



## SIDE ON

Ask your model to stand side-on and place her weight on the back foot so as to slim down the body and emphasise the curves.  
Top tip: Side on is the slimmest view of the body



## CROUCHING TIGER

Get your model to stand straight on, one hand on knee, one hand on hip, then lean forwards.  
Top tip: Be aware of low-cut tops or dresses getting scrunched up



## CROSS THE LEGS

Cross front leg over so the toes just touch ground. Dig one shoulder and hold arms away from the sides.  
Top tip: Crossed legs slim the body while holding clothing out create more attractive shapes



## STEPPING OUT

Walk from one side to the other while emphasising hip and hair movement, and relaxing the arms.  
Top tip: Ask the subject to walk in slow-motion to make focusing is easier



## HANDS UP

Raise both arms, one higher than the other, and bend the front leg to make an asymmetrical shape.  
Top tip: Our eyes view images from the top-left to bottom-right, so pose accordingly



## LOOKING DOWN

Turn the body side-on, place the weight on one side then look down to the opposite side. A half-smile adds to the thoughtful mood.  
Top tip: You don't always need eye contact



## OVER THE SHOULDER

Stand sideways or facing away from you, then look back across the shoulder for direct eye contact.  
Top tip: Long hair hanging down helps to add to the intimacy of this coy pose



## TRIANGLES

Stand on one leg and bring the other foot up the shin, bend the arms and use the hair to make triangular shapes in the body.  
Top tip: Knees apart can work well sometimes



## JUMP UP!

Jump straight up as high as possible, bend the legs and make an interesting shape with the arms.  
Top tip: Watch out for dodgy expressions or hair getting in front of faces when jumping

# Guide To Posing The Female Model

**L Towne**



## **Guide To Posing The Female Model:**

## **Guide To Posing The Female Model** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the energy of words has been more evident than ever. They have the ability to inspire, provoke, and ignite change. Such is the essence of the book **Guide To Posing The Female Model**, a literary masterpiece that delves deep into the significance of words and their effect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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