

Final Revised Final Exam Study Guide Patho Spring 2023 Best Rated 2023-2024.

Know the Etiology, Signs/Symptoms, Diagnosis/Diagnostics, Clinical Manifestation, Risks, Treatment and Complications for the following:

■ **Gastritis**

Gastritis - Inflammation of the stomach lining

Acute Gastritis - (just acquired) ingestion of toxins, alcohol, aspirin or other irritating substances

Chronic- 2 months to become chronic

Triggers of Gastritis: Alcohol, caffeine, autoimmune disease, viral or bacteria Chronic Gastritis: **H Pylori** is always a factor

H Pylori goes very deep in the lining of the stomach and it causes persistent inflammation

S/S: N/V - Anorexia- postcranial discomfort

Post Cranial Discomfort- after eating- goes away and come back 1-2 hrs Gastritis- **hematemesis- blood in the vomit- coffee brown color**

Treatment: Treat H pylori treat GERD, change lifestyle, PPI

■ **Peptic Ulcer Disease**

Inflammation and ulceration in the stomach (acid and pepsin) Gastric: stomach location

Duodenal: duodenal location

PUD is a complication of Gastritis

PUD is caused by **aspirin, H pylori, NSAIDs, Stress, Smoking** S/S Gastric N/V Anorexia Chest discomfort, asymptotic, Dyspepsia

Duodenal - normal weight

Biggest complication of PUD- GI bleeding due to Ulcer perforation- hole in the lining and bleed

It is life-threatening if it keep bleeding (Anemic, electrolytes imbalance (losing volume) Duodenal - Blood in the stool - black and tarry

Bleeding profusely-frank with cloth Hematemesis- Bleeding in vomiting

Treatment: Corticity of perforation, treatment of H. pylori, PPI, Cessation of smoking

■ **Ulcerative Colitis and Crohn's the difference in the complications**

Complication in UC Malnutrition - dehydration, increased risk factor of colon cancer 7-10 yrs, rarely in megacolon

Complication of Chron- Fistulas, perianal fissures, abscesses. The risk of colorectal cancer

■ **Bowel Obstruction Manifestations**

Obstructions in the jejunal area: Vomiting, dehydration, electrolyte depletion

Obstructions of the distal portion of the small bowel or ileum, dehydration to hypovolemic shock

Obstructions of the colon: Massive gas distention

Blockage of the colon by a tumor is the most common cause of colonic obstruction and perforation of the bowel wall adjacent to the tumor.

■ **What percentage of the pancreas is dedicated to endocrine functions?**

Only 5%

Health Study Guide Spring Final

VM Jensen



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