

David Spiegel, M.D.
Catherine Classen, Ph.D.

Group Therapy for Cancer Patients

| **A Research-based Handbook
of Psychosocial Care**

Group Therapy For Cancer Patients A Research Based Handbook Of Psychosocial Care

Peipei Pang



Group Therapy For Cancer Patients A Research Based Handbook Of Psychosocial Care:

Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care David Spiegel, Catherine Classen, 2000-01-07 This extraordinary resource celebrates and expands on Dr David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises The result is a model for helping that actually helps *Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care* David Spiegel, Catherine Classen, 2008-08-01 This extraordinary resource celebrates and expands on Dr David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises The result is a model for helping that actually helps **Psychosocial Care of the Adult Cancer Patient** Donald R. Nicholas, 2015-08-04 Increasing efficacy of biomedical treatments for cancer means that more and more people are living longer with the disease The five year relative survival rate for all cancers has increased considerably in the last three decades with some survivors living for many years and thus facing increasingly complex psychosocial issues As a result the mental health subspecialty of psycho oncology is growing and is responding to the many calls for increased availability of psychological services for cancer patients Psychosocial Care of the Adult Cancer Patient introduces psychologists and other mental health professionals to the field of psycho oncology educates them about evidence based interventions for individuals groups couples and families and describes how to successfully collaborate with oncologists and other cancer care professionals Introductory in nature and providing ready access to a range of evidence based interventions this book briefs the reader on the field of psycho oncology and the basics of cancer explains screening and assessment for psychosocial distress details the principles of evidence based interventions and concludes with case examples that illustrate the evidence based practice competencies ask access appraise translate integrate and evaluate In a unique writing style the case examples reveal the decision making process of an experienced clinician doing evidence based practice Practical strategies for addressing the psychological needs of cancer patients and their families are offered in an easy to use quick reference format Key points are highlighted and enhanced through the use of tables and figures designed to summarize and emphasize important information This book will be of value to clinical and counseling psychologists and other mental health professionals as well as graduate students in psychology social work mental health counseling oncology nursing and other cancer care professions Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Deborah A. Gerrity, Cynthia R. Kalodner, Maria Riva, 2003-12-23 The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike Each chapter reviews the literature and current research as well as offers suggestions for practice in the psycho educational

arena counseling and therapy groups The handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners Through a review of cutting edge research and practice the handbook includes 48 chapters by renowned experts in group work The history and theory of group work Topics across the lifespan An entire section on multicultural issues A variety of clinical problems and settings Appendices include the Association for Specialists in Group Work Training Standards Best Practice Standards and Principles for Diversity Competent Group Workers The Handbook of Group Counseling and Psychotherapy the most comprehensive reference devoted to this rapidly growing field is essential for graduate students academics researchers professionals and librarians serving the group therapy community

Handbook of Psychotherapy in Cancer Care Maggie Watson, David W. Kissane, 2011-05-03 This new book by international experts in psycho oncology has arisen from the teaching academies offered by the International Psycho oncology Society It distills the wisdom and experience from the training manuals dedicated to individual psychological therapies and combines them into an accessible handbook for clinicians in cancer care today The editors have brought together leading researchers and therapists who provide accounts of the prominent models of psychotherapy currently being used in cancer care the key themes they address and the essential techniques needed to apply each approach successfully Helpful clinical illustrations are woven throughout the book to make overt the strategies found in each model Provides practical guidance about how to deliver a range of individual group couple and family interventions that have proven utility in cancer care Describes comprehensively each model of psychotherapy as taught by experts delivering the International Psycho Oncology Society's Educational Academy on cancer care for patients and their families Features practical suggestions on therapy delivery from the world's leading proponents of each therapy Serves as a valuable tool to assist teaching and to facilitate research into psychological interventions in oncology palliative care and bereavement Functions as a readily accessible resource for clinicians struggling to support someone effectively through its provision of insight into the common challenges and traps that arise when providing patients with emotional support This practical handbook will help not only psychiatrists psychologists and social workers but also physicians surgeons general practitioners and nurses interested in better understanding and supporting the patients and families they care for

The Theory and Practice of Group Psychotherapy Irvin D. Yalom, Marilyn Leszcz, 2020-12-01 The classic work on group psychotherapy The Theory and Practice of Group Psychotherapy has been the standard text in the field for decades In this completely updated sixth edition Dr Yalom and Dr Leszcz draw on a decade of new research as well as their broad clinical wisdom and expertise Each chapter is revised reflecting the most recent developments in the field There are new sections throughout including online group therapy modern analytic and relational approaches interpersonal neurobiology measurement based care culture and diversity psychological trauma and group therapy tailored for a range of clinical populations At once scholarly and lively this is the most up to date incisive and comprehensive text available on the practice of group psychotherapy

