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# LOSING MY MIND

An
Intimate Look
at Life
with Alzheimer's

THOMAS DEBAGGIO

# **Losing My Mind An Intimate Look At Life With Alzheimers**

**Elizabeth MacKinlay, Corinne Trevitt** 

#### **Losing My Mind An Intimate Look At Life With Alzheimers:**

**Losing My Mind** Thomas DeBaggio, 2002-04-05 When Tom DeBaggio turned fifty seven in 1999 he thought he was about to embark on the relaxing golden years of retirement time to spend with his family his friends the herb garden he had spent decades cultivating and from which he made a living Then one winter day he mentioned to his doctor during a routine exam that he had been stumbling into forgetfulness making his work difficult After that fateful visit and a subsequent battery of tests over several months DeBaggio joined the legion of twelve million others afflicted with Alzheimer's disease But under such a curse DeBaggio was also given one of the greatest gifts the ability to chart the ups and downs of his own failing mind Losing My Mind is an extraordinary first person account of early onset Alzheimer's the form of the disease that ravages younger more alert minds DeBaggio started writing on the first day of his diagnosis and has continued despite his slipping grasp on one of life's greatest treasures memory. In an inspiring and detailed account DeBaggio paints a vivid picture of the splendor of memory and the pain that comes from its loss Whether describing the happy days of a youth spent in a much more innocent time or evaluating how his disease has affected those around him DeBaggio poignantly depicts one of the most important parts of our lives remembrance and how we often take it for granted But to DeBaggio memory is more than just an account of a time long past it is one s ability to function to think and ultimately to survive As his life becomes reduced to moments of clarity the true power of thought and his ability to connect to the world shine through and in DeBaggio's case it is as much in the lack of functioning as it is in the ability to function that one finds love hope and the relaxing golden years of peace At once an autobiography a medical history and a testament to the beauty of memory Losing My Mind is more than just a story of Alzheimer's it is the captivating tale of one man's battle to stay connected with the world and his own life

Dispatches from the Land of Alzheimer's Daniel Gibbs, 2024-02-22 From the perspective of a neurologist now living with the condition this book is a hopeful summary of current research in Alzheimer's Disease A Look Inside

Alzheimer's Marjorie N. Allen, Susan Dublin, Patricia J. Kimmerly, 2012-09-18 A Look Inside Alzheimer's is a captivating read for friends families and loved ones affected by this mind robbing disease Individuals with early stage Alzheimer's disease will take comfort in the voice of a fellow traveler experiencing similar challenges frustrations and triumphs Family and professional caregivers will be enlightened by this book and gain a better understanding of this unfathomable world and how best to care for someone living in it Susan and PJ share their accounts of their own transformation and deterioration with early onset Alzheimer's Disease and Marjorie shares her perspective as the wife of a person living with Alzheimer's Disease The book addresses the complexity and emotions surrounding issues such as the loss of independence unwanted personality shifts struggle to communicate and more The three life stories intertwined along with boxed quotes from professionals in the field make this book special Willard and Spackman's Occupational Therapy Barbara A. Schell, Glen Gillen, Marjorie Scaffa, Ellen S. Cohn, 2013-03-08 Willard and Spackman's Occupational Therapy Twelfth Edition continues in the tradition of

excellent coverage of critical concepts and practices that have long made this text the leading resource for Occupational Therapy students Students using this text will learn how to apply client centered occupational evidence based approach across the full spectrum of practice settings Peppered with first person narratives which offer a unique perspective on the lives of those living with disease this new edition has been fully updated with a visually enticing full color design and even more photos and illustrations Vital pedagogical features including case studies Practice Dilemmas and Provocative questions help position students in the real world of occupational therapy practice to help prepare them to react appropriately

