

LOVE AS A MENTAL ILLNESS

Love Sick

Dr. Frank Tallis

Love Sick Love As A Mental Illness

Steven Payne



Love Sick Love As A Mental Illness:

Love Sick Frank Tallis, 2005-01-03 Obsessive thoughts erratic mood swings insomnia loss of appetite recurrent and persistent images and impulses superstitious or ritualistic compulsions delusion the inability to concentrate exhibiting just five or six of these symptoms is enough to merit a diagnosis of a major depressive episode Yet we all subconsciously welcome these symptoms when we allow ourselves to fall in love In *Love Sick* Dr Frank Tallis a leading authority on obsessive disorders considers our experiences and expressions of love and why the combinations of pleasure and pain ecstasy and despair rapture and grief have come to characterize what we mean when we speak of falling in love Tallis examines why the agony associated with romantic love continues to be such a popular subject for poets philosophers songwriters and scientists and questions just how healthy our attitudes are and whether there may in fact be more sane less tortured ways to love A highly informative exploration of how throughout time principally in the West the symptoms of mental illness have been used to describe the state of being in love this book offers an eloquent thought provoking and endlessly illuminating look at one of the most important aspects of human behavior

Love Sick Frank Tallis, 2009-11-10 Here leading clinical psychologist Dr Frank Tallis explores our age old preoccupation with love and in particular romantic love Love is rarely described as a wholly pleasant experience and Tallis considers our experiences and descriptions of love and why the combinations of pleasure and pain ecstasy and despair rapture and grief have come to characterise what we mean when we speak about falling in love Obsessive thoughts erratic mood swings insomnia loss of appetite recurrent and persistent images and impulses irresistible urges to phone or text superstitious or ritualistic compulsions she loves me she loves me not inability to concentrate so much so that it affects your work delusion are his eyes really deep pools of oceanic azure Exhibiting just five or six of these symptoms is enough to merit a diagnosis of Major Depressive Episode according to the recognized medical criteria Drawing on the writings of poets philosophers songwriters zoologists and scientists Tallis shows how throughout time and particularly in the West the metaphor of illness and specifically mental illness has been used to describe the state of being in love And asks why it is that we continue to search out this kind of love with the ecstasy seeming to blind us to the agony The Medicalization of Everyday Life Thomas Szasz, 2007-10-08 This collection of impassioned essays published between 1973 and 2006 chronicles Thomas Szasz's long campaign against the orthodoxies of pharmacracy that is the alliance of medicine and the state From *Diagnoses Are Not Diseases* to *The Existential Identity Thief* *Fatal Temptation* and *Killing as Therapy* the book delves into the complex evolution of medicalization concluding with *Pharmacracy The New Despotism* In practice society must draw a line between what counts as medical practice and what does not Where it draws that line goes far in defining the kinds of laws its citizens live under the kinds of medical care they receive and the kinds of lives they are allowed to live

Understanding Happiness Mick Power, 2015-11-23 We all want to be happy and there are plenty of people telling us how it can be achieved The positive psychology movement indeed has established happiness as a scientific concept within

everyone's grasp But is happiness really something we can actively aim for or is it simply a by product of how we live our lives more widely Dr Mick Power Professor of Clinical Psychology and Director of Clinical Programmes at the National University of Singapore provides a critical assessment of what happiness really means and the evidence for how it can be increased Arguing that negative emotions are as important to overall well being as the sunnier sides of our disposition the book examines many of the claims of the positive psychology movement including the relationship between happiness and physical health and argues that resilience adaptability in the face of adversity psychological flexibility and a sense of generativity and creativity are far more achievable as life goals This is a book which will fascinate anyone interested in positive psychology or anyone who has ever questioned the plethora of publications suggesting that blissful happiness is ten easy steps away

The Allure of Premeditated Murder Jack Levin,, Julie B. Wiest,2018-10-18 Any murder causes pain and suffering that ripple through families and communities of both the victims and the perpetrators but premeditated murders cause the worst kind of damage The Allure of Premeditated Murder is about the worst kinds of premeditated homicide in which the perpetrator plans an attack over a period of days weeks or months leaving behind massive carnage and unspeakable suffering Drawing on extensive research and interviews with murderers sociologists Jack Levin and Julie B Wiest help readers understand why such vicious murders occur and what we can do to minimize their incidence Throughout the book they examine why people engage in acts of premeditated murder planning and implementing terrible violence against others from the perpetrator's viewpoint By juxtaposing the motivations for these hideous homicides against everyday social circumstances these often baffling crimes are explained in an easy to understand manner that paves the way for promising solutions In the process of examining the characteristics of premeditated murder the book also addresses those questions that are commonly asked about this kind of violent crime but usually unanswered How could a killer have enjoyed his murderous rampage when he committed suicide right afterward Why do sadistic killers sometimes regard their murders as great accomplishments What can be done to effectively reduce the likelihood of this kind of homicide As violence remains such a prominent and troubling topic nationwide The Allure of Premeditated Murder successfully explores the reasons behind the worst violence as well as the most promising solutions

