Group Psychotherapy Progress Note

The Group Psychotherapy Progress Note is used for billable outpatient psychotherapy groups. Use the Intensive Services Progress Note form to document other groups offered as part of programs such as Partial Hospitalization (PHP), Community Based Adolescent Treatment (CBAT) and Transitional Support Services (TSS).

Data Field	Identifying Information Instructions
Person's Name	Record the first name, last name, and middle initial of the person being served. Order of name is at agency discretion.
Record Number	Record your agency's established identification number for the person.
Person's DOB	Record the person's date of birth to serve as another identifier.
Organization Name:	Record the organization for whom you are delivering the service.
Group Name	Give the name of the specific group. Example: Anger Management.
Number of Attendees	Enter the number of persons attending the group on this date.
Person Served Did Not Attend	Indicate the reason the person served did not attend the group session.
Data Field	**Documentation of Person's Served Participation and Response to Group Treatment**
Behavior in Group	Check box(es) to document the person's observed behavior during the group session.
Person's Served Mood	Check box(es) to document the person's observed or reported mood during the group session.
Stressors/Extraordinary Events/New Issues Presented Today	There are four options available for staff using this section of the progress note: 1. If person does not report/present any new issues, mark "None Reported" and proceed to planned intervention/goals. 2. If person reports a new issue that was resolved during the session check the "New Issue resolved, no CA Update required" box. Briefly document the new issue, identify the interventions used in the Therapeutic Interventions section and indicate the resolution in the Response section of the progress note. If services are provided during the session that have not been previously ordered in the Individualized Action plan, then an explanation of the rationale for those services should be provided. 3. If person presents an issue that has been previously assessed and for which Goals/Objectives and services have been ordered, then the information may be briefly documented as an indicator of the progress or lack of progress achieved. 4. If person presents any new issue(s) that represent a therapeutic need that is not already being addressed in the IAP, check box indicating a "CA Update Required" and record notation that new issue has been recorded on a Comprehensive Assessment Update of the same Date and write detailed narrative on the appropriate CA Update as instructed in this manual. Also, the newly assessed therapeutic information may require a new goal, objective, therapeutic intervention or service that will require further use of the IAP Review/Revision form. **Example: Person became uncharacteristically angry with another group member during the group session and the two began arguing loudly. Group therapist intervened and assisted person with identifying what had triggered excessive anger today. Person was able to recognize that the other group member reminded her of her abusive uncle and apologized to the other member.** **Example of New Issue needing CA Update:** **The person reported new symptoms of nightmares, intrusive memories, and**

Group Therapy Notes Examples

Rebecca L. Haller,Christine L. Capra

Group Therapy Notes Examples:

The Clinical Documentation Sourcebook Donald E. Wiger,2009-12-31 All the forms handouts and records mental health professionals need to meet documentation requirements fully revised and updated The paperwork required when providing mental health services continues to mount Keeping records for managed care reimbursement accreditation agencies protection in the event of lawsuits and to help streamline patient care in solo and group practices inpatient facilities and hospitals has become increasingly important Now fully updated and revised the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms checklists and clinical records essential for effectively and efficiently managing and protecting your practice The Fourth Edition offers Seventy two ready to copy forms appropriate for use with a broad range of clients including children couples and families Updated coverage for HIPAA compliance reflecting the latest The Joint Commission TJC and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence based treatment A CD ROM with all the ready to copy forms in Microsoft Word format allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment The Clinical Documentation Sourcebook Fourth Edition offers sample forms for every stage of the treatment process Greatly expanded from the Third Edition the book now includes twenty six fully completed forms illustrating the proper way to fill them out Note CD ROM DVD and other supplementary materials are not included as part of eBook file Adolescent Group Therapy Lucille Gordon,Robert V. Heckel,George R. Holmes,1991-09-30 This book offers a health oriented integrative approach to adolescent group therapy George R Holmes and his associates believe that promoting social competency in each adolescent group member is central to successful therapy The enablement of interpersonal skills neutralizes the environmentally sponsored psychopathology that adolescents use to survive The authors also emphasize the co therapy relationship They offer recommendations for supervising trainee therapists and for applying their model to other contexts such as high schools The authors discuss strategies developed in their clinical work covering such issues as scapegoating silence and withdrawal They explore how processes roles and meaningful issues change over the life of the group Social competency should be the main focus they argue it is essential to nurturing self parenting skills and a healthy identity The co therapy relationship the interaction between co therapists and among co therapists and group members also greatly determines therapeutic change The book includes recommendations for supervising trainee therapists and for applying this model to other contexts such as high schools Adolescent Group Therapy will be of interest to students and to teachers and professionals in psychology counseling vocational rehabilitation social work nursing education and child and adolescent psychiatry **Cognitive Behavioral Group Therapy** Ingrid Sochting,2014-09-22 With coverage of the latest theory and research this is a complete guide to implementing cognitive behavioral group therapy for practitioners and trainees in a range of mental health disciplines

