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As a mother of three, Jessien Scinfeld, Line many bases parents, used to struggle to get her kids to set right. In Deceptionly Delicooux, she shares her solutions cast mostlesstering recipes that even the most overwhelmed families can make-straithily purked with unseen veggies, pureed so kids will never suspect. Desegrizedy Delictous has all of Jessira's winning combinations, including caudiflower in mar and chosen and spinsch in brownies. She also shares tips on making healthy snacks and inspecing store-bought foods, as well as solvine on presting a positive environment around the kitchen table. Deceptively Delicious is a godsend for all purents who want healthy kids, penerful fundly meals, and to never again have to say, "Eat your vegetables."

Janeira Secoled is the Joundar and president of Baky Buggs, a nonprofit organism tion dedicated to providing elothing and equipment to New York's families to need She in the major of Acces Scientists, with actions also than there exhibites. This is her first band.

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