**Excellence in Dementia Care: Research into Practice** Murna Downs, Barbara Bowers, 2014-09-16 This scholarly yet accessible textbook is the most comprehensive single text in the field of dementia care Drawn from research evidence international expertise and good practice guidelines the book has been crafted alongside people with dementia and their families Case studies and quotes enrich every chapter illustrating the realities of living with dementia and bringing theory to life Fully updated with 10 brand new chapters this landmark textbook has enormous breadth and gives an authoritative overview of dementia care The 2nd edition now includes chapters on the following topics Dementia friendly communities Representations of dementia in the media Younger people with dementia The arts and dementia Enhancing relationships between families and those with dementia Whole person assessment Dementia friendly physical design Transitions in care This compelling new edition is a must purchase for those working or volunteering in health and social care undergraduate and postgraduate students across a range of disciplines in health and social work and anyone interested in the field of dementia care including people with dementia and their families While we have made significant advances in the care for people with dementia and their families there is much work yet to be done This book provides a fantastic framework in which to set our understanding of dementia and to take things forward Alistair Burns Professor of Old Age Psychiatry Faculty of Medical and Human Sciences University of Manchester UK Bravo to the authors of Excellence in Dementia Care They have created a must read guidebook for those providing care to persons experiencing cognitive changes and their families This collaborative effort focuses on successful provider strategies encompassing topics across the dementia journey and is filled with spot on relevant and timely information Best of all this work is loaded with real case studies to help translate knowledge to practice making it a true resource for all practitioners Suzanne Bottum Jones MA Wisconsin Alzheimer s Institute School of Medicine Public Health University of Wisconsin Madison USA At Wit's End George Kraus, 2016-10-15 At Wit's End Plain Talk on Alzheimer's for Families and Clinicians now in its Second Edition is a straightforward summary of leading advice for understanding and caring for someone with Alzheimer's disease written without technical jargon and impractical nuance About one third of our population will eventually provide care for someone with Alzheimer's The strain of caring for a loved one with this disease can be enormous yet the reward of enhancing a loved one s quality of life is beyond measure So where to begin Many books delve into other specific areas of Alzheimer's care emphasizing the financial and legal challenges as

well as myriad medical treatment needs of those experiencing the disease Unique among these offerings At Wit s End explains the psychiatric and psychological aspects of Alzheimer s and does so in a holistic and practical manner Dr Kraus focuses on the whole person across his or her full social psychological physical and spiritual life to provide as complete a picture as possible of the changes that are in play With this broad thoughtful and grounded approach family members clinicians and caregivers are better able to discover and make wise choices from a wealth of effective interventions in all areas of care It also allows them to care for themselves and their families in the dynamic and supportive care process

Caring for Your Parents Hugh Delehanty, Elinor Ginzler, 2008 Practical advice you can trust from the experts at AARP The Oxford Handbook of Philosophy and Disability Adam Cureton, David Wasserman, 2020 This Handbook Cover introduces philosophers as well as other scholars in the humanities and social sciences to one of the most dynamic new areas of philosophical inquiry Disability raises some of the deepest conceptual and normative issues about human embodiment and well being dignity respect justice and equality and personal and social identity But it also raises pressing practical questions for educational health reproductive and technology policy and confronts controversial questions about the scope and direction of the human and civil rights movements The Handbook addresses these issues and more with contributions from some of the most prominent philosophers in the field The clarity it brings to these discussions demonstrates fully the continued centrality and importance of philosophical inquiry Facilitating Spiritual Reminiscence for People with Dementia Elizabeth MacKinlay, Corinne Trevitt, 2015-06-21 Putting research into practice this book presents a practical guide to spiritual reminiscence with older people living with dementia Clear step by step instructions for planning and hosting sessions are accompanied by important information on what spiritual care actually is and its importance in caring for older people with dementia Contemporary Narratives of Dementia Sarah Falcus, Katsura Sako, 2019-01-15 This book examines narratives of dementia in contemporary literary texts studying what is now a pressing issue with deep political economic and social implications for many ageing societies As part of the increasing visibility of dementia in social and cultural life these narratives pose ethical aesthetic and political questions about subjectivity agency and care that help us to interrogate the cultural discourse of dementia Contemporary Narratives of Dementia is a seminal book that offers a sustained examination of a wide range of literary narratives from auto biographies and detective fiction to children's books and comic books With its wide reaching theoretical and critical scope its comparative dimension and its inclusion of multiple genres this book is important for scholars engaging with studies of dementia and ageing in diverse disciplines Sarah Falcus is a Reader in Contemporary Literature at the University of Huddersfield UK She has research interests in contemporary women s writing feminism and literary gerontology She is the co director of the Dementia and Cultural Narrative DCN network Katsura Sako is an Associate Professor of English at Keio University Japan Her main field of research is in post war contemporary British literature and she has particular interests in gender ageing and illness She is a member of the steering