Mental Illness in Ancient Medicine ,2018-01-29 In Mental Illness in Ancient Medicine From Celsus to Paul of Aegina a detailed account is given by a range of experts in the field of the development of different conceptualizations of the mind and its pathology by medical authors from the beginning of the imperial period to the seventh century CE New analysis is offered both of the dominant texts of Galen and of such important but neglected figures as Rufus Archigenes Athenaeus of Attalia Aretaeus Caelius Aurelianus and the Byzantine compilers The work of these authors is considered both in its medical historical context and in relation to philosophical and theological debates on ethics and on the nature of the soul with which they interacted

Cognition and Emotion Mick Power,Tim Dalgleish,2015-08-20 This fully updated third edition of the highly praised Cognition and Emotion provides a

comprehensive overview of contemporary research on both normal emotional experience and the emotional disorders The book provides a comprehensive review of the basic literature on cognition and emotion it describes the historical background and philosophy of emotion reviews the main theories of normal emotions and emotional disorders and the research on the five basic emotions of fear anger sadness anger disgust and happiness The authors provide a unique integration of two areas which are often treated separately the main theories of normal emotions rarely address the issue of disordered emotions and theories of emotional disorders e g depression post traumatic stress disorder and phobias rarely discuss normal emotions The book draws these separate strands together introducing a theoretical framework that can be applied to both normal and disordered emotions Cognition and Emotion provides both an advanced textbook for undergraduate and postgraduate courses in addition to a novel approach with a range of implications for clinical practice for work with the emotional disorders

Cognition and Emotion Consultant Clinical Psychologist Mick Power, Mick Power, Tim Dalgleish, 2007-11-21 The relationship between thinking and feeling has puzzled philosophers for centuries but more recently has become a dominant focus in psychology and in the brain sciences This second edition of the highly praised Cognition and Emotion examines everything from past philosophical to current psychological perspectives in order to offer a novel understanding of both normal emotional experience and the emotional disorders The authors integrate work on normal emotions with work on the emotional disorders Although there are many influential theories of normal emotions within the cognition and emotion literature these theories rarely address the issue of disordered emotions Similarly there are numerous theories that seek to explain one or more emotional disorders e g depression post traumatic stress disorder and phobias but which rarely discuss normal emotions The present book draws these separate strands together and introduces a theoretical framework that can be applied to both normal and disordered emotions It also provides a core cognition and emotion textbook through the inclusion of a comprehensive review of the basic literature The book includes chapters on the historical background and philosophy of emotion reviews the main theories of normal emotions and of emotional disorders and includes separate chapters organised around the five basic emotions of fear sadness anger disgust and happiness Cognition and Emotion From Order to Disorder provides both an advanced textbook for undergraduate and postgraduate courses in addition to a novel approach with a range of implications for clinical practice for work with the emotional disorders

It Ended Badly Jennifer Wright, 2024-09-04 A history of heartbreak replete with beheadings uprisings creepy sex dolls and celebrity gossip and its disastrously bad consequences throughout time Spanning eras and cultures from ancient Rome to medieval England to 1950s Hollywood Jennifer Wright's *It Ended Badly* guides you through the worst of the worst in historically bad breakups In the throes of heartbreak Emperor Nero had just about everyone he ever loved from his old tutor to most of his friends put to death Oscar Wilde's lover whom he went to jail for abandoned him when faced with being cut off financially from his wealthy family and wrote several self serving books denying the entire affair And poor volatile Caroline Lamb sent Lord Byron one

hell of a torch letter and enclosed a bloody lock of her own pubic hair Your obsessive social media stalking of your ex isn't looking so bad now is it With a wry wit and considerable empathy Wright digs deep into the archives to bring these thirteen terrible breakups to life She educates entertains and really puts your own bad breakup conduct into perspective It Ended Badly is for anyone who's ever loved and lost and maybe sent one too many ill considered late night emails to their ex reminding us that no matter how badly we've behaved no one is as bad as Henry VIII Wright combines a deep knowledge of her subjects with an abiding love for their depravity she chronicles their breakups with a wit as sharp as a guillotine's blade People The writing fits right in with the work of comedian authors Tina Fey and Chelsea Handler Library Journal starred review

