

## Practising the Evidence

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Prepared under the auspices of the World Psychiatric Association  
Sections of Old Age Psychiatry and Affective Disorders

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# Guidelines On Depression In Older People Practising The Evidence

**Edmond C. Baldwin**



## **Guidelines On Depression In Older People Practising The Evidence:**

**Guidelines on Depression in Older People** Robert C. Baldwin (Psychiatrist), 2002 Depression is the most prevalent mental health disorder in later life affecting 1 in 10 older people It can have devastating effects on quality of life and is associated with an increased mortality poorer recovery from physical illness longer hospital stays and greater health care costs Yet of all mental disorders depression is the most readily treatable This book provides practical clinical guidance and communicates in a concise easy to read format the mass of information now available in this area Written from an evidence based perspective it presents authoritative guidelines on the best practice and management of depression in older people with regard to the presentation causation drug and non drug management of depression and the aftercare involved in order to keep the patient well Supported with clinical data and additional practical material ranging from scales and algorithms to summaries of major papers and WPA teaching modules this is a valuable resource not only for psychiatrists but also neurologists geriatricians and primary care practitioners

**Guidelines on Depression in Older People** Robert C Baldwin, Edmond Chiu, Nori Graham, Cornelius Katona, 2002-08-01 Depression is the most prevalent mental health disorder in later life affecting 1 in 10 older people It can have devastating effects on quality of life and is associated with an increased mortality poorer recovery from physical illness longer hospital stays and greater health care costs Yet of all mental disorders depression is the most readily treatable This book provides practical clinical guidance and communicates in a concise easy to read format the mass of information now available in this area Written from an evidence based perspective it presents authoritative guidelines on the best practice and management of depression in older people with regard to the presentation causation drug and non drug management of depression and the aftercare involved in order to keep the patient well Supported with clinical data and additional practical material ranging from scales and algorithms to summaries of major papers and WPA teaching modules this is a valuable resource not only for psychiatrists but also neurologists geriatricians and primary care practitioners

Guidelines on Depression in Older People Edmond C. Baldwin, 2002

*Psychiatric-Mental Health Guidelines for Advanced Practice Nurses* Brenda Marshall, Julie Bliss, Suzanne Drake, 2024-11-20 Delivers a breadth of content encompassing all aspects of psych mental health care along the provider continuum This unique clinical reference supports APRNs and PMH NPs as they strive to provide high quality evidence based care to patients with mental health issues and conditions Designed to support the ongoing needs and changing practice requirements of these nursing professionals this new text provides a comprehensive examination of best practice psychiatric methods ethical concerns patient assessment and management strategies These accessible guidelines for clinicians in a variety of settings bring together scientific skills backed by theory and professional knowledge along with helpful recommendations to bolster the clinician's psychiatric skills With an easy to navigate format the book encompasses five distinct sections covering general psychiatric nursing guidelines diagnostic specific procedures and patient treatment

