

Table 1. Screening Methods for Cervical Cancer

<i>Population</i>	<i>Recommended screening method</i>	<i>Comments</i>
Women younger than 21 years	No screening	—
Women 21 to 29 years of age	Cytology alone every three years	—
Women 30 to 65 years of age	HPV and cytology cotesting (preferred) every five years	Screening by HPV testing alone is not recommended
	Cytology alone (acceptable) every three years	—
Women older than 65 years	No screening is necessary after adequate negative prior screening results	Women with a history of CIN 2, CIN 3, or adenocarcinoma in situ should continue routine age-based screening for at least 20 years
Women who have had a total hysterectomy	No screening is necessary	Applies to women without a cervix and without a history of CIN 2, CIN 3, adenocarcinoma in situ, or cancer in the past 20 years
Women vaccinated against HPV	Follow age-specific recommendations (same as unvaccinated women)	—

note: The American Society for Colposcopy and Cervical Pathology guideline should be followed for all other scenarios.

CIN = cervical intraepithelial neoplasia; HPV = human papillomavirus.

Adapted with permission from Saslow D, Solomon D, Lawson HW, et al.; ACS-ASCCP-ASCP Cervical Cancer Guideline Committee. American Cancer Society, American Society for Colposcopy and Cervical Pathology, and American Society for Clinical Pathology screening guidelines for the prevention and early detection of cervical cancer. CA Cancer J Clin. 2012;62(3):149.

Guidelines For Pap Smears Acog

**Oncology Nursing Society, Jeannine M.
Brant, Diane G. Cope, Marlon Garzo
Saríá**

Guidelines For Pap Smears Acog:

Discover tales of courage and bravery in Explore Bravery with is empowering ebook, Unleash Courage in **Guidelines For Pap Smears Acog** . In a downloadable PDF format (*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

http://www.armchairempire.com/book/publication/Download_PDFS/J%20Robert%20Oppenheimer%20And%20The%20American%20Century.pdf

Table of Contents Guidelines For Pap Smears Acog

1. Understanding the eBook Guidelines For Pap Smears Acog
 - The Rise of Digital Reading Guidelines For Pap Smears Acog
 - Advantages of eBooks Over Traditional Books
2. Identifying Guidelines For Pap Smears Acog
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Guidelines For Pap Smears Acog
 - User-Friendly Interface
4. Exploring eBook Recommendations from Guidelines For Pap Smears Acog
 - Personalized Recommendations
 - Guidelines For Pap Smears Acog User Reviews and Ratings
 - Guidelines For Pap Smears Acog and Bestseller Lists
5. Accessing Guidelines For Pap Smears Acog Free and Paid eBooks
 - Guidelines For Pap Smears Acog Public Domain eBooks
 - Guidelines For Pap Smears Acog eBook Subscription Services
 - Guidelines For Pap Smears Acog Budget-Friendly Options

6. Navigating Guidelines For Pap Smears Acog eBook Formats
 - ePub, PDF, MOBI, and More
 - Guidelines For Pap Smears Acog Compatibility with Devices
 - Guidelines For Pap Smears Acog Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Guidelines For Pap Smears Acog
 - Highlighting and Note-Taking Guidelines For Pap Smears Acog
 - Interactive Elements Guidelines For Pap Smears Acog
8. Staying Engaged with Guidelines For Pap Smears Acog
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Guidelines For Pap Smears Acog
9. Balancing eBooks and Physical Books Guidelines For Pap Smears Acog
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Guidelines For Pap Smears Acog
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Guidelines For Pap Smears Acog
 - Setting Reading Goals Guidelines For Pap Smears Acog
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Guidelines For Pap Smears Acog
 - Fact-Checking eBook Content of Guidelines For Pap Smears Acog
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

