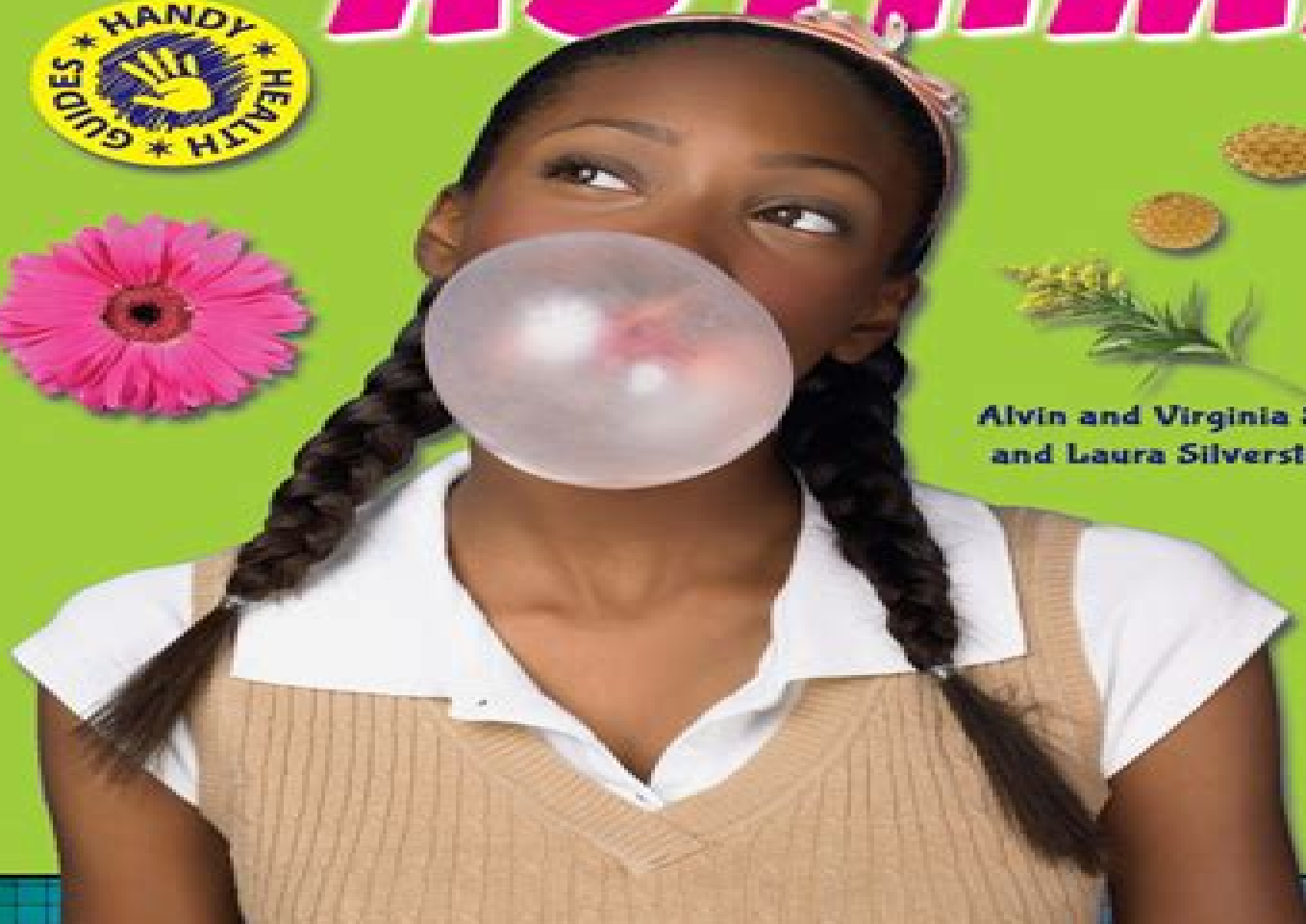


HANDY HEALTH GUIDE TO **ASTHMA**



Alvin and Virginia Silverstein
and Laura Silverstein Nunn



Handy Health Guide To Asthma

**Alvin Silverstein, Virginia
Silverstein, Laura Silverstein Nunn**

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Handy Health Guide to Headaches Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 This book explores why headaches hurt us so much Authors Alvin and Virginia Silverstein and Laura Silverstein Nunn examine a variety of different types of headaches and give advice on both preventing and treating headaches *Handy Health Guide to Sore Throats* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Have your readers ever had a sore throat This essential self help book examines what causes sore throats the body's ways of healing tonsillitis strep throat and how to feel better *Handy Health Guide to Diabetes* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Find out what diabetes is the different kinds of diabetes diabetes testing and how to treat it *Handy Health Guide to Colds and Flu* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Everybody gets sick Readers will use this guidebook to explore the common cold and the flu how these diseases are spread treated and prevented *Handy Health Guide to Asthma* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Authors Alvin and Virginia Silverstein and Laura Silverstein Nunn explore asthma in this book Readers find out what asthma is what triggers attacks and how to treat and prevent asthma attacks *Handy Health Guide to Burns and Blisters* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Have your readers ever touched a hot pan by accident They may have even gotten slightly burned when they did Authors Alvin and Virginia Silverstien and Laura Silverstein Nunn explore the different types of burns we can get and how to best prevent burns blisters and sunburns *Handy Health Guide to Your Teeth* Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Have your readers ever had a cavity Readers find out what cavities are and how to prevent them in this book Authors Alvin and Virginia Silverstein and Laura Silverstein Nunn examine why our teeth are important and how to take care of them **Handy Health Guide to Bites and Stings** Alvin Silverstein, Virginia Silverstein, Laura Silverstein Nunn, 2013-07-01 Did your readers know that kids usually get more bug bites than adults It's true Readers find out why people are so appealing to bugs and how to prevent and treat bites and stings from a variety of insects and animals **Pondering Pollution** Tamra B. Orr, 2014-01-01 The ability to use the NextGen science processes is key to carrying out experiments taking measurements or performing technical tasks In this book readers in real