

Historia de un espacio lúdico¹

Eduardo Pavlovsky ²

El autor plantea en este trabajo, basándose en experiencias personales, que el proceso artístico está precedido de la existencia de "espacios previos" en los que el creador aprende a mirar de otra manera la realidad concreta. El "espacio lúdico" es una zona ampliamente proyectiva para todas las personas y se convierte en un espacio apto para el manejo y control de la realidad, zona elaborativa de los conflictos adolescentes.

PALABRAS CLAVE: juego, psicoterapia, creatividad

In this article the author address , basing himself upon personal experience, that the artistic process is preceded by the existence of "previous spaces" in which the creator learns to see concrete reality in a different way. The "ludic space" is wide projective zone for everyone and is converted into a space apt for the management and control reality, a zone for elaboration of adolescent conflicts.

KEY WORDS: play, psychotherapy, creativity.

Prefacio 1999 a "Historia de un espacio lúdico"³

En el año 1979 durante mi estadía en España comencé a recordar un juego infantil que había tenido una profunda influencia en mi infancia y adolescencia como gestor de lo que definía como ensayo de mi capacidad imaginativa.

Me dejé deslizar por los recuerdos, e intenté recrear emocionalmente el fluir de imágenes e intensidades del juego.

Sabía como analista que era un intento de elaborar estéticamente la situación traumática del exilio, pero también sabía que en la expresión literaria de mi proceso lúdico estaba sugiriendo un más allá del psicoanálisis.

Algo que tenía que ver con la textura intrínseca de la creación. Lo que Bacon llama "la mancha" y los "accidentes".

Descubrí al ir escribiendo todo el proceso del juego que esa matriz infantil imaginativa tenía que ver con toda mi creación posterior como ensayista político, como dramaturgo y como psicodramatista.

Italo Calvino decía que en su infancia inventaba la letra de las historietas y que siempre tuvo la sensación de que ese potencial intrínseco imaginativo de su infancia fue precursor de la singularidad de sus creaciones literarias posteriores.

En ese juego infantil descubrí dos cosas fundamentales como herramientas terapéuticas en todo mi proceso de investigación posterior: el grupo como facilitador

Historia De Un Espacio Ludico Por Eduardo Pavlovsky

JS Bruner



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