planning cultural and other considerations for special populations the administrative basics for establishing an APRN practice and additional topics related to mental health Reflecting expertise from authors versed in varied practice fields and numerous subspecialties the resource combines evidence based practice advanced research and practical humanistic approaches Key Features Provides comprehensive psychiatric mental health guidelines to advanced practice nurses in easy to access format Delivers step by step coverage of conducting psychiatric assessments and making referrals Covers polypharmacy differential diagnosis and patient education Includes coverage of special populations including LGBTQ homeless and indigent veterans and survivors of war and many others     *Nursing Older People* Sally J. Redfern, Fiona Ross, 2006 *Nursing Older People* focuses on evidence based care and the effectiveness of interventions that support independence It takes a person centred approach to understanding and meeting the needs and problems that nurses and other practitioners deal with every day such as the need to reduce the difficulties faced by problems of pain immobility breathlessness eating and drinking and eliminating for example The accessible evidence based information in this book will help to give practitioners the confidence to challenge the status quo and look for ways to improve the quality of care BOOK JACKET     **Guide to the Psychiatry of Old Age** David Ames, Damien Gallagher, Samantha Loi, Tom Russ, 2022-04-21 Preceded by *Guide to the psychiatry of old age* David Ames et al 2010     **Principles and Practice of Geriatric Medicine** M.S. John Pathy, Alan J. Sinclair, John E. Morley, 2006-02-03 The fourth edition of the highly acclaimed *Principles and Practice of Geriatric Medicine* provides an account of the fundamental changes associated with ageing which are essential to our understanding and management of the elderly sick population The title has been extensively revised and updates to reflect the enormous changes in treatment options and medical conditions emerged since publication of the third edition Written by worldwide experts of international repute this is the most up to date and comprehensive single reference source currently available *Principles Practice of Geriatric Medicine Fourth Edition* incorporates More than 30 new chapters including Preventive geriatrics Anorexia of Aging Managements of Weight Loss Dehydration Vitamins and Minerals in the Elderly Cancer and Aging Mild Cognitive Impairment Treatment of Behavioral Disorders The Older Patient with Down s Syndrome Drug Abuse in Older People Breast Cancer Women s health A truly global perspective including new chapter on Care of the elderly in Israel old age in a young land Geriatric Medicine in China Geriatric medicine education in Europe Geriatrics from the European Union Perspective India Day Hospitals Perspectives from Latin America The title will be indispensable for all those involved in the treatment of older patients Gerontologists to keep up to date with the latest developments in the field General practitioners and specialists in health policy and community care who increasingly have to deal with a significant number of older people Academic researchers in geriatric medicine who are in need for an all encompassing reference work Medical registrars UK residents US in order to pass their exams Teachers of Geriatric Medicine Hospital libraries with increasing budgets to spend on much needed resource in this growing field Professionals within the pharmaceutical industry

in order to monitor treatment options and new prescription developments      *Alexander's Nursing Practice - E-Book* Ian Peate, 2024-04-04 Selected for 2025 Doody's Core Titles in Long Term Care and Home Care Alexander's Nursing Practice Hospital and Home Sixth Edition is the most comprehensive textbook available for undergraduate nursing students today This resource will prepare students for their future role as healthcare professionals in a variety of settings It covers all the basics of nursing including care of patients with common disorders core nursing issues like medicines management and infection prevention and control and how to nurse specific patient groups The sixth edition has been fully updated to incorporate the latest evidence policies and registration requirements and reflects the transformative changes currently occurring in healthcare policies procedures and technologies With a host of features to enhance the learning and teaching experience this book will make a significant contribution to preparing compassionate nurses who will deliver patient centred high quality and holistic care Designed to help the reader navigate the demands of the latest NMC educational requirements Expert team of contributors led by renowned editor Ian Peate OBE FRCN Fully updated with the latest evidence and trends incorporates the latest practice guidelines research findings and clinical standards relevant to the nursing field Addresses the role of nurses in primary care settings general practice nursing responsibilities chronic disease management health screening and the delivery of integrated patient centred care within the UK primary care landscape Richly illustrated throughout to reinforce key concepts demonstrate clinical procedures and engage students in active learning Includes a wide range of helpful learning features including case studies and critical thinking exercises helps the reader to analyse complex situations make evidence based decisions and communicate effectively with patients and healthcare team members Pedagogical features to help students navigate the textbook organise their learning and review key concepts efficiently Supplemented with online material including MCQs image bank critical thinking questions extra online material supplementary text website figure references and extra online images      **Prescribing for Elderly Patients** Stephen Jackson, Paul Jansen, Arduino Mangoni, 2009-04-22 A guide for doctors to quickly choose the right drugs in the right dose for the most important clinical problems in the elderly Prescribing medications for elderly patients is complex this book gives clear advice on treatment regimes drug interactions adverse effects and recommended dose changes Provides practical help with the problems that can arise in reaching an accurate diagnosis in the elderly recommends clear treatment options lists key drug interactions and side effects and advises when to amend doses      **The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry** David M. Taylor, Fiona Gaughran, Toby Pillinger, 2020-10-14 Learn to improve your assessment investigation and management of physical health conditions in people with severe mental illness The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry offers psychiatric and general practitioners an evidence based and practical guide for the appropriate assessment investigation and management of common physical health conditions seen in people with severe mental illness Written by a renowned team of respected experts in medicine surgery