Presents evidence based protocols for depression panic social anxiety generalized anxiety posttraumatic stress OCD compulsive hoarding psychosis and addiction Provides innovative solutions for achieving efficient effective therapy as mandated by emerging health care priorities as well as trouble shoots for common problems such as dropouts Details unique strategies for working with ethnic minorities and clients across the age spectrum along with material on mindfulness augmentation and transdiagnostic approaches Includes clear accessible instructions complete with references to DSM 5 diagnostic changes real life clinical examples and group session transcripts **Solution Focused Group Therapy** Linda Metcalf,1998 In our managed care era group therapy long the domain of traditional psychodynamically oriented therapists has emerged as the best option for millions of Americans However the process can be frustratingly slow and studies show that patients actually feel worse after months of group treatment than when they began Can and should the group speed a person s progress Now in this must have book marriage and family therapist Linda Metcalf persuasively argues that the collaborative nature of group therapy actually lends itself to time limited treatment She combines the best elements of group work and the popular solution focused brief therapy approach to create new opportunities for practitioners and patients alike Among the topics covered in this valuable guide are how to learn the model how to design a group and recruit members how to identify exceptions to a group member s self destructive behaviors and thoughts how to help members focus on their successes rather than their failures how to keep the group solution focused when therapists or members fall back into old patterns This unique resource also includes case examples and session transcripts to follow together with reproducible forms that can be used as they are or tailored to a therapist s needs Solution Focused Group Therapyis an up to the minute highly accessible resource for therapists of any orientation Managed care companies in particular will welcome this model which deals so effectively and economically with today s biggest problems including eating disorders chemical dependencies grief depression anxiety and sexual abuse **Cognitive-Behavioral Therapy in Groups** Peter J. Bieling,Randi E. McCabe,Martin M. Antony,2013-04-02 This book has been replaced by Cognitive Behavioral Therapy in Groups Second Edition ISBN 978 1 4625 4984 9 **The Addiction Progress Notes Planner** David J. Berghuis,2005-08-11 The Addiction Progress Notes Planner contains completeprewritten session and patient presentation descriptions for eachbehavioral problem in The Addiction Treatment Planner ThirdEdition The prewritten progress notes can be easily andquickly adapted to fit a particular client need or treatmentsituation Saves you hours of time consuming paperwork yet offers thefreedom to develop customized progress notes Organized around 41 main presenting problems that range fromopioid dependence to new chapters in this edition covering suchco occurring disorders as chronic pain dangerousness lethality and self care deficits Features over 1 000 prewritten progress notes summarizingpatient presentation themes of session and treatmentdelivered Provides an array of treatment approaches that correspond withthe behavioral problems and DSM IV TR diagnostic categories inThe Addiction Treatment Planner Third Edition Offers sample progress notes that conform to the