Group Counseling:

Concepts and Procedures Fourth Edition Robert C. Berg, Garry L. Landreth, Kevin A. Fall, 2013-08-21 The fourth edition of this well respected text first published in 1979 is a timely and thorough revision of the existing material Group Counseling has done well over the years due in large part to its comprehensive history of group work as a counseling specialty the practical nature of the authors explanations the diversity of sources the authors draw upon and the international acclaim of Dr Landreth s work on play and filial therapy This text will provide both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge

New Handbook of Methods in Nonverbal Behavior Research Jinni Harrigan, Robert Rosenthal, Klaus Scherer, 2008-03-13 For many years the Handbook of Methods in Nonverbal Behavior Research Scherer Ekman 1982 has been an invaluable text for researchers looking for methods to study nonverbal behavior and the expression of affect A successor to this essential text The New Handbook of Methods in Nonverbal Behavior Research includes chapters on coding and methodological issues for a variety of areas in nonverbal behavior facial actions vocal behavior and body movement Issues relevant to judgment studies methodology reliability analyses etc have also been updated The topics are broad and include specific information about methodology and coding strategies in education psychotherapy deception nonverbal sensitivity and marital and group behavior There is also a chapter detailing specific information on the technical aspects of recording the voice and face and specifically in relation to deception studies This volume will be valuable for both new researchers and those already working in the fields of nonverbal behavior affect expression and related topics It will play a central role in further refining research methods and coding strategies allowing a comparison of results from various laboratories where research on nonverbal behavior is being conducted This will advance research in the field and help to coordinate results so that a more comprehensive understanding of affect expression can be developed

DeVita, Hellman, and Rosenberg's Cancer Vincent T DeVita Jr, Steven A Rosenberg, Theodore S Lawrence, 2022-09-21 The standard setting text in oncology for 40 years DeVita Hellman and Rosenberg s Cancer Principles and Practice of Oncology 12th Edition provides authoritative guidance and strategies for managing every type of cancer by stage and presentation Drs Vincent T DeVita Jr Theodore S Lawrence and Steven A Rosenberg oversee an outstanding team of expert contributing authors who keep you up to date and fully informed in this fast changing field This award winning reference is also continually updated on Health Library and VitalSource platforms for the life of the edition

Group Work with Populations at Risk Geoffrey L. Greif, Carolyn Knight, 2017 This skills focused group work book equips students and practitioners to address the needs of a wide range of under served populations Particular attention is paid to building skills for serving a wide range of social and emotional client needs across the lifespan in a variety of settings

How to Create and Sustain Groups that Thrive Ann Steiner, Ph.D., 2020-05-25 How to Create and Sustain Groups That Thrive is an accessible manual for group leaders of all kinds from psychotherapy groups to discussion groups This thoroughly updated third edition of the author s popular group psychotherapy guide provides a wealth of tools for starting and maintaining

groups including sample group agreements a screening and preparation system and an innovative collaborative goal setting system The book also discusses the importance of online netiquette as well as an overview of diversity and inclusion concepts in group work offering a range of modifiable leadership and facilitation interventions that can be tailored to meet the needs of specific groups Specifically designed to help both seasoned group therapists and clinicians who find themselves leading groups How to Create and Sustain Groups That Thrive is an easy to use fully practical resource for a variety of mental health professionals Trancework ,2012-04-27 For three decades Trancework has been the fundamental textbook for guiding professionals in learning hypnosis Now in its fourth edition this classic text continues to be the most comprehensive book for learning the fundamental skills of the field This edition accommodates new studies and topics and contains five new chapters on positive psychology the management of pain pediatric and adolescent hypnosis behavioral medicine and hypnosis across modalities Readers can expect to receive a comprehensive overview of what is currently going on in the domain of hypnosis an in depth consideration of issues associated with the use of hypnosis a greater appreciation for the diverse ways in which hypnosis can be applied and a more detailed description of hypnotic methods and characteristics Those new to the field will also appreciate the Frames of Reference sections found throughout the book which provide insights into the work of some of the founders and leaders of clinical hypnosis Each chapter concludes with suggestions from the author for things to consider and things to do further emphasizing the importance of active learning Included online at <http://www.routledge-mentalhealth.com/books/details/9780415884945> is the video of Dr Yapko's session with Vicki an emotionally powerful and technically excellent session For those who wish to follow along a PDF download containing the session transcript is also available Clinical Hypnosis has the power to change clients lives for the better Trancework gives professionals the skills to do just that

