies The scope has been expanded to keep pace with new literature and research in the field and eight additional chapters have been added New topics include the politics of diagnosis persistent genital arousal asexuality post orgasm illness scientific findings concerning origin of orientation and partnering with the pharmaceutical industry Easily accessible the Handbook is divided into sections that touch on fundamental knowledge and skills treatment men's major sexual

concerns women's major sexual concerns problems common to both genders the diversity of sexual lives and future and trending topics Written in a personal supervisory style the book will help new therapists anticipate clinical contingencies and help experienced therapists refine their thinking and teaching *Sexual Dysfunction* S. Michael Plaut, Alessandra Graziottin, 2004 This book provides a well rounded overview of sexual dysfunction its evaluation and its treatment in both men and women The book's many strengths include a practical approach to communicating with patients and diagnosing their problems checklists acting as at a glance reminders for clinicians and a list of further resources for both clinicians and patients A team of experts working in close cooperation combined the disciplines of mental health therapy gynecology and urology to produce this book with the aim of giving primary care providers the information they need to extend their own knowledge skill and comfort in dealing with sexual dysfunction and the ability to recognize when to refer **A Man's Guide to Healthy Aging** Edward H. Thompson Jr., Lenard W. Kaye, 2013-11-25 Explores all aspects of health as men reach middle age and beyond As they reach middle age most men begin looking forward to what's next They gear up to experience renewed productivity and purpose and are more conscious of their health A Man's Guide to Healthy Aging is an authoritative resource for them and for older men as well In collaboration with a variety of medical experts the authors provide a comprehensive guide to healthy aging from a man's perspective Edward H Thompson Jr and Lenard W Kaye a medical sociologist and a gerontologist and social worker offer invaluable information in four parts Managing Our Lives describes the actions men can take to stay healthy Here is information about how to eat well reduce stress and stay active for better overall health Mind and Body considers how physical health and state of mind are connected It explores sleep drug and alcohol use spirituality and attitudes about appearance and explains how all of these factors affect mental health Bodily Health examines how body systems function and what changes may occur as men age It covers the body from head to toe and reviews how to manage chronic diseases such as cancer diabetes and heart conditions Living with Others shows the importance of interacting with friends and family Topics include sexual intimacy friendship and caregiving as well as how men can make the best decisions about end of life issues for themselves and their loved ones Refuting the ageist stereotype that men spend their later years winding down this book will help men reinvent themselves once twice or more by managing their health creating new careers and contributing their skills and experiences to their communities **Prostate and Urological Disorders Sourcebook** Karen Bellenir, 2006 Provides information about prostate cancer and other prostate problems such as prostatitis and benign prostatic hyperplasia **Health** , 2002-03 [Planet Cancer](#) Heidi Di Adams, Christopher Schultz, 2010-09-01 Tapping the collective wisdom of the young adult cancer community Each year nearly 70 000 young adults between 18 and 40 are diagnosed in the United States with cancer While there are many sources of information for patients the special concerns of this age group are rarely discussed One remarkable exception is PlanetCancer.org For nearly a decade those in this gap age have sought out this online community for resources networks and support from those who

have been there and done that Planet Cancer is an honest down to earth guide to living in this new world from Diagnosis to Post Treatment Each chapter is informed by Planet Cancer s voice authoritative funny friendly no nonsense Experts address issues from all sides around bedrock What It s Really Like essays deeply personal unflinching and often hilarious pieces written by people who actually experienced on Planet Cancer things like banking sperm adopting a child or undergoing brain radiation The book enlivened with quotes and real life stories from Planet Cancer members gives the uninitiated a sense of community and removes some of the mystery and fear of the unknown Planet Cancer is now a LIVESTRONG initiative □

Alert: The Importance of Sex in Marriage □ Adriano Leonel ,2025-09-25 Alert The Importance of Sex in Marriage Marriage is in crisis Pornography destroys homes infidelity tears hearts apart silence corrodes relationships and millions of couples around the world are separating because they don t know how to deal with the challenges of intimacy But there is hope This book isn t just about sex or marriage It s about healing restoration and real transformation It s an invitation to immerse yourself in intimacy as God intended pure pleasurable respectful intense and eternal Here you will discover What the Bible teaches about sex and the sanctity of the marriage bed How to overcome destructive addictions like pornography and infidelity The secret of happy couples who stay together despite the storms Practical techniques to rekindle passion restore pleasure and rediscover the touch that heals The power of prayer in marriage and the strength of placing God at the center of the relationship More than a guide this book is an urgent warning and a real promise Urgent because thousands of marriages end every day due to neglect and lack of knowledge A promise because it is possible to restore lost intimacy rebuild trust and live a solid happy and lasting marriage Written with the truth of someone who has faced the weight of pornography the pain of betrayal and the emptiness of guilt but has also experienced the liberating power of forgiveness and God s grace Each page is designed to touch your soul confront your mind and transform your heart This book is for Men and women who desire to restore their intimacy Couples seeking to deepen their love and strengthen their bond People who want to learn how to overcome temptation and live faithfully Anyone who believes that a marriage can last forever when God is at the center Available for free in 247 languages this book is born global designed to reach couples across all cultures because true love knows no borders If you re ready to close the door on a painful past and open the windows to a future of complicity respect pleasure and peace then this book is for you Download now and discover the secret of happy couples Because those who tend their garden reap flowers all year long *Bibliographic Index* ,2004

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