

READING STREET THE GYMNAST

UNIT 4

Page 148 - 149

Why did Gary have a sore neck?

- a. He had a sore neck because he tried to do a back flip but landed on his head.
- b. He had a sore neck because he fell off his idea when he attempted to do a rebound.
- c. He had a sore neck because he landed on his head when he tripped over his old vinyl equipment.

Answer:

☐

How did Gary irritate his cousin Tracy?

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Why did Gary give up playing Chinese checkers in the playground?

- a. He gave up playing because he wanted to practice his cartwheels; he preferred gymnastics to playing Chinese checkers.
- b. He gave up playing because he kept being asked questions about his gymnastic outfit and the white powder on his hands and in his hair.
- c. He gave up playing Chinese checkers because his dinner was ready.

Answer:

☐

Do you think Gary enjoyed his experience of being a gymnast? Do you think he continued with his new interest? Explain your answer.

Reading Street



The Gymnast

Name: _____

Miss Tilda's Timesavers

Gymnast 5th Grade Study Guide

Virginia. Department of Education

A red circular graphic with a gradient, appearing as a partial circle or a thick curved line, located to the right of the Virginia Department of Education text.

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A Suggested Manual in Formal Gymnastics and Individual Athletic Activities for the Schools of Wisconsin
Edna Amelia Rasmussen, 1924 A Manual of Physical Education for the Public Schools of Wisconsin ...: Story plays and gymnastics Wisconsin. Dept. of Public Instruction, Joseph Thomas Giles, 1925 **Complete Guide to Primary Gymnastics**
Lindsay Broomfield, 2011 Gymnastics is accessible and straightforward to teach and Lindsay Broomfield provides clear instruction for primary teachers and club coaches to teach gymnastic skills Its progressive approach builds on the basics and allows for a smooth transition for pupils entering year 7 *Teaching Children Gymnastics* Peter H. Werner, Lori H. Williams, Tina J. Hall, 2012 This text introduces gymnastics education in two parts Part one presents the importance of using a developmentally appropriate approach how to tailor gymnastics instruction to fit your teaching situation Part two is organized around three skill themes travelling statics and rotation **American Physical Education Review**, 1896 Includes the proceedings of the association s annual convention Virginia School Report ... Biennial Report [etc.] Virginia. Dept. of Education, 1908 *Virginia School Report ...* Virginia. Dept. of Public Instruction, 1908 *Virginia School Report* Virginia. Department of Education, 1908 **Virginia School Report ... Biennial Report [etc.]** Virginia. Department of Education, 1908 **Vermont School Report**, 1908 *Gymnastics Medicine* Emily Sweeney, 2019-10-08 This book presents the most current information on the treatment of athletes involved in gymnastics a multifaceted sport with unique demands on its participants that can lead to a myriad of medical conditions and injury patterns It opens with an introduction to the history of gymnastics and a brief review of gymnastics disciplines and events An overview of gymnastics injury epidemiology lays the foundation for the rest of the book Growth and developmental issues are also discussed in detail as many young gymnasts train long hours before or during puberty Concepts related to the biomechanics of gymnastics common overuse and acute musculoskeletal injuries psychological issues concussions as well as rehabilitation and return to play principles round out the presentation Throughout there is the emphasis that young athletes are not simply small adults and that they have unique needs and considerations for evaluation and treatment Written and edited by experts in the field some of whom are former gymnasts themselves *Gymnastics Medicine* covers all of the relevant information on evaluation management and return to play for sports medicine physicians advanced practice providers physical therapists athletic trainers exercise scientists and mental health professionals Resources in Education, 1990 *School Gymnastics, Free Hand* Jessie Hubbell Bancroft, 1901 **Manual of Gymnastic Exercises, for the Use of Schools and at Home** Gustav Techow, 1866
Lewis' New Gymnastics for Ladies, Gentlemen and Children and Boston Journal of Physical Culture, 1860
Annual Report of the Commission on Economy and Efficiency Massachusetts. Commission on Economy and Efficiency, 1913 *The Publishers Weekly*, 1874 **A Study Guide for Marie G. Lee's "Finding My Voice"** Gale, Cengage Learning, 2016 A Study Guide for Marie G Lee s Finding My Voice excerpted from Gale s acclaimed Literary Themes

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