

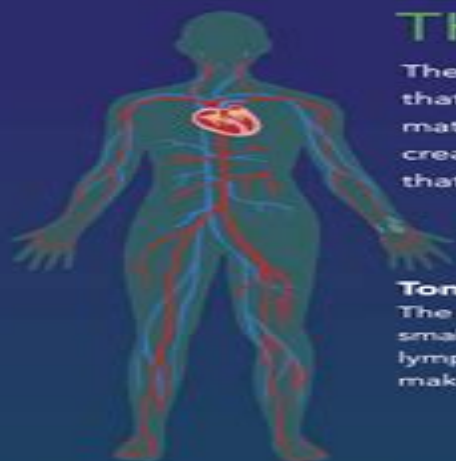


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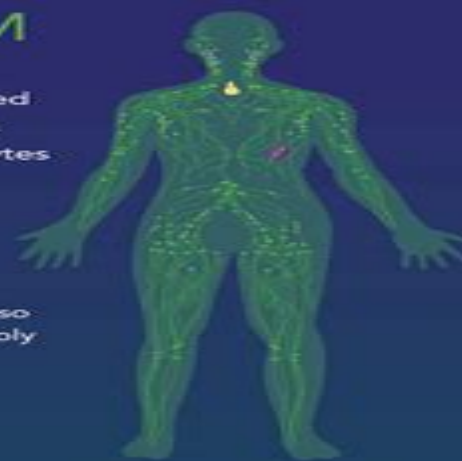
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## THE LYMPHATIC SYSTEM

The lymphatic system is a network of tissues and organs that help rid the body of toxins, waste and other unwanted materials. The tissues and organs in the lymphatic system create, store, and carry white blood cells called lymphocytes that fight disease.



CIRCULATORY SYSTEM



LYMPHATIC SYSTEM

### Tonsils:

The tonsils are two small masses of lymph tissue that make lymphocytes.

### Thymus:

Lymphocytes also grow and multiply in the thymus.

### Spleen:

The spleen makes lymphocytes to fight infection and disease.

White blood cells travel throughout the body in lymph (fluid) and are transported by a network of thin tubes called lymph vessels.

Lymphatic capillary



### Lymph Nodes:

Lymph nodes filter the lymph and store white blood cells to help fight disease.

# Guide The Lymphatic System

**Hussin A.Rothana**



## **Guide The Lymphatic System:**

**Lymphatic System (Speedy Study Guides)** Speedy Publishing, 2014-06-21 The lymphatic system is one of the more complex systems of the body. It is responsible for keeping a person's fluids balanced and putting fluids into the blood. It is also responsible for making leukocytes and antibodies to help fight infection and disease. A chart of how the lymphatic system works would show you all the capillaries, vessels, and nodes that make up the system. Some charts will even show you in detail how things flow in and out of each node and filter out through the body.

**Lymphatic System (Advanced) Speedy Study Guides** Speedy Publishing, 2014-07-15 The Human Lymphatic System is essentially the body's drainage system. A network of small structures and vessels called lymph nodes collects fluid from around the human body and gets it back into the blood circulation. Any biology student would benefit greatly from a pamphlet that explains the basic functions of the human lymphatic system.

**Lymphatic System** Speedy Publishing, 2014-09-02 Whether you are a nursing student or pre-med, there are many things that you will need to know. All the information you are required to learn can seem utterly overwhelming. Anatomy and physiology of the body, systems pharmacology, and biochemistry are just some of the classes you will be required to take. These courses and managing time will all but consume you. In most cases, there is no getting around the need for memorization. When studying the lymphatic system and all its vessels and cellular functions, it would be essential to have a study guide for quick and easy reminders.

**Mosby's Guide to Physical Examination** Henry M. Seidel, 2011-01-01 With a strong patient-centered approach to care and an author team comprised of nurses and physicians, Seidel's Guide to Physical Examination, 8th Edition, addresses teaching and learning health assessment in nursing, medical, and a wide variety of other health care programs at both undergraduate and graduate levels. This new edition offers an increased focus on evidence-based practice and improved readability along with integrated lifespan content and numerous special features such as Clinical Pearls and Physical Variations. Functional Assessment and Staying Well boxes. Evidence-Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care. Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills. Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients' functional ability. Staying Well boxes focus you on patient wellness and health promotion. Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions. Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings. Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology. Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data. NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students. NEW Updated content throughout provides you with

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and anxiety Improved skin tone and texture Reduced cellulite A slimmer appearance A more radiant complexion Enhanced sense of relaxation and well being Applications of Lymph Drainage Massage Edema Lymphedema Chronic pain Stress and anxiety Skin conditions Pregnancy and postpartum Cancer care Pet care Techniques for Lymph Drainage Massage Basic lymph drainage massage techniques Advanced lymph drainage massage techniques Self massage techniques for lymph drainage Incorporating lymph drainage massage into a massage routine Combining lymph drainage massage with other therapies Self Massage Techniques This book includes detailed instructions for performing self massage techniques on all areas of the body including the face neck arms legs and abdomen With regular self massage you can enjoy the many benefits of lymph drainage massage in the comfort of your own home Whether you are a healthcare professional a massage therapist or simply someone looking to improve your health and well being this book is the ultimate resource for lymph drainage massage If you like this book write a review on google books

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*The Rough Guide to Travel Health* Nicholas Cadwaladr Rutter Jones,Pema Sanders,Charles Easmon,2001 This work aims to offer in a single volume a comprehensive guide to healthy travel The first section offers useful pre travel information on such topics as inoculations and a suggested medical kit There is also a section aimed at travellers with special needs including the female pregnant or diabetic traveller There is an A to Z of diseases and health risks detailing symptoms and treatments a section on which health risks are most common in each part of the globe and how best to prepare for them and a directory of health contacts world wide including the latest online services

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