



13) Sentado por cima do trabalho



14) Sentado ao nível do cotovelo



15) Sentado ao nível do punho



16) Sentado ao nível do ombro



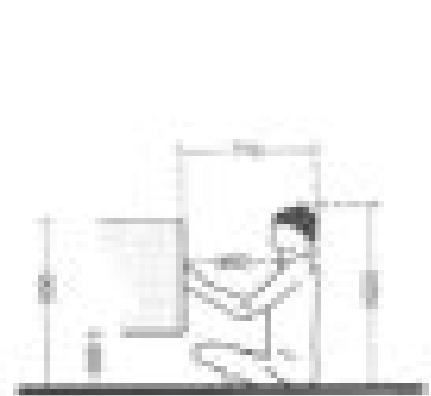
17) Manipulação de peso



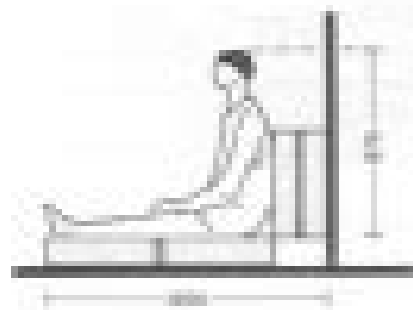
18) De costas



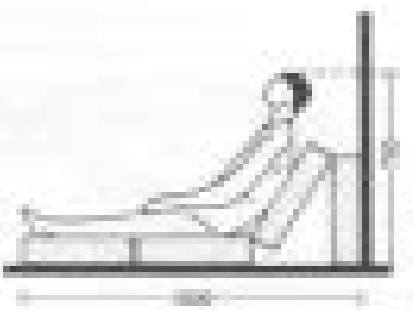
19) Frontal



20) Sentado ao nível do quadril



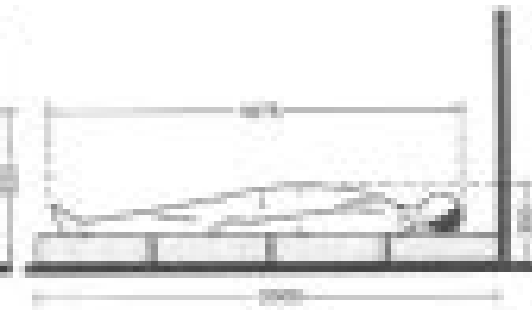
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