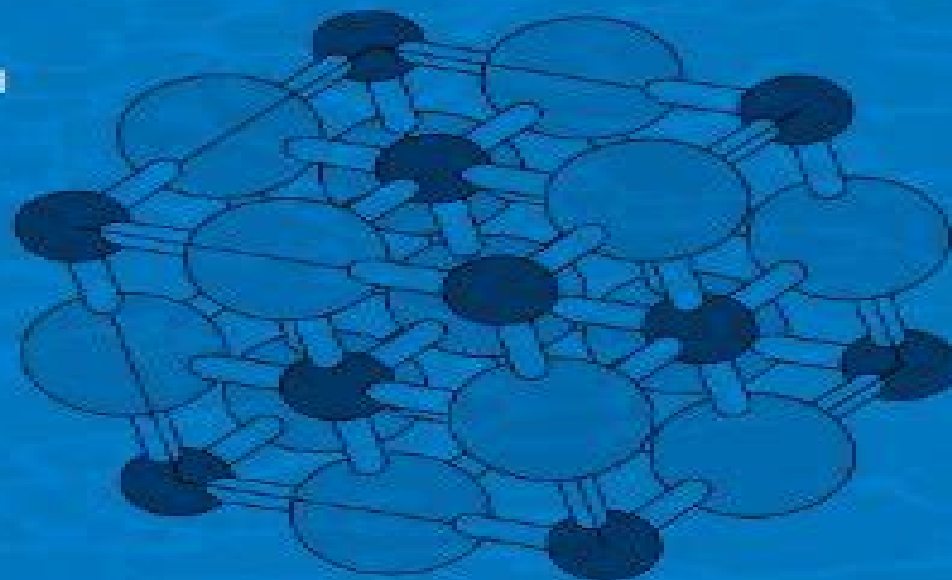


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Handbook of

Advanced Ceramics

Materials, Applications, Processing, and Properties

Second Edition



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least 30 minutes before going to warm up for the race

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