

# Guided Reading Activity

## Approaches to Psychology

### Lesson 1 *The Field of Psychology*

#### Review Questions: Outlining

**Directions:** Read the lesson and complete the outline below. Refer to your textbook to fill in the blanks.

#### I. Gaining Insight into Behavior

- A. Behavior is a result of \_\_\_\_\_ and \_\_\_\_\_ processes.
- B. To reduce the chance of false conclusions, psychologists use a(n) \_\_\_\_\_ of asking and answering questions about people's behavior.
- C. The point of the story of the blind men and the elephant is that to fully understand human behavior psychologists need to \_\_\_\_\_ their accumulated knowledge.

#### II. The Goals of Psychology

- A. Four goals that psychologists seek is to \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ behavior.
- B. Generally valid ideas about behavior are called \_\_\_\_\_.
- C. By studying \_\_\_\_\_ and \_\_\_\_\_ accounts of past behaviors, psychologists can predict future behaviors.

#### III. The Scientific Basis of Psychology

- A. Aristotle based his theories about mental processes on \_\_\_\_\_.
- B. The scientific method uses \_\_\_\_\_ and \_\_\_\_\_ methods to formulate hypotheses.
- C. Psychology is connected to both \_\_\_\_\_ sciences and the \_\_\_\_\_ sciences.
- D. Psychologists use the scientific method as a(n) \_\_\_\_\_ tool.

#### Summary and Reflection

**Directions:** Summarize the main ideas of this lesson by answering the question below.

Explain the main goals of psychology and the method used to attain them.

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# Guided Activity 24 1 Answer Key

**William E. Schall**



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