



SIDE ON

Ask your model to stand side-on and place her weight on the back foot so as to slim down the body and emphasise the curves.
Top tip: Side on is the slimmest view of the body



CROUCHING TIGER

Get your model to stand straight on, one hand on knee, one hand on hip, then lean forwards.
Top tip: Be aware of low-cut tops or dresses getting scrunched up



CROSS THE LEGS

Cross front leg over so the toes just touch ground. Dig one shoulder and hold arms away from the sides.
Top tip: Crossed legs slim the body while holding clothing out create more attractive shapes



STEPPING OUT

Walk from one side to the other while emphasising hip and hair movement, and relaxing the arms.
Top tip: Ask the subject to walk in slow-motion to make focusing is easier



HANDS UP

Raise both arms, one higher than the other, and bend the front leg to make an asymmetrical shape.
Top tip: Our eyes view images from the top-left to bottom-right, so pose accordingly



LOOKING DOWN

Turn the body side-on, place the weight on one side then look down to the opposite side. A half-smile adds to the thoughtful mood.
Top tip: You don't always need eye contact



OVER THE SHOULDER

Stand sideways or facing away from you, then look back across the shoulder for direct eye contact.
Top tip: Long hair hanging down helps to add to the intimacy of this coy pose



TRIANGLES

Stand on one leg and bring the other foot up the shin, bend the arms and use the hair to make triangular shapes in the body.
Top tip: Knees apart can work well sometimes



JUMP UP!

Jump straight up as high as possible, bend the legs and make an interesting shape with the arms.
Top tip: Watch out for dodgy expressions or hair getting in front of faces when jumping

Guide To Posing The Female Model

DJ Losen



Guide To Posing The Female Model:

Guide to Posing the Female Model Dan McCormick,2002-01-01 **Canadian Books in Print. Author and Title Index**
,1975 **Learn To Model** Bob Pardue,2012-02-23 This book has more than 80 Pages with Six Chapters of Pure Tips Tricks Hints and Instructions with Valuable Information Learning on how to become a model is no Joke with lack of information everywhere and schools charging anywhere from 1000 or more how is anyone supposed to become and succeed as a model You can go to Amazon Barnes and Nobles or any Book Store online and you will find books on how to become a model However this one is written from a professional modeling photographer s point of view giving you a new perspective After years of experience and giving advice people have been asking me when am I going to write a book Here it is The moment you have been waiting for Read This Book before paying or hiring any school or photographer to be ahead in the game and you ll be glad you did Improve your chances and get all the information you need to become a high paying field in modeling and succeed as a high paying model **Model Posing Guide** Richard Kitchen,2010-10-09 This book is designed so that poses can be shown to models of all ages It is designed as a fashion model guide The model is Kaylin *Popular Photography* ,1989-02 *1,000 Fashion Poses* Simon Walden,2012-07-01 A reference guide for photographers artists fashion designers and models An extensive guide to over 1 000 poses suitable for all types of clothing from casual to smart swimwear to coats Each section shows a range of poses which will show off clothes to their best effect and styles of posing that meet the styles of clothes You will learn which poses work for sitting lying and standing A full guide at the start of the book gives you all the details you need to know to make a good pose great *Pro's Guide to iPhoneography* Robert Morrissey,2015-08-11 The iPhone is revolutionizing photography Never before has a camera been so portable yet powerful so versatile and ubiquitous Yet as this book shows this amazing device has untapped potential for taking jaw droppingly detailed sharp professional quality images In this book commercial photographer Robert Morrissey investigates the photographic capabilities of the iPhone right out of the box then moves to advanced uses that will surprise even seasoned photographers Starting with the basics Morrissey teaches readers critical strategies for taking great pictures from how to properly hold your phone to how and why to use the flash You ll learn simple ideas for improving your photos from crafting a strong composition to posing subjects for flattering results Next you ll learn to use the iPhone s panoramic and HDR features to take your imaging to the next level You ll also get some great insights into how to photograph action scenes with non average tones landscapes and much more with natural light and flash **The Model Posing Guide for Fashion and Glamour Photography** John Lucassian,2009-03-05 A posing guide for models interested in the Fashion and Glamour Photography Industry Designed for Fashion and Glamour Models it is about the rules for posing with sample poses and other tips hints and bits of information for models A must have for Photographers too Adult Catalog: Subjects Los Angeles County Public Library,1970 *John William Godward* Vern G. Swanson,1997 Plucked from oblivion Godward serves as the last best

example of 19th century Greco Roman Classicism Of a reclusive nature and painting in a style completely out of date with post war Europe this genius was and remained obscure Godward s brilliance with the recent revival of interest in his fallow Classicists Alma Tadema and Lord Leighton is only now coming to light Godward s art sought to portray peace feminine beauty and ideal perfection in an age careening headlong into atrocity He did so by marvelously painted and composed pictures of beautiful women in halycon classical environments He was a niche painter whose subject while arresting was narrow However only Sir Lawrence Alma Tadema was better at painting this genre of patrician women on marble benches Melancholia fed by ill health and increasing artistic criticism overwhelmed his fantasy world of serenity and he died by his own hand

