

Chapter 1: Introduction to the APTA Guide to Physical Therapist Practice

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The APTA Guide to Physical Therapist Practice is the American Physical Therapy Association's seminal resource describing physical therapist practice and the foundations upon which that practice is built. The primary audiences for the Guide include physical therapist and physical therapist assistant educators, students, and clinicians, with excerpts for external stakeholders such as legislators and payers.

The Guide has been divided into chapters to help users find specific content. Between content areas within each chapter you will see teal-colored headings that indicate more information for those who want to take a deeper dive into the topic. Click on the plus sign (+) on the right of the heading to access the information.

The Guide provides a:

- Description of the foundational, guiding principles and frameworks that underpin evidenced-based physical therapist practice.
- Description of what physical therapist practice can and should entail.
- Projection of the future of physical therapist practice.
- Description of physical therapists' and physical therapist assistants' educational preparation.
- List of potential roles physical therapists and physical therapist assistants can assume across a broad range of practice settings and opportunities.
- Diagnostic framework that includes examination and evaluation, tests and measures, and clinical decision-making models central to effective and efficient physical therapist practice.
- Description of interventions that physical therapists and physical therapist assistants under the direction and supervision of the physical therapist may implement as part of the management plan, and the critical role of outcome measures in determining the impact of the services provided.
- Description of career advancement opportunities post-graduation, for physical therapists (clinical specialization) and physical therapist assistants (advanced practice proficiency).
- Glossary of standardized terminology related to physical therapist practice.

Guide To Physical Therapist Practice Ptjournal

Gail M. Jensen, Elizabeth Mostrom



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