Desire Susan Cheever, 2009-10-06 We've all felt the giddy flutter of excitement when our new lover walks into the room Waited by the phone changed our plans But are we in love or is there something darker at work In Desire Where Sex Meets Addiction Susan Cheever explores the shifting boundaries between the feelings of passion and addiction desire and need and she raises provocative and important questions about who we love and why Elegantly written and thoughtfully composed Cheever's book combines unsparing and intimate memoir interviews and stories hard science and psychology to explore the difference between falling in love and falling prey to an addiction Part one defines what addiction is and how it works the obsession the betrayals the broken promises to oneself and others Part two explores the possible causes of addiction is it nature or nurture a permanent condition or a temporary derangement Part three considers what we can do about it including a provocative suggestion about how we describe and treat addiction and a look at the importance of community and storytelling In the end there are no easy answers A straight look about some crooked feelings Desire shows us the difference between the addiction that cripples our emotions and healthy empowering love that enhances our lives

The Incurable Romantic Frank Tallis, 2018-09-18 A psychologist explores the intersection of love and madness through the riveting stories of the patients he has treated In The Incurable Romantic Frank Tallis recounts the extraordinary stories of patients who are quite literally madly in love a woman becomes utterly convinced that her dentist is secretly infatuated with her and drives him to leave the country a man destroys his massive fortune through trysts with over three thousand prostitutes because his ego requires that they fall in love with him a beautiful woman's pathological jealousy destroys the men who love her Along the way we learn a great deal about the history of psychiatry and the role of neuroscience in addressing disordered love Elegantly written and infused with deep sympathy The Incurable Romantic shows how all of us can become a bit crazy in love

Barriers to Loving Stephen B. Levine, 2013-10-23 Barriers to Loving is an intriguing exploration of the role of sexual love over the course of life Beginning with the mental health professions avoidance of the topic Levine proposes a compendium of love's pathologies by reorganizing what is familiar to clinicians into the barriers that limit the formation of adult adult love impediments that diminish a partner's lovability and the impediments to feeling and expressing love for a partner Before reviewing scientific contributions to the understanding of love he explores the topics of

sexual excess and infidelity and how they relate to the aspiration to love and be loved The final two chapters synthesize with clarity what to teach about love to young professionals in order to prepare them for the complexities they will soon encounter and provide a sophisticated answer to the question What is love Barriers to Loving integrates humanism science and clinical experience in Levine s long appreciated unique and mature voice **The Psychologist** ,2005 *The Three Hardest Words* Leonard Sweet,2010-05-26 Three simple words I love you capture the heart of Jesus life and ministry These three words form the bottom line and top drawer of all his teachings And they remain the three hardest words in the world to get right Two pronouns and a verb have never been so difficult to grasp much less to practice Popular culture has ruined love s reputation by redefining it first as romance and then as lust But it s not just the meaning of the word love that causes so much confusion To fully understand love we also need to find out who we are in God s eyes and whom we are commanded to love Following Jesus can be described as the daily practice of all three words I Love You There is nothing more rewarding and nothing more risky Join Leonard Sweet in this eye opening life altering exploration of three simple one syllable words After all the lifestyle of love is the only life that Jesus calls you to live There is nothing more challenging than adopting the three word lifestyle of Jesus as your own Perhaps you have wondered why love seems to work for everyone else but not for you Or maybe you ve done your best to love those around you but it seems that life has drained your last drop of trust and affection Nothing is better than love when it s right and nothing is more destructive than attempts at love that fail to follow the Jesus prescription for a healthy life Jesus devoted his earthly life to saying these three words I love you and teaching us how to say them As Jesus defined love it takes everything you ve got and then even more which only God can give The lifestyle of love is not something you can master on your own but Jesus is ready to show you how Starting today you can learn to live I love you the three hardest words in the world to get right Leonard Sweet PhD serves as the E Stanley Jones Professor of Evangelism at Drew Theological School in Madison New Jersey He is also a Distinguished Visiting Professor at George Fox University in Newberg Oregon and founder and president of SpiritVenture Ministries He has written many books including Out of the Question Into the Mystery and the trilogy SoulTsunami AquaChurch and SoulSalsa **The Bloomsbury Companion to Stylistics** Violeta Sotirova,2015-11-19 This Bloomsbury Companion provides an overview of stylistics with a detailed outline of the scope and history of the discipline as well as its key areas of research The main research methods and approaches within the field are presented with a detailed overview and then illustrated with a chapter of unique new research by a leading scholar in the field The Companion also features in depth explorations of current research areas in stylistics in the form of new studies by established researchers in the field The broad interdisciplinary scope of stylistics is reflected in the wide array of approaches taken to the linguistic study of texts drawing on traditions from linguistics literary theory literary criticism critical theory and narratology and in the diverse group of internationally recognised contributors **The Student's Guide to Social Neuroscience** Jamie Ward,2013-12-19 Shortlisted for the British Psychological Society Book