pharmacy dietetics physiotherapy and psychiatry the book bridges the gap between psychiatric and physical health services for the severely mentally ill The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry also provides practitioners with expert guidance on making effective referrals to other medical and surgical subspecialties telling readers what information subspecialties would expect to receive Its use will improve the quality of clinical care received by mentally ill patients and by promoting a holistic approach to treatment that considers both body and mind will enhance the therapeutic relationship between patient and practitioner The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry covers the following Guidance on assessment and management of well over a hundred different medical and surgical presentations commonly seen in people with serious mental illness Management of physical health emergencies in a psychiatric setting Evidence based approaches to management of physical side effects of psychiatric medications Advice on approaches to promote a healthy lifestyle in people with serious mental illness such as smoking cessation and changes to diet and physical activity Perfect for both psychiatrists and general practitioners who wish to improve the quality of care they provide to people with serious mental illness The Maudsley Practice Guidelines for Physical Health Conditions in Psychiatry will be of use to anyone setting out to navigate the divide between the treatment of psychiatric and physical health conditions

**Adult-Gerontology Practice Guidelines, Second Edition** Jill C. Cash, Cheryl A. Glass, 2019-02-05 Praise for the First Edition Because of the way it is organized this book meets the needs of both novice and experienced advance practice nurses Each chapter defines the problem how often it occurs and what leads to the problem To aid in assessment the book includes the physical examination landmarks as well as diagnostic tests that might be needed A plan of care is offered with several different alternatives for treatment and then notes what type of follow up is needed This would be a great resource for anyone working in the field of geriatrics Score 92 4 Stars Doody's Reviews The first book to encompass adult gerontology practice guidelines for primary care this comprehensive resource is useful as both a clinical reference and as a text for health care practitioners working with this population Concise and up to date the book is distinguished by its easy to read outline format that enables readers to quickly access the information they need The second edition features 27 completely new entries associated with the aging population an entirely new section on geriatric syndromes and multiple updates to guideline changes for screenings Polypharmacy issues are incorporated throughout and the BEERS list of medications is highlighted to guide prescribers in safely tapering or adding medications to a patient's drug regimen For quick and easy access to information practice guidelines are organized primarily by body system disorders are listed alphabetically within each body system and all disorders are presented in a consistent format With an emphasis on history taking the physical exam and key features of the aging population each of the more than 240 disorder guidelines include definition incidence pathogenesis predisposing factors common complaints other signs and symptoms subjective data physical exam diagnostic tests differential diagnoses plan of care health promotion follow up guidelines and tips for consultation referral Particularly

helpful features include Practice Pointers highlighting crucial information for a disorder and bold faced Alerts Key patient teaching points are presented at the end of each guideline Also included are 18 procedures commonly used within office or clinic settings and 140 Patient Teaching Guides that are available digitally New to the Second Edition 27 completely new entries New section on geriatric syndromes Polypharmacy alerts are incorporated throughout BEERS list of medications is highlighted for each disorder Updated guidelines for various screenings Medicare Coverage and Eligibility Screening U S Preventative Services Task Force recommendations on colonoscopy screening mammogram guidelines pap smears and pelvic examinations Deprescribing Algorithms ASCCP Algorithms Key Features Focuses specifically on adult and older adult populations Presented in easy to read outline format for quick access to information Delivers consistent presentation of more than 240 disorders by body system Reviews 17 commonly used procedures step by step Provides Practice Pointers to indicate important care points Offers digital access to more than 140 extensive Patient Teaching Guides to customize and print