Guidelines For Pap Smears Acog Introduction

Guidelines For Pap Smears Acog Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. Guidelines For Pap Smears Acog Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. Guidelines For Pap Smears Acog : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for Guidelines For Pap Smears Acog : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks Guidelines For Pap Smears Acog Offers a diverse range of free eBooks across various genres. Guidelines For Pap Smears Acog Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. Guidelines For Pap Smears Acog Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific Guidelines For Pap Smears Acog, especially related to Guidelines For Pap Smears Acog, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to Guidelines For Pap Smears Acog, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some Guidelines For Pap Smears Acog books or magazines might include. Look for these in online stores or libraries. Remember that while Guidelines For Pap Smears Acog, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow Guidelines For Pap Smears Acog eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short stories for free on their websites. While this might not be the Guidelines For Pap Smears Acog full book , it can give you a taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of Guidelines For Pap Smears Acog eBooks, including some popular titles.

FAQs About Guidelines For Pap Smears Acog Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Guidelines For Pap Smears Acog is one of the best book in our library for free trial. We provide copy of Guidelines For Pap Smears Acog in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Guidelines For Pap Smears Acog. Where to download Guidelines For Pap Smears Acog online for free? Are you looking for Guidelines For Pap Smears Acog PDF? This is definitely going to save you time and cash in something you should think about.

Find Guidelines For Pap Smears Acog :

j robert oppenheimer and the american century

italian high renaissance and baroque sculpture vol 3

j krishnamurti zoals ik hem kende

iving eligions 8th dition nline

jack canfield success principles

iveco daily 2000 2004 repair service manual

[jacuzzi pool filters manuals canada](#)

[jaarverslag staatsbosbeheer 1971](#)

[its not rocket science its workers comp](#)

[jacques fereol mazas 12 little duets op 38 book 1 two violins](#)

[jade woman qigong](#)

[jadis carnets souvenirs picaresques ville](#)

[jag s type repair manual](#)

~~iveco adblue service manuals~~

j2ee design patterns applied

Guidelines For Pap Smears Acog :

3 native american recipes for weeknight cooking from enrique - Oct 05 2022

web may 19 2021 3 native american recipes for weeknight cooking from enrique salmón epicurious wednesday nights in america 3 american indian recipes for weeknight cooking from enrique salmón the author

recipes first nations development institute - Mar 10 2023

web first nations development institute with the help of some of our great grantees is offering cookbooks and recipes from native american tribes and organizations preparing some of these dishes is a great way to bring a delicious

10 traditional native american recipes you re going to love - Feb 26 2022

web nov 22 2022 you ll love these traditional native american recipes including some common in the beautiful badlands and grasslands of north dakota bison herd in winter at golden hour theodore roosevelt national park north dakota read about viewing bison in winter here stay warm in your car and view magnificent bison

indigenous native american recipes serious eats - May 12 2023

web indigenous native american recipes north american cuisines recipes by world cuisine north american indigenous native american cuisine from kanuchi cherokee puréed nut soup to fragrant wild rice salad and corn studded succotash these are our favorite indigenous native american recipes explore indigenous native american all

4 native american recipes from a lakota chef tinybeans - Jun 01 2022

web nov 15 2022 with full recipes below chef tilsen brave heart has curated a special menu for native american heritage month and beyond the following mouth watering dishes incorporate ingredients like pumpkin and bison which are

the sioux chef s indigenous kitchen university of minnesota - Apr 30 2022

web although sherman is most familiar with indigenous cuisine from minnesota and the dakotas he has tasted his way throughout north america discovering a variety of recipes and regional ingredients it s an insight into a new cuisine emerging from the revitalization of native american culture

17 american indian inspired recipes to celebrate the fall - Mar 30 2022

web sep 15 2016 the mitsitam café cookbook recipes from the smithsonian national museum of the american indian foods of the southwest indian nations foods of the americas native recipes and traditions

