

Psychosocial Stress Series

*HANDBOOK OF STRESS,
TRAUMA, AND
THE FAMILY*



DON R. CATHERALL

Handbook Of Stress Trauma And The Family Psychosocial Stress Series

**Raymond M. Scurfield, Katherine
Theresa Platoni**



Handbook Of Stress Trauma And The Family Psychosocial Stress Series:

Handbook of Stress, Trauma, and the Family Don. R. Catherall, 2013-01-11 The Handbook of Stress Trauma and the Family is broken down into three sections compiling research theory and practice The first section focuses on how traumatic stress affects intimate others what familial characteristics affect individual susceptibility to trauma as well as evaluation of the effectiveness of various interventions The section on theory explores concepts of stress and intrapsychic processes underlying the intergenerational transmission of trauma addressing how families can buffer or enhance anxiety The final section entitled practice covers assessment presenting both the Circumplex Model and Bowenian family theory models treatment models and treatment formats for specific populations The major family treatment models applicable to stress and trauma are discussed including contextual object relations emotionally focused and critical interaction therapy Handbook of Stress, Trauma, and the Family ,2004 Helping Traumatized Families Charles Figley, Laurel Kiser, 2013-05-07 The new edition of the classic Helping Traumatized Families not only offers clinicians a unified evidence based theory of the systemic impact of traumatic stress it also details a systematic approach to helping families heal by promoting their natural healing resources Though the impact of trauma on a family can be growth producing some families either struggle or fail to adapt successfully Helping Traumatized Families guides practitioners around common pitfalls and toward a series of evidence based strategies that they can use to help families feel empowered and ultimately to thrive by developing tools for enhancing resilience and self regulation **The Compassion Fatigue Workbook** Françoise Mathieu, 2012-05-04 The Compassion Fatigue Workbook is a lifeline for any helping professional facing the physical and emotional exhaustion that can shadow work in the helping professions Since 2001 the activities in this Workbook have helped thousands of helpers in the fields of healthcare community mental health correctional services education and the military In addition to a comprehensive description of compassion fatigue and vicarious traumatization The Compassion Fatigue Workbook leads the reader through experiential activities designed to target specific areas in their personal and professional lives It provides concrete strategies to help the reader develop a personalized plan for identifying and transforming compassion fatigue and vicarious traumatization Topics covered include understanding compassion fatigue and vicarious trauma symptom checklist targeting areas for strategic planning understanding warning signs assessing contributing factors evaluating self care identifying triggers solutions personal professional and organizational strategies Family Stressors Don R. Catherall, 2005-07-05 This book is aimed at practitioners working with couples and families dealing with the impact of a traumatic stressful event with chapters considering events such as the loss of a child infertility in a couple sexual abuse of a partner traumatization of a parent traumatization of a child impact of a homicide and the impact of health problems of aging parents Therapists are continually faced with these issues in their practices and cases involving these situations are often among the most intense and emotionally demanding that they will confront One of the supports a therapist can have available when confronted with

such a situation is a practical guide to effective intervention This book would provide the practitioner with just that a hands on practical guide that deals with how to appropriately respond to each specific stressor that is outlined in the book Because each chapter is devoted to a different stressor the practitioner is able to easily reference the desired material in order to anticipate relevant issues and plan for an intervention that will be based on the solid experience these authors will bring to the book

Collective Trauma, Collective Healing Jack Saul, 2013-07-18 *Collective Trauma Collective Healing* is a guide for mental health professionals working in response to large scale political violence or natural disaster It provides a framework that practitioners can use to develop their own community based collective approach to treating trauma and providing clinical services that are both culturally and contextually appropriate The classic edition includes a new preface from the author reflecting on changes to the field and the world since the book's initial publication The book draws on experience working with survivors their families and communities in the Holocaust postwar Kosovo the Liberian civil wars and post 9 11 lower Manhattan It tracks the development of community programs and projects based on a family and community resilience approach including those that enhance the collective capacities for narration and public conversation Clinicians and community practitioners will come away from *Collective Trauma Collective Healing* with a solid understanding of new roles they may play in disasters roles that encourage them to recognize and enhance the resilience and coping skills in families organizations and the community at large