Handbook and Guide for Selecting a Career and Preparing for the Future ,1987 Model Posing Guide Tatiana Kurnosova,2025-05-05 Posing skills are extremely important for successful modeling career It isn t only about looking good in pictures but also creating a story enhancing the product s visuals capturing viewer s attention and making it last Fashion models who understand angles posture and movement along with having the deep industry knowledge can easily secure premium bookings and achieve the highest level in their career This book will teach you posing open up the industry insights and will help you plan and navigate your modeling career Model posing guide will be helpful for professional and aspiring modes industry professionals who would like to be able to guide the models on set non models who are simply interested in feeling confident in front of the camera and learn how to look good in pictures Everything is easily explained and visual references are provided for your better understanding No need to waste money on modeling classes and modeling schools when you can learn everything by yourself and improve your skills with practice This book explains easy posing practice techniques that will give quick and effective results If you ve been missing something if your career has been on the same level for awhile this is your sign to make it happen and finally reach out your goals Because if not now when Tatiana Kurnosova Here are some of the topics we will be discussing in this book Visual education developing your fashion sense Model posing and confidence connection Basic posing advices Different types of poses Different modeling markets different posing Posing for different types of jobs model test shoots model digitals polaroids lookbooks catalogues magazine editorials beauty jewelry sportswear lingerie swimwear etc How to guide the model as a photographer creative director fashion designer etc Posing advices for non models To Copy Paste or developing your unique posing style as a model and more About the author Tatiana Kurnosova is a model coach fashion photographer and stylist with more than 15 years of experience in fashion industry Tatiana Kurnosova has gained a significant experience as a model booker and model scout working with major modeling agencies worldwide and has become an expert in modeling industry Visit Tatiana s YouTube channel www.youtube.com/tatianakurnosova for free resources about modeling aesthetic lifestyle and fashion content and Tatiana s official website tatianakurnosova.com for articles photography work and any inquires

Women in the Arts Barbara Harbach,Diane Touliatos-Miles,2015-02-27 Is there a need for books about women in the arts exhibitions of women painters

readings of women's poetry, concerts of music by women composers and conferences highlighting women in the arts. One might believe that today the playing field is level, but categories still place the word woman before the discipline: woman composer, woman poet, woman artist, and so on. The ultimate goal is to move the debate away from gender categories which reinforce the notion that men's creativity is not only the norm but better. There are many women challenging the status quo and succeeding. Change comes slowly since many men and some women in positions of power do not see gender stereotyping as a problem. It's been nearly a millennium since Hildegard von Bingen composed music and illuminated manuscripts. Shouldn't the time when it was unusual to be a woman composer have past? As the great 20th century pedagogue and composer Nadia Boulanger said, "I've been a woman for a little over 50 years and have gotten over my initial astonishment. As for conducting an orchestra, that's a job where I don't think sex plays much part." Indeed, books like *Women in the Arts: Eccentric Essays II* serve to bring society just a little closer to equality by keeping the accomplishments of women at the forefront of consciousness. Technology today is a great asset in documenting the productivity of women and all artistic creations can be codified and archived, in contrast to earlier times when creative women's birth and death dates are unknown, not even taking into account all their lost creations. The essays contained in *Women in the Arts: Eccentric Essays II* reflect the lives of creative artists, whether they are teachers, scholars, and researchers recovering previous generations of women artists or practicing artists creating new masterpieces. The promotion of the roles of women in the arts is integral so that they may serve as a resource for future generations of students, scholars, and researchers and to enhance generations to come, enriching culture through the arts.

How To Photograph & Edit Women Jeff Jones, 2006-09-17. Contained within is all the advice I wish I had back in 1980 when I started. This book is jam-packed with science and advice, with examples and with techniques that will yield outstanding photos and consistent quality that will elevate your photography to the next level. While at some levels it can't help but be eye candy, the goal of this book is to help you erase everything from your glamour that you don't like. There are even extensive Photoshop, Paintshop Pro, and Gimp tutorials within. Hand your clients stacks and stacks of photos that amaze and please and most of all get them to come back for more.

Popular Photography, 1981-02

Official Gazette of the United States Patent and Trademark Office, 2008

Canadian Books in Print, 2001

Children's Culture and the Avant-Garde Marilyn Strasser Olson, 2013-03-05. This volume explores the mutual influences between children's literature and the avant-garde. Olson places particular focus on fin de siècle Paris where the Avant-garde was not unified in thought and there was room for modernism to overlap with children's literature and culture in the Golden Age. The ideas explored by artists such as Florence Upton, Henri Rousseau, Sir William Nicholson, Paula Modersohn-Becker, and Marc Chagall had been disseminated widely in cultural productions for children; their work in turn influenced children's culture. These artists turned to children's culture as a new way of seeing, allied to a contemporary interest in international artistic styles. Children's culture also has strong ties to decadence and to the grotesque, the latter of which

became a distinctively Modernist vision This book visits the qualities of the era that were defined as uniquely childlike the relation of childhood to high and low art and the relation of children s literature to fin de si cle artistic trends Topics of interest include the use of non European figures the Golliwogg approaches to religion and pedagogy to oppression and motherhood to Nature in a post Darwinian world and to vision in art and life Olson s unique focus covers new ground by concentrating not simply on children s literature but on how childhood experiences and culture figure in art

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