

# Dietary Intake Guide

A helpful resource to help measure meals, liquids, or supplements consumed.  
Record amount of the total meal or supplements consumed using the following guidelines.  
Overestimating total consumption is a common error, especially when food is pushed around on the tray. Avoid letting how much a resident normally consumes influence your estimate.

Patient \_\_\_\_\_  
Room Number \_\_\_\_\_  
Date \_\_\_\_\_

## Food Consumption

**0% Refused—0%**  
Refused meal completely, or consumed only one or two bites of each item.



**25% Poor—25%**  
Approximately 25% of entree, or 50% of one item consumed.



**50% Fair—50%**  
Approximately half of food is consumed (eg, 50% of entree, 25% of vegetable and soup left). If total entree is consumed but no other food is touched, record as Poor/25% — not Fair/50%.



**75% Good—75%**  
Majority of the meal is consumed, but a significant amount of one or more items is left (eg, 25% of entree or 75% of vegetable left).



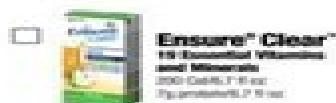
**100% All—100%**  
Entire meal is consumed except for a minimal amount of food (eg, less than 25% of vegetable left).



## THERE'S MORE THAN ONE WAY TO SUPPORT GOOD NUTRITION

Dietary Intake Guide used  
developed by Jennifer Brown, DTR,  
Ruth Alzheimer Center Cincinnati, Ohio

### Supplement Recommended



Recommended Intake \_\_\_\_\_



Use under medical supervision.

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# Guide For Charting Patient Meal Consumption

**Michael Brown**



## **Guide For Charting Patient Meal Consumption:**

## Adopting the Tune of Expression: An Mental Symphony within **Guide For Charting Patient Meal Consumption**

In some sort of used by monitors and the ceaseless chatter of instant communication, the melodic beauty and psychological symphony created by the published word usually diminish in to the backdrop, eclipsed by the relentless sound and interruptions that permeate our lives. However, nestled within the pages of **Guide For Charting Patient Meal Consumption** a wonderful fictional treasure overflowing with fresh feelings, lies an immersive symphony waiting to be embraced. Crafted by an elegant musician of language, that fascinating masterpiece conducts visitors on an emotional journey, well unraveling the concealed songs and profound impact resonating within each carefully constructed phrase. Within the depths of this emotional assessment, we can discover the book is key harmonies, analyze its enthralling publishing model, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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