

Guide to Good Food
Chapter 6
HUM-FNW-7

HUM-FNW-7: Analyze food safety and sanitation practices from production to consumption.

Complete these statements **in another color** as you read Chapter 6.

1. Most foodborne illnesses are caused by _____, or substances that may be harmful that have accidentally gotten into food.
2. Many foodborne illnesses are caused by single-celled or noncellular microorganisms called _____.
3. Unlike most other foodborne illnesses, which mainly affect the digestive system, botulism affects the _____ system.
4. Besides bacteria, _____ and _____ transmitted by food can cause illness.
5. Certain varieties of mushrooms and leaves of the rhubarb plant are examples of foods that have _____.
6. Wash hands thoroughly before beginning to work with food and after sneezing, coughing, using the _____ or touching any unsanitary object.
7. _____ occurs when harmful bacteria from one food are transferred to another food.
8. Always keep hot foods above _____ ° F.
9. Always keep cold foods cold—below _____ ° F.
10. When cooking for a large crowd, divide food and place it in small, shallow containers for quicker _____ and _____.
11. Most of the foodborne illness cases reported each year occur in _____.
12. The American Red Cross recommends storing at least a _____ - day supply of food and water for each family member to use during emergencies.
13. List the most common kitchen accidents:
 - a. _____
 - b. _____
 - c. _____
 - d. _____
14. _____ are especially susceptible to chemical poisoning because they often think poisonous household products look like food.
15. Knives, sharp appliances and broken _____ cause most kitchen cuts.
16. Apply firm _____ to wounds to stop bleeding.
17. Scalding liquids, splattering _____ and hot cooking utensils cause most kitchen burns.
18. When someone becomes burned, place the burned area immediately under cold running _____ or in a cold water bath.
19. Most kitchen falls result from unsteady step stools and _____ or _____ floors.
20. Faulty wiring, _____ electrical outlets and damaged appliances are common causes of electric shock.
21. A trapped object blocks a choking victim's airway, making it impossible for the victim to _____ or _____.
22. A procedure often used to save choking victims is the _____.

Guide To Good Food Chapter All Answers

M Lipman



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