10 traditional native american recipes that you don t want to - Jun 13 2023

web jan 25 2022 try making these traditional native american recipes including an easy frybread recipe that can also work

well as an appetizer

[sean sherman s 10 essential native american recipes](#) - Feb 09 2023

web sean sherman s 10 essential native american recipes is a group of recipes collected by the editors of nyt cooking

native american recipe wild rice sweet potato unpeeled - Jan 28 2022

web what are native american recipes and cuisine despite being the founding foodscape of our country the native american recipe and culinary culture is poorly understood

native american food recipes st labre indian school - Sep 04 2022

web download our guide on how to make native american food try a delicious plum pudding indian corn soup or bannock recipe right at home

the rich history and flavor of native american recipes - Jan 08 2023

web nov 11 2020 he shared his top native american spices cedar sumac and culinary wood ash and favorite recipe for wild cedar and maple tea learn more with chef sean sherman the thanksgiving tale we tell is a harmful lie

[native american recipes the wild west](#) - Jul 02 2022

web category native american recipes come view some authentic native american indian recipes here at thewildwest org native americans looked to the earth for their foods and ate things that may not be considered common today for example acorns were a major north american indian food

native american recipes cuisine ideas menus bon appétit - Nov 06 2022

web find native american recipes cooking techniques and cuisine ideas for all levels from bon appétit where food and culture meet

[native american recipes 25 of our all time favorites](#) - Aug 15 2023

web apr 21 2020 of course northern canadian and alaskan natives also ate seal and whale meat today you are unlikely to feast on whale blubber or grind your own corn with a stone mortar and pestle instead try out these traditional or culturally inspired native american recipes in the comfort of your own home

[native american recipes cuisine ideas menus epicurious](#) - Apr 11 2023

web find quick easy native american recipes cuisine ideas from the ultimate food resource for home cooks epicurious

three sisters bowl with hominy beans and squash recipe - Dec 27 2021

web this recipe showcases the simplicity of these flavors and can stand alone as a vegan meal or can accompany bison pot roast roast turkey or salmon with crushed blackberries featured in sean sherman s 10 essential native american recipes

18 best native american recipes for thanksgiving delish - Aug 03 2022

web nov 2 2022 18 best native american recipes for thanksgiving indigenous american foods holidays best thanksgiving

ever 18 thanksgiving recipes that celebrate indigenous american food traditions this

native american history month 3 recipes from indigenous chefs today - Dec 07 2022

web nov 19 2021 in honor of native american heritage month today food chatted with a few indigenous chefs about their favorite fall recipes and why they hold personal and cultural significance mariah

sean sherman s 10 essential native american recipes - Jul 14 2023

web nov 4 2019 sean sherman s 10 essential native american recipes the founder of the sioux chef a company devoted to indigenous foods created recipes to showcase tribal diversity across the lower 48

engineering drawing past exam papers and memos mytvvet - Feb 27 2022

web 2019 engineering drawing n1 2018 engineering drawing n1 2017 engineering drawing n1 2016 engineering drawing n1 2015 engineering drawing n1 these papers are only available for viewing online click on after successful payment wait to be redirected to the download page

grade 1 test papers singapore math learning center - Mar 31 2022

web nov 25 2020 download download 445 file size 1 mb file count 1 create date november 25 2020

mynated tvet exam papers official app in the microsoft store - Feb 10 2023

web we have a vast number of papers and subjects from n1 up to n6 in the following streams 1 engineering studies complete papers from n1 n6 2 business studies complete papers from n4 n6 3 agricultural studies 4 educare 5 tourism 6 educare 7 hospitality and catering services 8 itc studies

n1 building drawing past papers memorandum n1 nated - Apr 12 2023

web jun 16 2023 building drawing n1 november 2022 question paper pdf 216 7 kb building drawing n1 april 2023

memorandum pdf 583 9 kb building drawing n1 april 2023 question paper pdf 197 0 kb building drawing n1 august 2022

memorandum pdf 306 1 kb building drawing n1 august 2022 question paper pdf 322 6 kb building

n1 platers drawing question paper 2023 backoffice ceu social - Jun 02 2022

web oct 9 2023 pages of n1 platers drawing question paper a mesmerizing literary creation penned with a celebrated wordsmith readers set about an enlightening odyssey unraveling the intricate significance of language and its enduring affect our lives