world situations are tasked with following clues and using the NextGen science processes to find out more about pollution prevention Informational text presents evidence and facts in the form of clues and side bar details to help children develop critical thinking skills A summary of the situation is included to show how each chapter contributes to the whole and for a solid understanding of the topic *Smartphone Apps for Health and Wellness* John Higgins, Mathew Morico, 2023-01-06 Smartphone Apps for Health and Wellness helps readers navigate the world of smartphone apps to direct them to those which have had the best medical evidence in obtaining the users goal The book covers the history of apps how they work and specific apps to improve health and wellness in order to improve patients outcomes It discusses several types of apps

including apps for medical care sleeping relaxation nutrition exercise and weight loss In addition sections present the features of a good app to empower readers to make their own decision when evaluating which one to use This is a valuable resource for clinicians physicians researchers and members of biomedical field who are interested in taking advantage of smartphone apps to improve overall health and wellness of patients Summarizes smartphone apps with the best evidence to improve health and wellness Discusses the most important features of an app to help readers evaluate which app is appropriate for their specific needs Presents the typical results expected when regularly using an app in order to assist healthcare providers in predicting patient outcomes

Health Problems in the Classroom PreK-6 Dolores M. Huffman, Karen Lee Fontaine, Bernadette K. Price, 2003-03-21 The essential ready reference for today's inclusive classrooms and schools Health Problems in the Classroom PreK 6 is the essential resource for today's inclusive classroom providing concise and practical facts about common health problems chronic illnesses and disabilities encountered every day by teachers teacher aides and school administrators This comprehensive easy to use guide includes detailed information on Signs and symptoms primary groups affected attendance guidelines and medications Communications with parents and caregivers Family and community issues Peer relationships self esteem and stigma Important policies for classroom health procedures such as hand washing immunizations and more Specific procedures for coping with cuts and abrasions allergic reactions casts tube feedings and all 911 medical emergencies Find coverage of Asthma Attention Deficit Hyperactivity Disorder Fever Head Lice Influenza Mononucleosis Pink Eye Poisoning Spider Bites Strep Throat Toothache Vision Problems and more than 120 other health problems in one comprehensive guide