Integrated Textbook of Geriatric Mental Health Donna Cohen, Carl Eisdorfer, 2011-07-20 As the population ages increasing numbers of older people require the attention and services of mental health professionals Despite their prevalence however mental health problems in this population often go undiagnosed and therefore untreated This textbook offers medical students and professionals the information they need to care for older people with mental disorders Drs Donna Cohen and Carl Eisdorfer two internationally recognized experts in geriatric mental health provide a comprehensive framework within which students and practitioners alike can address the salient issues of the field These include the biopsychosocial aging processes specific pathologies prevalent in later life social issues common to the elderly the delivery of care in various settings and the economic policies affecting services for older people The authors goal is not only to enhance clinical practice but also to urge physicians to develop and coordinate a more holistic care strategy that acknowledges the complex challenges of older patients To this end Cohen and Eisdorfer discuss essential principles of optimal care the latest research findings evidence and consensus based practice standards resources to help professionals keep abreast of the changing mental health landscape and ethical dilemmas of clinical practice and research The signal strength of this book lies in its integrated approach an approach that emphasizes the philosophy and principles of caring for older people along with clinical practices and issues From this broader perspective the authors describe the many factors that influence the lives health and well being of older patients and their caregivers making this an ideal text for psychiatrists psychologists nurses and social workers

Applied Topics in Health Psychology Marie Louise Caltabiano, Lina Ricciardelli, 2012-08-14 This selection of in depth critical and comprehensive chapters on topical issues in applied health psychology features the work of key researchers and practitioners in the Australasian health system and deals with both theoretical and methodological aspects of the subject The first health psychology text aimed specifically at regional postgraduate trainees Covers an array of topics and issues and focuses on applied aspects of clinical health and health promotion Includes both specialized topics and

new frontiers of research Contextualizes health psychology teaching and learning for Australasian students

*Adult-Gerontology Practice Guidelines* Jill C. Cash, Cheryl A. Glass, 2015-06-26 Print CourseSmart **Clinical Practice Guidelines in Mental Health** Paula Whitty, Martin Eccles, 2004 This is a description of the important lessons to be learnt from first hand experience of those who develop evaluate and use the growing portfolio of guidelines in mental health The book considers the potential benefits and harms of clinical practice guidelines and methods of development and implemetation *Melatonin, Neuroprotective Agents and Antidepressant Therapy* Francisco

López-Muñoz, Venkataramanujam Srinivasan, Domenico de Berardis, Cecilio Álamo, Takahiro A. Kato, 2016-11-16 This work is a guidebook for clinicians who are involved in treating depressive patients and also serves the research scientists who are working on the psychopharmacological mechanisms of antidepressant actions and psychopathological mechanisms underlying mood disorders Mood disorders such as major depressive disorder MDD bipolar disorder BPD and seasonal affective disorder SAD are the most disabling disorders that are among the most expensive of all medical illnesses The pathophysiology of mood disorders is very complex and involves many mechanisms like circadian rhythm disruption sleep abnormalities melatonin rhythm abnormalities and alterations in melatonin receptor mechanisms abnormalities in monoaminergic neurotransmitter mechanisms glutamatergic release mechanisms hippocampal neurogenesis and abnormal immune and cytokine release mechanisms Many antidepressants that are in clinical use today including the recently introduced novel agents like agomelatine or other antidepressants cause clinical remission by resynchronizing disrupted circadian rhythms and melatonin receptor functions enhancing monoaminergic neurotransmission promoting hippocampal neurogenesis and regulating immune mechanisms This book explains various etiological factors that are involved in the pathogenesis of mood disorders and the mechanisms of therapeutic actions of antidepressants including the recently introduced agomelatine and other antidepressants that exhibit rapid onset of action with greater efficacy and fewer side effects *Geriatric Practice* Audrey Chun, 2019-10-29 This book serves as a comprehensive reference for the basic