Psychopharmacology in Oncology and Palliative Care Luigi Grassi,Michelle Riba,2014-07-17 This practical manual presents the main drugs and protocols currently used in the psychopharmacological treatment of psychiatric disorders in cancer and palliative care settings and explores the principal issues involved in such treatment Significant clinical challenges encountered in the psychopharmacological management of various psychiatric conditions are discussed covering aspects such as side effects and drug drug interactions Attention is also paid to the emerging theme of adjuvant use of psychotropic drugs for the treatment of symptoms or syndromes not primarily related to psychiatric disorders In addition practical suggestions are provided for dealing with special populations including children and the elderly The book is designed to be easy to read and to reference with helpful concise tables and boxes The authors include some of the most renowned clinicians working in the field of psycho oncology The Holistic Approach to Redefining Cancer Caroline Mary Moore,2018-01-31 This book is a holistic investigation into the inspirational self healing of a seventy three year old woman diagnosed in 2005 with multiple myeloma an incurable relapsing remitting cancer After twelve years of remission without ever relapsing the only available explanation from her doctors concerning her mysterious recovery has been You're very lucky

As her mother's daughter and registered holistic counselor the author went in search of the mysterious ingredient that proved essential to her mother's survival and recovery from cancer demonstrating that luck was not the fundamental element that aided in self healing but a profound collaboration between the body mind and soul bringing attention to a necessary shift in human consciousness a new model of empowerment supported by recent epigenetic research that challenges many of our assumptions and misconceptions concerning disease As we decode and clarify the mysterious ingredient called luck the powerful impact that personal responsibility and conscious choice actually bestow upon us becomes apparent and the author invites us to free our minds embrace our bodies feel our emotions and nourish our souls The Holistic Approach to Redefining Cancer introduces a new paradigm demonstrating that when different levels of human consciousness collaborate together they become a driving force powerful enough to transform a life threatening disease like cancer into an experience of profound self healing of the mind body and soul

Oxford Textbook of Psychotherapy Glen O. Gabbard, Judith S. Beck, Jeremy Holmes, 2007 With the publication of this book psychotherapy finally arrives at the mainstream of mental health practice This volume is an essential companion for every practising psychiatrist clinical psychologist psychotherapy counsellor mental health nurse psychotherapist and mental health practitioner It is integrative in spirit with chapters written by an international panel of experts who combine theory and research with practical treatment guidelines and illustrative case examples to produce an invaluable book Part One gives a comprehensive account of all the major psychotherapeutic approaches Parts Two and Three systematically describe psychotherapeutic approaches to the major psychiatric disorders and personality disorders Many chapters are multi authored and describe the psychodynamic cognitive behavioural and other approaches for treating these illnesses Part Four examines applications and modifications of psychotherapy across the lifecycle Part Five describes psychotherapy with specific populations such as medical patients and those where gender is an issue and finally Part Six tackles some of the special topics of concern to psychotherapists including ethics legal issues and psychotherapy and neuroscience The first of its kind this is a must have volume for all trainee and practising psychological therapists whatever their background psychiatry psychology social work or nursing

Social Work in Health and Mental Health Tuula Heinonen, Anna Metteri, 2005 Social Work in Health and Mental Health Issues Developments and Actions was created for final year undergraduate and master's level students in the health and mental health fields It is primarily a book on social work practice discussing how one might approach a specific health or mental health related problem or issue as a social worker Health and mental health are conceptualized broadly in this volume The health and well being of body and mind are seen as integrally connected shaped by biological physics psychological material social and structural features and determinants Clients are viewed as active engaged agents with strengths and resources from which to draw in meeting everyday challenges and major life crises Contributions form around the world allow the social work student to learn about current practice in places as diverse as Australia Finland China South Africa Wales Canada and the United States Each

chapter is accompanied by both reflection questions and a case study derived from practice and written to stimulate discussion that develops assessment and treatment planning skills