requirementsof most third party payors and accrediting agencies including theJCAHO and the NCQA **Awareness, Dialogue & Process** Gary M. Yontef,1993 **Therapeutic Notes** ,1924 Occupational Therapy for Physical Dysfunction Mary Vining Radomski,Catherine A. Trombly Latham,2008 The definitive work on occupational therapy for physical dysfunction returns in its Sixth Edition with reputable co editors and clinical academic and consumer contributors This text provides a current and well rounded view of the field from theoretical rationale to evaluation treatment and follow up Through the Occupational Functioning Model OFM the Sixth Edition continues to emphasize the conceptual foundation and scientific basis for practice including evidence to support the selection of appropriate assessments and interventions NEW TO THIS EDITION Student DVD with video clips demonstrating range of motion manual muscle testing construction of hand splints and transferring patients Evidence Tables summarize the evidence behind key topics and cover Intervention Participants Dosage Type of Best Evidence Level of Evidence Benefit Statistical Probability and Reference Assessment Tables summarize key assessment tools and cover Instrument and Reference Description Time to Administer Validity Reliability Sensitivity and Strengths and Weaknesses **Comprehensive Textbook of Psychotherapy** Andrés Consoli,Larry E. Beutler,Bruce Bongar,2016-10-03 This completely updated second edition of Comprehensive Textbook of Psychotherapy discusses the contemporary landscape of psychotherapy honors its complexities and focuses on history theory science practice and diversity The book is divided into three parts 1 Models of Psychotherapy 2 Psychotherapy by Modalities and Populations and 3 Research Methods and Randomized Clinical Trials Professional Issues and New Directions in Psychotherapy Part 1 has been expanded to include two chapters on Interpersonal Psychotherapy IPT This section now details the similarities and differences that exist across models in an effort to articulate overarching principles of human change and stability processes that are advanced through professional practice Chapters in Part 1 are organized into sets of two each set has a theory chapter covering one of the six psychotherapy models discussed followed by a practice chapter that conveys and illustrates the use of the model in a specific application including a detailed case example Part 2 addresses modalities of psychotherapy such as group family and electronic based approaches as well as psychotherapy with specific populations such as children and adolescents older adults and women This section too has been expanded to include treatment of people in the schizophrenia spectrum a chapter on treatment of immigrants and refugees and another on working with men There are also new chapters on working with military personnel and veterans and a chapter on treating survivors of trauma specifically on those exposed to mass trauma Still another new chapter is included on working with psychological emergencies Part 3 covers research methods and randomized clinical trials the training of psychotherapists ethics and legal matters and the future of psychotherapy Research and diversity are emphasized in each chapter and throughout the book This new edition of a classic textbook will be valuable to instructors and students psychotherapists in training practitioners and supervisors alike **Horticultural Therapy Methods** Rebecca L. Haller,Christine L.

Capra,2016-12-19 Horticultural therapy has evolved from its use only by volunteer gardeners to become a recognized and respected therapeutic modality conducted by trained registered professionals Horticultural Therapy Methods is the first textbook to describe the processes and techniques used to provide horticultural therapy interventions and the rationale for their use This book presents types of programs settings and goals in horticultural therapy It outlines treatment planning development of sessions to meet treatment objectives motivation and behavior management techniques documentation guidelines practical approaches for wellness and resources for activity ideas New to this Edition Various useful examples of horticultural therapy in practice and strategically placed tips and resources Additions to appendix on horticultural therapy treatment strategies New chapter on session planning Thirty seven photographs demonstrating horticultural therapy in practice Additional HT Practice examples and tips The book is used as a reference and a guide for students educators and those conducting horticultural therapy or therapeutic horticulture to guide them in constructing effective treatment programs Health care and human service professionals use the reference in the therapy treatment and education of inmates residents patients trainees students and other participants **A Treatment Manual for Justice Involved Persons with Mental Illness** Robert D. Morgan,Daryl Kroner,Jeremy F. Mills,2017-10-12 Please click on the Companion Website link above or visit www routledge com cw morgan to access the companion workbook Changing Lives Changing Outcomes A Treatment Program for Justice Involved Persons with Mental Illness A Treatment Manual for Justice Involved Persons with Mental Illness comprises a comprehensive and structured treatment manual that provides clinicians a guide for treating justice involved persons with mental illness The manual includes a treatment plan for each session with specific structured exercises for both in group and out of group work designed to teach objectives each session The program incorporates a psychosocial rehabilitation model social learning paradigm and cognitive behavioral model for change although cognitive behavioral theory is more prevalent and apparent throughout the manual Additional training on Changing Lives and Changing Outcomes A Treatment Program for Justice Involved Persons with Mental Illness is available at https www gifrinc com clco **A Counselor's Guide to Working with Men** Matt Englar-Carlson,Marcheta P. Evans,Thelma Duffy,2014-12-01 This book examines a variety of critical issues pertaining to the psychology of men and masculinity and presents successful evidence based strategies for treatment Part 1 focuses on treating men in couples counseling group work and career counseling as well as counseling men about their health Part 2 explores the intersections of identity for sexual minority men older men and fathers and discusses spiritual work with men in life transitions Part 3 addresses the concerns of men in the military prevention of sexual violence and treating men with addictions and trauma related issues Part 4 provides the specific clinical frames of female counselors using relational cultural theory with men and examines using motivational and masculine sensitive therapy with men Examples and vignettes throughout the text provide clinical relevance and reflective questions in each chapter encourage readers to explore their own biases and ideas about working with men