plating and structural steel drawing past exam papers and - Sep 17 2023

web 2016 plating and structural steel drawing n1 2015 plating and structural steel drawing n1 these papers are only available for viewing online click on next to each paper to download after successful payment wait to be redirected to the download page

platers theory past exam papers and memos mytvvet - Nov 07 2022

web mechanical drawing and design mechanotechnics platers theory n2 past exam papers and memos from the year 2015 to the latest paper n2 2016 platers theory n2 apr aug nov r15 00 per question paper download

plating and structural steel drawing n2 - Sep 05 2022

web this question paper consists of 5 pages and 3 diagram sheets 264q1g2111 8090102 2 national certificate plating and structural steel drawing n2 time 4 hours marks 100 note if you answer more than the required number of questions only the required number will be marked clearly cross out all work you do not want to be

past exam paper memo n1 previouspapers co za - May 13 2023

web plating and structural steel drawing n1 requirements 8090091 23 march 2016 x paper 09 00 13 00 a2 drawing paper calculators may be used this question paper consists of 5 pages and 2 diagram sheets department of higher education and training republic of south africa

past exam paper memo n1 24 minute - Jun 14 2023

web plating and structural steel drawing n1 requirements 8090091 14 november 2016 x paper 09 00 13 00 one a2 drawing sheet calculators may be used this question paper consists of 5 pages and 2 diagram sheets department of higher education and training republic of south africa

n1 platers drawing question paper orientation sutd edu sg - Jan 09 2023

web n1 platers drawing question paper author mike goebel from orientation sutd edu sg subject n1 platers drawing question paper keywords question drawing paper platers n1 created date 3 22 2023 1 33 55 pm

n1 plating and structural steel drawings geogebra - Mar 11 2023

web n1 plating and structural steel drawings further education and training fet south africa 191 nated course n1 plating and structural steel drawing for boilermakers course

plating and structural steel drawing n1 question papers - Jul 03 2022

web plating and structural steel drawing n1 question papers downloaded from esource svb com by guest jax cantrell 1963 census of manufactures new age international issues for 1929 include section contents noted 1929 1939 called metallurgical abstracts jan 1940 sept 1945 called engineering digest oct 1945 called materials

plating and structural steel drawing n1 past papers study - Jul 15 2023

web may 30 2022 list of plating and structural steel drawing n1 previous question papers on this section you will find plating and structural steel drawing n1 previous exam question papers with memos dating from 2023 2022 2021 2020 2019 and more where applicable paper 1 and paper 2 are included

n1 platers drawing question paper - Aug 04 2022

web jun 5 2017 n1 platers drawing question paper posts download lenz eine novelle doc get link facebook twitter pinterest

email other apps june 26 2017 download lenz eine novelle kindle editon google ebookstore download lenz

past exam papers memos for engineering studies n1 - Dec 08 2022

web you might be in need of more question papers and answers memos as you prepare for your final exams we have a full single download in pdf of papers between 2014 2019

n2 mathematics n2 engineering science n2 electric trade - Oct 06 2022

web n1 platers drawing question paper orientation sutd edu sg author august blatt orientation sutd edu sg subject n1 platers drawing question paper orientation sutd edu sg keywords n2 mathematics n2 engineering science n2 electric trade created date 5 25 2023 11 28 57 am

platers theory n2 question papers 2023 esource svb - May 01 2022

web jun 29 2016 platers theory n2 question papers n2 plater s theory future managers nated past exam papers and memos engineering science n1 n2 nated past exam paper memo n3 ekurhuleni tech college national certificate engineering studies mechanical n1 question papers and memos for n2 engineering science n2

n1 plating and structural steel drawing past papers - Oct 18 2023

web oct 2 2023 plating and structural steel drawing n1 february 2022 question paper pdf 179 5 kb plating and structural steel drawing n1 november 2022 memorandum pdf 405 0 kb plating and structural steel drawing n1 november 2022 question paper pdf 343 3 kb plating and structural steel drawing n1 april 2023 memorandum pdf 145 8