Treating Traumatic Stress Injuries in Military Personnel Mark C. Russell, Charles R. Figley, 2013-01-04 *Treating Traumatic Stress Injuries in Military Personnel* offers a comprehensive treatment manual for mental health professionals treating traumatic stress injuries in both male and female veterans It is the first book to combine the most recent knowledge about new paradigms of combat related traumatic stress injuries Figley Nash 2006 and offers a practical guide for treating the spectrum of traumatic stress injuries with EMDR which has been recognized by the Department of Veterans Affairs and Department of Defense clinical practice guidelines as one of the most studied efficient and particularly well suited evidence based treatments for military related stress injuries Russell and Figley introduce an array of treatment innovations designed especially for use with military populations and readers will find pages filled with practical information including appendices that feature a glossary of military terminology breakdowns of rank and pay grades and various clinical forms

Trauma, Culture, and Metaphor John P. Wilson, Jacob D. Lindy, 2013-08-15 In *Trauma Culture and Metaphor* John Wilson and Jacob Lindy explore the language of both individual and collective trauma in an era dominated by globalization and interconnectedness Through lucid careful discussion this important book builds a bridge between the etymology of trauma related terms commonly used in Western cultures and those of other cultures such as the Burundi Rwandan *ihahamuka* It also provides the clinician with a framework for working with trauma survivors using a cross cultural vocabulary one often based in metaphor to fully address the experienced trauma and to begin work on reconnection and self reinvention

Healing War Trauma Raymond Monsour Scurfield, Katherine Theresa

Platoni,2013-02-11 Healing War Trauma details a broad range of exciting approaches for healing from the trauma of war The techniques described in each chapter are designed to complement and supplement cognitive behavioral treatment protocols and ultimately to help clinicians transcend the limits of those protocols For those veterans who do not respond productively to or who have simply little interest in office based regimented and symptom focused treatments the innovative approaches laid out in Healing War Trauma will inspire and inform both clinicians and veterans as they chart new paths to healing

Family Stressors Don R. Catherall,2005-07-05 First Published in 2005 Routledge is an imprint of Taylor Francis an informa company **Disaster Mental Health Services** Diane Garaventa Myers,David F. Wee,2005 Disaster mental health is a growing field of practice designed to help victims and relief workers learn to effectively cope with the extreme stresses they will face in the aftermath of a disaster The goal of disaster mental health is to prevent the development of long term negative psychological consequences such as PTSD This book assists clinicians and traumatologists in making the bridge between their clinical knowledge and skills and the unique complex chaotic and highly political field of disaster It combines information from a vast reservoir of prior research and literature with the authors practical and pragmatic experience in providing disaster mental health services in a wide variety of disasters **Empathy in the Treatment of Trauma and PTSD** John P. Wilson, Ph.D.,Rhiannon Brywnn Thomas, Ph.D.,2004-11-23 Empathy in the Treatment of Trauma and PTSD examines how professionals are psychologically impacted by their work with trauma clients A national research study provides empirical evidence documenting the struggle for professionals to maintain therapeutic equilibrium and empathic attunement with their trauma clients Among the many important findings of this study all participants reported being emotionally and psychologically affected by the work often quite profoundly leading to changes in worldview beliefs about the nature of humankind and the meaning of life John P Wilson and Rhiannon Thomas set out to understand how to heal those who experience empathic strain in the course of their professional specialization The data included in the book allows for the development of conceptual dynamic models of effective management of empathic strain which may cause vicarious traumatization burnout and serious countertransference processes *Transcending Trauma* Bea Hollander-Goldfein,Nancy Isserman,Jennifer E. Goldenberg,2012 Based on 275 comprehensive life interviews of survivors of the Nazi Holocaust their children and their grandchildren Transcending Trauma illuminates universal aspects of the recovery from trauma and makes a vital contribution to our understanding of how survivors find meaning after traumatic events Treating Complex Trauma Mary Jo Barrett,Linda Stone Fish,2014-05-30 In Treating Complex Trauma renowned clinicians Mary Jo Barrett and Linda Stone Fish present the Collaborative Change Model CCM a clinically evaluated model that facilitates client and practitioner collaboration and provides invaluable tools for clients struggling with the impact and effects of complex trauma A practical guide Treating Complex Trauma organizes clinical theory outcome research and decades of experiential wisdom into a manageable blueprint for treatment With an emphasis on relationships the model helps clients move from survival mindstates