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Fundamentals of Motivational Interviewing Julie A. Schumacher,Michael B. Madson,2015 Fundamentals of Motivational Interviewing provides a straightforward common language and user friendly guide to key concepts in MI *The How-to Manual for Rehab Documentation* Rick Gawenda,2004 **Counseling Students in Levels 2 and 3** Jon M. Shepard,Jeffrey D. Shahidullah,John S. Carlson,2013-04-17 Target interventions to the students who need help the most Mental and emotional health are critical factors in any child s academic success But how do you make counseling effective when both counselors and students are constantly pressed for time In this user friendly guide K 12 mental health professionals will discover three proven counseling approaches that are both efficient and effective and that allow for data based decision making By focusing on levels 2 and 3 of the PBIS and RTI frameworks counselors can deliver responsive counseling services to students most in need of support This book offers Evidence based interventions and counseling best practices Guidance on successful implementation within a PBIS RTI framework Forms and resources to help busy professionals Case studies vignettes and practical examples With Counseling Students in Levels 2 and 3 you ll be ready to provide the mental health support students need for real academic success As our nation moves to implementation of the Response to Intervention RTI

model of service delivery this book fills a critical gap in professional development needs for school practitioners Diana Joyce Psychologist and Associate Scholar University of Florida Nationwide educational staffs are addressing so many social behavioral and emotional concerns that have tremendous impact on our children ability to learn We all need to continuously add to our arsenal of effective counseling practices Karen M Joseph School Counselor Roberto Clemente Middle School Germantown MD *Child-Parent Relationship Therapy (CPRT) Treatment Manual* Sue C. Bratton,Garry L. Landreth,2019-08-28 This newly expanded and revised edition of the Child Parent Relationship Therapy CPRT Treatment Manual is the essential companion to the second edition of Child Parent Relationship Therapy CPRT The second edition is updated to include four new CPRT treatment protocols and parent notebooks adapted for specific populations parents of toddlers parents of preadolescents adoptive families and the teacher student relationship along with the revised original CPRT protocol and parent notebook for ages 3 10 This manual provides the CPRT filial therapist a comprehensive framework for conducting CPRT Included are detailed outlines teaching aides activities and resources for each of the 10 sessions The manual is divided into two major sections Therapist Protocol and Parent Notebook and contains a comprehensive CPRT Training Resources section along with an index to the accompanying Companion Website The accompanying Companion Website contains all necessary and supplemental training materials in a format that allows for ease of reproduction and enhanced usability including the following CPRT Protocol Ages 3 to 10 and Parent Notebook Toddler Adapted CPRT Protocol and Parent Notebook Preadolescent Adapted CPRT Protocol and Parent Notebook Adoptive Families Adapted CPRT Protocol and Parent Notebook Teacher Student Adapted Protocol and Teacher Notebook Therapist Study Guide Training Resources Teaching Aides and Supplemental Materials Marketing Materials Assessments Drawing on their extensive experience as professional play therapists and filial therapists Bratton and Landreth apply the principles of CCPT and CPRT in this easy to follow protocol for practitioners to successfully implement the evidence based CPRT model By using this manual and the accompanying Companion Website in conjunction with the CPRT text filial therapists will have a complete package for training parents in CCPT skills to act as therapeutic agents with their own children

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