Award 2013 Social neuroscience is an expanding field which by investigating the neural mechanisms that inform our behavior explains our ability to recognize understand and interact with others Concepts such as trust revenge empathy prejudice and love are now being explored and unraveled by the methods of neuroscience Many researchers believe that evolutionary expansion of the primate and human brain was driven by the need to deal with social complexity not only to understand and outwit our peers but to take advantage of the benefits of cooperative living But what kind of brain based mechanisms did we end up with Special routines for dealing with social problems or more general solutions that can be used for non social cognition too How are we able to sacrifice our own self interests to respond to the needs of others How do cultural differences in the organization of society shape individual minds and brains and does the brain provide constraints on the possible range of cultural permutations The Student s Guide to Social Neuroscience explores and explains these big issues using accessible examples from contemporary research The first book of its kind this engaging and cutting edge text is an ideal introduction to the methods and concepts of social neuroscience for undergraduate and postgraduate students in fields such as psychology and neuroscience Each chapter is richly illustrated in attractive full color with figures boxes and real world implications of research Several pedagogical features help students engage with the material including essay questions summary and key points and further reading This book is accompanied by substantial online resources that are available to qualifying adopters

Carrying the Torch Steven Payne, 2010-12-10 When I want to read a book I write one So wrote the 19th century politician and novelist Benjamin Disraeli Washington Irving said something very similar and its a maxim which Ive adopted as my own Almost all of the writing Ive done over many years has been based on wanting to read a book on a particular subject a book which research told me didnt currently seem to exist Carrying the Torch like all my other books to date was born out of the desire to read a good book on an interesting subject finding nothing available that quite matched up to my expectations I decided to write it myself I wanted a good general book about the phenomenon of unrequited love in the worlds art how important a theme it has been in novels poems music and film for so long why artists keep coming back to it again and again what it actually is what it feels like and how it might be explained and so forth I like to think that thats the book Ive written All the world loves a lover and most people whether they openly admit it or not and that includes a great many men love a good love story as I make clear in the book it doesnt seem to matter if the story has a tragic or at least unhappy ending we dont enjoy it any less and may even enjoy it all the more as the popularity of weepies in book or film form attests

How to Date in a Post-Dating World Diane Mapes, 2006 Taking up where Emily Post and Miss Manners left off Diane Mapes counsels the dating distressed on todayand s new rules of courtship This smart savvy etiquette guide addresses both nuts and bolts questions Who asks Who pays Who makes the first call Who brings out the condoms as well as the more puzzling aspects of modern romance Do I really need to tell my new girlfriend that I had her investigated Advice behavioral examples and dating horror stories are gleaned from a number of sources including singles psychologists

scholars authors etiquette experts relationship coaches and the most well mannered people on earth Southern women and gay men From how to avoid dating a serial killer to what to do at a snuggle part How to Date provides single men and women gay and straight with a step by step road map for navigating todayand s romantic quicksand with humor grace and aplomb

Melancholy Experience in Literature of the Long Eighteenth Century A. Ingram,S. Sim,C. Lawlor,R. Terry,J. Baker,Leigh Wetherall Dickson,2011-04-12 Arising from a research project on depression in the eighteenth century this book discusses the experience of depressive states both in terms of existing modes of thought and expression and of attempts to describe and live with suffering It also asks what present day society can learn about depression from the eighteenth century experience

Couple Therapy for Depression David Hewison,Christopher Clulow,Harriet Drake,2014-06-19 Depression is second after heart disease as the most damaging health condition in the world The NHS has devoted huge resources to training thousands of psychological therapists to work in Improving Access to Psychological Therapies services specifically to treat depression in adults and couple therapy has been identified as one of the effective ways of treating it Couple Therapy for Depression is an integrative 20 session couple therapy designed to treat depression in couples where there is also relationship distress Following the recommendations of the UK s National Institute for Clinical Excellence for a behaviourally based couple therapy treatment it draws on RCT studies of efficacy as well as best practice in behavioural cognitive emotionally focused systemic and psychodynamic couple therapies Sticking closely to the competencies identified for the treatment of depression and relationship distress in couples it outlines the ways in which couple therapists can reduce damaging interactions between couples build emotional openness and closeness improve communication and behaviour change unhelpful cognitions and perceptions and help the couple cope with the ordinary and not so ordinary stresses that arise in the course of everyday relating Written by couple therapists who understand deeply the unique challenges of doing therapy with couples it is based on the training programme for Couple Therapy for Depression commissioned by the NHS for use in its Improving Access to Psychological Therapies services It begins by describing the causes and consequences of depression and then focuses on its impact on the adult couple Highlighting the particular techniques needed in safe and effective work with distressed couples it goes through the different ways in which the couple s feelings thoughts and behaviours need to be understood and worked with in order to reduce relationship distress It outlines the treatment of 4 different couples to illustrate the therapy in action and will be helpful for any therapist wanting to enhance their work with couples

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Love Sick Love As A Mental Illness Introduction

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