committee of the DCN network **Alzheimer's Disease Memoirs** Pramod K Nayar, 2021-12-06 This book examines writings by people living with Alzheimer's Disease and their caregivers Its focus areas include the construction of the self in the face of diminishing linguistic and cognitive abilities the stigmatization of ageing the various narrative strategies that these texts often collaborative employ the health activism and advocacy generated via a biosociality and the ethics of care It examines the disease writing genre about a condition that ravages the ability to use language It serves as a literary examination of the work done in this area through a critical reading of the memoirs of those with AD and caregivers and a healthy dose of literary theory The book is a valuable resource for those interested in literary and critical theory and **The Family Experience of Dementia** Gary Morris, Jack researchers in the field of ageing dementia studies Morris, 2020-12-21 Dementia not only affects the person presented with the diagnosis but their family and friends too This book provides practitioners with strategies to support the whole family and understand their dementia journey both pre and post diagnosis This is facilitated through a series of activities and reflective prompts There is also a dedicated chapter offering structured exercises for health and social care practitioners and students The book introduces the Lawrence family where Peter has been diagnosed with dementia and provides perspectives from each family member allowing practitioners to become acquainted with the lived experience of everyone involved. The reflective questions allow readers to become actively engaged to maximise their knowledge and understanding and to better contextualize what the dementia experience feels like for family and friends With its focus on the all important lived experience of the whole family during the diagnostic process and beyond this is essential reading for any practitioner working with people with dementia Body & Soul (Watertown, Library Journal, 2002 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special Mass.) ,2002 section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately **Guide to Books in Print** .2001 When It Gets Dark Thomas DeBaggio, 2007-11-01 Adeptly navigating between elegy and celebration fear and determination confusion and clarity DeBaggio delivers an exquisitely moving and inspiring book that will resonate with all those who have grappled with their own or their loved ones memory loss and with death With his first memoir Losing My Mind Thomas DeBaggio stunned readers by laying bare his faltering mind in a haunting and beautiful meditation on the centrality of memory to human life and on his loss of it to early onset Alzheimer's disease In this second extraordinary narrative he confronts the ultimate loss that of life And as only DeBaggio could he treats death as something to honor to marvel at to learn from Charting the progression of his disease with breathtaking honesty DeBaggio deftly describes the frustration grief and terror of grappling with his deteriorating intellectual faculties Even more affecting the prose itself masterfully represents the mental vicissitudes of his disease DeBaggio s fragments of memory observation and rumination surface and subside in the reader's experience much as they might in his own mind His frank lilting voice and abundant sense of wonder bind these fragments into a fluid and poetic portrait of life and loss Over the course of the book DeBaggio

revisits many of the people places and events of his life both in his memory and in fact In a sense he is saying goodbye paying his respects to the world as it recedes from him and it is a poignant irony that even as this happens he is at the height of his remarkable descriptive powers In his moments of clarity his love for life s details only grows deeper and richer the limestone creek where he has fished for years his satisfying and lonely herb farming days the goldfish pond his son designed and built in his backyard in honor of DeBaggio's passion for any hole in the ground with some liquid in it the thirty years in his beloved home in Arlington Virginia his early career as a muckraker the innumerable precious moments spent with his wife and son his belated grief over his parents deaths Popular Science, 2005-09 Popular Science gives our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it better The Washington Post Index ,2009-02 Words on Cassette ,1995 A Stranger in the House Jacci Smith Reed, 2011-09-19 It was on a cold wintry day in the year 2001 that Alzheimers diseaseunexpectedly without warning or permissionappeared at the Reeds New York doorstep and made its presence known in the lives of Ron and Jacci Smith Reed In this memoir Jacci shares her reflections frustrations feelings and truths learned during the time her husband suffered from Alzheimers disease Written from the heart learned from the mind and driven by the spirit A Stranger in the House presents a firsthand look at how this disease affects the patient the caregiver the family and friends Begun as a daily journal to help Jacci cope this memoir describes the challenges of daily life and provides a look at the resources she used to help her deal patiently with her husband who had become a man she didnt recognize Emotional and honest A Stranger in the House gives insight into the treacherous journey experienced by the loved ones of those diagnosed with Alzheimers disease

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