principles of caring for older adults directly corresponding to the key competencies for medical student and residents These competencies are covered in 10 sections each with chapters that target the skills and knowledge necessary for achieving competency Each of the 45 chapters follow a consistent format for ease of use beginning with an introduction to the associated competency and concluding with the most salient points for mastery Chapters also includes brief cases to provide context to the clinical reasoning behind the competency strengthening the core understanding necessary to physicians of the future Written by expert educators and clinicians in geriatric medicine *Geriatric Practice* is key resource for students in geriatric medicine family and internal medicine specialties hospice and nursing home training and all clinicians studying to work with aging patients **Advanced Practice Nursing in the Care of Older Adults** Laurie Kennedy-Malone, Kathleen Ryan Fletcher, Lori Martin-Plank, 2014-01-20 Explore effective ways to enhance the wellness and independence of older



adults across the wellness illness continuum From an overview of the theories of aging and assessment through the treatment of disorders including complex illnesses this evidence based book provides the comprehensive gerontological coverage you need to prepare for your role as an Advanced Practice Nurse Understand how to easily identify factors that may affect the wellness of your patients and their families Plus enhance your critical thinking skills with real world case studies that bring concepts to life      Case Studies in Gerontological Nursing for the Advanced Practice Nurse Meredith Wallace Kazer, Leslie Neal-Boylan, 2012-02-08 As the fastest growing population sector worldwide older adults are seen in almost every care setting in which clinicians practice Developed as a resource for advanced practice nurses in any setting Case Studies in Gerontological Nursing for the Advanced Practice Nurse presents readers with a range of both typical and atypical cases from real clinical scenarios The book is organized into six units covering cases related to ageism common health challenges health promotion environments of care cognitive and psychological issues and issues relating to aging and independence Each case follows a similar format including the patient s presentation critical thinking questions and a thorough discussion of the case resolution through which students and clinicians can enhance their clinical reasoning skills Designed to promote geriatric clinical education through self assessment or classroom use Case Studies in Gerontological Nursing for the Advanced Practice Nurse is a key resource for all those dedicated to improving care for older adults      *The Oxford Handbook of Clinical Geropsychology* Nancy A. Pachana, Ken Laidlaw, 2014-11-07 Throughout the world the population of older adults continues to grow The rise in geriatric populations has seen an increase in research on clinical diagnostic assessment and treatment issues aimed at this population Clinical geropsychologists have increased their interest both in providing mental health services as well as developing approaches to improve quality of life for all older adults The Oxford Handbook of Clinical Geropsychology is a landmark publication in this field providing broad and authoritative coverage of the research and practice issues in clinical geropsychology today as well as innovations expanding the field s horizons Comprising chapters from the foremost scholars in clinical geropsychology from around the world the handbook captures the global proliferation of activity in this field In addition to core sections on topics such as sources of psychological distress assessment diagnosis and intervention the handbook includes valuable chapters devoted to methodological issues such as longitudinal studies and meta analyses in the field as well as new and emerging issues such as technological innovations and social media use in older populations Each chapter offers a review of the most pertinent international literature outlining current issues as well as important cultural implications and key practice issues where relevant and identifying possibilities for future research and policy applications The book is essential to all psychology researchers practitioners educators and students with an interest in the mental health of older adults In addition health professionals including psychiatrists social workers mental health nurses and trainee geriatric mental health workers will find this a invaluable resource Older adults comprise a growing percentage of the population worldwide Clinical psychologists with an

interest in older populations have increased the amount of research and applied knowledge about effectively improving mental health later in life and this book captures that information on an international level The book addresses how to diagnose assess and treat mental illness in older persons as well as ways to improve quality of life in all older persons It has a great breadth of coverage of the area including chapters spanning how research is conducted to how new technologies such as virtual reality and social media are used with older people to improve mental health The book would appeal to all psychology researchers practitioners educators and students with an interest in the mental health of older adults It would also appeal to other health professionals including psychiatrists social workers and mental health nurses who work with older people It is a valuable resource for trainee geriatric mental health workers because it highlights key readings and important practice implications in the field

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