to engaged mindstates and as a sequential and organized model the CCM can be used by helping professionals in a wide array of disciplines and settings Utilization of the CCM in collaboration with clients and other trauma informed practitioners helps prevent the re traumatization of clients and the compassion fatigue of the practitioner so that they can work together to build a hopeful and meaningful vision of the future The Posttraumatic Self John P. Wilson,2007-12-11 Filling a gap that exists in most traumatology literature The Posttraumatic Self provides an optimistic analysis of the aftermath of a traumatic event This work appreciates the potentially positive effects of trauma and links those effects to the discovery of one s identity character and purpose Wilson and his distinguished contributors explore the nature and dynamics of the posttraumatic self emphasising human resilience and prompting continued optimal functioning While taking into consideration pathological consequences such as posttraumatic stress disorder PTSD the authors study the impacts a traumatic event can have on one s inner self and they help the victims transform such an event into healthy self transcendent lifecycles The Posttraumatic Self will help victims and healers transform the way they deal with the complexities of trauma by making important connections that will allow for healing and growth **School Rampage Shootings and Other Youth Disturbances** Kathleen Nader,2013-06-19 Together School Rampage Shootings and Other Youth Disturbances and its accompanying downloadable resources provide a complete toolkit for using early preventative interventions with elementary school age children In ten thoughtful clearly written chapters both new and experienced practitioners will find a wealth of research and evidence based techniques that link personal child and childhood environmental conditions to a number of symptoms disturbances and disorders in youth or adulthood including the expression of rampage violence In the second part of this indispensable collection the accompanying downloadable resources practitioners will find worksheets and handouts that translate useful techniques into reality and are sure to make any practice come alive *War Trauma and Its Wake* Raymond M. Scurfield,Katherine Theresa Platoni,2013 Decades after Charles Figley s landmark Trauma and Its Wake was published our understanding of trauma has grown and deepened but we still face considerable challenges when treating trauma survivors This is especially the case for professionals who work with veterans and active duty military personnel War Trauma and Its Wake then is a vital book The editors one a Vietnam veteran who wrote the overview chapter on treatment for Trauma and Its Wake the other an Army Reserve psychologist with four deployments have produced a book that addresses both the specific needs of particular warrior communities as well as wider issues such as battlemind guilt suicide and much much more The editors and contributors deep understanding of the issues that warriors face makes War Trauma and Its Wake a crucial book for understanding the military experience and the lessons contained in its pages are essential for anyone committed to healing war trauma *Violent Death* Edward K. Rynearson,2006-11-06 This book pulls together a definitive collection of work on the theory and practice of clinical spiritual and emotional support after the experience of violent death counseling beyond the crisis Over the past decade there have been countless publications devoted to crisis response crisis

intervention and counseling disaster mental health services and support for victims of traumatic events but almost none devoted to the response planning and community care for those individuals who continue to struggle with trauma and grief issues for more than a few months after a violent death The chapters in this volume written by national and international experts in the field provide the reader with the theoretical and clinical bases necessary for planning and implementing clinical and spiritual services to meet the needs of survivors witnesses family and community members of violent death

When the Past Is Always Present Ronald A. Ruden, 2011-01-19 When the Past Is Always Present Emotional Traumatization Causes and Cures introduces several new ideas about trauma and trauma treatment The first of these is that another way to treat disorders arising from the mind brain may be to use the senses This idea which is at the core of psychosensory therapy forms what the author considers the third pillar of trauma treatment the first and second pillars being psychotherapy and psychopharmacology Psychosensory therapy postulates that sensory input for example touch creates extrasensory activity that alters brain function and the way we respond to stimuli The second idea presented in this book is that traumatization is encoded in the amygdala only under special circumstances Thus by understanding what makes an individual resistant to traumatization we can offer a way of preventing it The third idea is that traumatization occurs because we cannot find a haven during the event This is the cornerstone of havening the particular form of psychosensory therapy described in the book Using evolutionary biological principles and recently published neuroscientific studies this book outlines in detail how havening touch de links the emotional experience from a trauma essentially making it just an ordinary memory Once done the event no longer causes distress Combat Stress Injury Charles R. Figley, William Nash, 2011-02-14 Combat Stress Injury represents a definitive collection of the most current theory research and practice in the area of combat and operational stress management edited by two experts in the field In this book Charles Figley and Bill Nash have assembled a wide ranging group of authors military nonmilitary American international combat veterans trainers and as diverse as psychiatrists psychologists social workers nurses clergy physiologists military scientists The chapters in this volume collectively demonstrate that combat stress can effectively be managed through prevention and training prior to combat stress reduction methods during operations and desensitization programs immediately following combat exposure

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










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