Asthma in Children and Adults - What are The Differences and What Can They Tell us About Asthma? Steve Turner, John W. Upham, 2020-05-15

The Rough Guide to Babies & Toddlers Kaz Cooke, 2009-03-02 The Rough Guide to Babies Toddlers is the funny reassuring and practical guide that all new and old parents have been looking for with no judgmental guru speak about the right way to do things just a range of great solutions for you to choose from Written by the award winning author Kaz Cooke an author and mother whose trademark light hearted practical style and witty cartoons make this book pleasurable as well as informative The user friendly sections are inspired by real life chapters include Getting through the first weeks which gives new mums and dads the low down on bosoms bottles bonding the blues and mum's post baby body Realistic and with a healthy sense of humour the guide offers practical suggestions for dozens of scenarios you might encounter with your new bundle of joy or little terror as well as addressing what you might be going through as new parents don't miss the hilarious How to Be Perfect routine for new mums adjust push up bra exfoliate feet clean up sick The eagerly awaited sequel to the best selling The Rough Guide to Pregnancy Birth is finally here to save your sanity with good advice great humour and a lot of understanding

m-Health Robert S. H. Istepanian, Bryan Woodward, 2016-11-14 Addresses recent advances from both the clinical and technological perspectives to provide a comprehensive presentation of m Health This book introduces the concept of m Health first coined by Robert S H

Istepanian in 2003 The evolution of m Health since then how it was transformed from an academic concept to a global healthcare technology phenomenon is discussed Afterwards the authors describe in detail the basics of the three enabling scientific technological elements of m Health sensors computing and communications and how each of these key ingredients has evolved and matured over the last decade The book concludes with detailed discussion of the future of m Health and presents future directions to potentially shape and transform healthcare services in the coming decades In addition this book Discusses the rapid evolution of m Health in parallel with the maturing process of its enabling technologies from bio wearable sensors to the wireless and mobile communication technologies from IOT to 5G systems and beyond Includes clinical examples and current studies particularly in acute and chronic disease management to illustrate some of the relevant medical aspects and clinical applications of m Health Describes current m Health ecosystems and business models Covers successful applications and deployment examples of m Health in various global health settings particularly in developing countries

Collins-Bride & Saxe's Clinical Guidelines for Advanced Practice Nursing Yoonmee Joo,J. V. Gatewood,Mary Anne M. Israel,Kelly Wong McGrath,2024-05-28 Collins Bride Frailty Common Gerontology Syndromes Cancer Survivorship Lipid Disorders Acne pediatrics section

The Illustrated Weekly of India ,1989

The Paramedic Revision Guide David W. Thom,2021-08-23 The Paramedic Revision Guide delivers a one stop reference for paramedic students paramedicine educators and practicing paramedics Designed to take the mystery out of paramedic education the book provides a solid foundation of understanding in crucial areas of paramedic science and practice including practical skills research anatomy and physiology pharmacology and medical emergencies This guide furthers readers understanding and practice of emergency care and includes A thorough introduction to paramedic anatomy and physiology including anatomical and medical terms cellular biology and pediatrics An exploration of practical skills for paramedics including scene survey airway practices basic life support and defibrillation burns and head injuries Practical discussions of medical emergencies research and evidence based practice and the ethical and legal considerations for paramedics An analysis of pre hospital trauma treatment including the physics and physiology of trauma The Paramedic Revision Guide earns a place on the shelves of all paramedic students and educators who need a comprehensive handbook full of succinct and easily digestible information ideal for exam preparation and quick reference

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