Clinical Case Formulations Barbara Lichner Ingram, 2011-03-10 A step by step model for individualized case conceptualization This innovative new guide addresses the essential question facing every therapist with a new client How do I create a treatment plan that is the best match for my client This unique resource provides a systematic method to integrate ideas skills and techniques from different theoretical approaches empirical research and clinical experience to create a case formulation that is tailor made for the client Clinical Case Formulations is divided into three parts Getting Started provides an overview that sets forth a framework for case formulation and data gathering 28 Core Clinical Hypotheses offers a meta framework embracing all theories orientations and mental health intervention models and presents clinical hypotheses within seven categories Biological Hypotheses Crisis Stressful Situations and Transitions Behavioral and Learning Models Cognitive Models Existential and Spiritual Models Psychodynamic Models and Social Cultural and Environmental Factors These hypotheses are combined and integrated to develop a coherent conceptualization of the client s problems Steps to a Complete Case Formulation provides a structured framework known as the Problem Oriented Method POM Using the POM and integrating multiple hypotheses the therapist learns how to think intelligently critically and creatively in order to develop a tailor made treatment plan A list of thirty three standards for evaluating the application of this method is provided With this practical guide you will learn to conceptualize your clients needs in ways that lead to effective treatment plans while finding the tools for troubleshooting when interventions fail to produce expected benefits

Handbook of Cancer Survivorship Michael Feuerstein, 2007-10-18 Not long ago a cancer diagnosis was regarded as an automatic death sentence today there are ten million survivors Equally impressive is the growing number of clinicians and researchers dedicated to improving the quality of survivors lives and care Yet despite this encouraging picture there has never been a reliable central source for relevant clinical information till now The Handbook on Cancer Survivorship responds to the diverse needs of survivors and their support communities by comprehensively addressing the major issues in the field from the burden of survivorship to secondary prevention Editor Michael Feuerstein himself a cancer survivor and sixty other top scientist practitioners analyze in depth how survivors meet and manage the challenges of life after cancer and what clinicians researchers and public health systems can do to ease the transition The Handbook s 27 comprehensive chapters include the latest research and practice related to Survivors quality of life and how it can be assessed Managing everyday and chronic stress Depression anxiety pain disorders and cognitive changes Coping adaptation and resilience Behavior change strategies exercise weight control smoking cessation Cancer survivorship centers and other models for follow up care Survivor clinician and international perspectives New frontiers in practice research and policy Such wide ranging coverage benefits everyone involved in cancer survival primary care providers oncologists behavioral health specialists physical and occupational therapists nutritionists epidemiologists health

systems professionals and policymakers and of course survivors themselves and their families Palliative Medicine E-Book
T. Declan Walsh, Augusto T. Caraceni, Robin Fainsinger, Kathleen M. Foley, Paul Glare, Cynthia Goh, Mari Lloyd-Williams, Juan Nunez Olarte, Lukas Radbruch, 2008-10-07 As a palliative medicine physician you struggle every day to make your patients as comfortable as possible in the face of physically and psychologically devastating circumstances This new reference equips you with all of today's best international approaches for meeting these complex and multifaceted challenges In print and online it brings you the world's most comprehensive state of the art coverage of your field You'll find the answers to the most difficult questions you face every day so you can provide every patient with the relief they need Equips you to provide today's most effective palliation for terminal malignant diseases end stage renal cardiovascular respiratory and liver disorders progressive neurological conditions and HIV AIDS Covers your complete range of clinical challenges with in depth discussions of patient evaluation and outcome assessment ethical issues communication cultural and psychosocial issues research in palliative medicine principles of drug use symptom control nutrition disease modifying palliation rehabilitation and special interventions Helps you implement unparalleled expertise and global best practices with advice from a matchless international author team Provides in depth guidance on meeting the specific needs of pediatric and geriatric patients Assists you in skillfully navigating professional issues in palliative medicine such as education and training administration and the role of allied health professionals Includes just enough pathophysiology so you can understand the whys of effective decision making as well as the how tos Offers a user friendly full color layout for ease of reference including color coded topic areas mini chapter outlines decision trees and treatment algorithms Comes with access to the complete contents of the book online for convenient rapid consultation from any computer The Oxford Handbook of Depression and Comorbidity C. Steven Richards, Michael W. O'Hara, 2014 The Oxford Handbook of Depression and Comorbidity brings together scholarly contributions from world class researchers to present a careful and empirically based review of depressive comorbidity

The Enigmatic Realm of **Group Therapy For Cancer Patients A Research Based Handbook Of Psychosocial Care**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Group Therapy For Cancer Patients A Research Based Handbook Of Psychosocial Care** a literary masterpiece penned by way of a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book is core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those that partake in its reading experience.

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