n1 platers drawing question paper orientation sutd edu sg - Aug 16 2023

web n1 platers drawing question paper author gerwald ritter from orientation sutd edu sg subject n1 platers drawing question paper keywords drawing n1 platers paper question created date 3 14 2023 10 52 30 pm

le stretching du musicien guide pratique des a c pdf - Sep 15 2023

web l accent est mis sur le dos le bassin les épaules zones capitales pour la pratique instrumentale illustrated guide to france arranged in sixteen musical categories provides entries for

le stretching du musicien guide pratique des a c pdf - Sep 03 2022

web oct 21 2023 le stretching du musicien guide pratique des a c 1 7 downloaded from uniport edu ng on october 21 2023 by guest le stretching du musicien guide pratique des a c as recognized adventure as well as experience not quite lesson amusement as competently as understanding can be gotten by just checking out a ebook le stretching

le stretching du musicien guide pratique des a c 2023 - Feb 25 2022

web des exercices musculaires spécialement conçus pour les musiciens avec l explication des sensations perçues des effets produits des différents modes d étirement selon l âge et la

le stretching du musicien guide pratique des a c 2023 - Jul 13 2023

web le stretching du musicien guide pratique des a c the social contract jean jacques rousseau 1895 china and the west hon lun yang 2017 03 a groundbreaking interdisciplinary volume exploring the phenomenon of the westernization of contemporary chinese music feeling and form susanne katherina knauth langer 1953 developed

le stretching du musicien guide pratique des a c book - Apr 10 2023

web le stretching du musicien guide pratique des a c les droits des musiciens nov 08 2021 voici sous un nouveau titre la refonte du guide juridique et pratique des musiciens cette nouvelle édition s est enrichie de nombreux développements et d un chapitre consacré au multimédia internet

le stretching du musicien guide pratique des a c ruth hemus - Oct 04 2022

web le stretching du musicien guide pratique des a c recognizing the showing off ways to acquire this book le stretching du musicien guide pratique des a c is additionally useful you have remained in right site to begin getting this info get the le stretching du musicien guide pratique des a c link that we have enough money here and check out

le stretching du musicien guide pratique des a c ftp - Aug 02 2022

web halliwell s film video dvd guide the producer s manual le stretching du musicien guide pratique des a c downloaded from ftp adaircountymissouri com by guest trevon davies robert collins junior dictionnaire français anglais anglais français harvard business press earlier ed called harrap s shorter french and english dictionary

amazon fr le stretching du musicien guide pratique des - Oct 16 2023

web noté 5 achetez le stretching du musicien guide pratique des étirements myotendineux à l usage des musiciens de boutan michel chamagne philippe isbn 9782952761635 sur amazon fr des millions de livres livrés chez vous en 1 jour

le stretching du musicien guide pratique des a c stefan - Dec 06 2022

web merely said the le stretching du musicien guide pratique des a c is universally compatible with any devices to read a theory of adaptation linda hutcheon 2012 08 21 a theory of adaptation explores the continuous development of creative adaptation and argues that the practice of adapting is central to the story telling imagination

le stretching du musicien guide pratique des étirements - Jun 12 2023

web le stretching du musicien guide pratique des étirements myotendineux à l usage des musiciens boutan michel chamagne philippe amazon ca livres

le stretching du musicien guide pratique des a c book - May 11 2023

web le stretching du musicien guide pratique des a c traité pratique de la phthisie laryngée de la laryngite chronique et des maladies de la voix accompagné de neuf planches gravées aug 24 2022 appareillages de pratique esthétique 2e ed may 21 2022 les appareillages utilisés pour les soins esthétiques sont extrêmement nombreux

le stretching du musicien guide pratique des étirements - Aug 14 2023

web le stretching du musicien guide pratique des étirements myotendineux à l usage des musiciens des exercices musculaires spécialement conçus pour les musiciens avec l explication des sensations perçues des effets produits des différents modes d étirement selon l âge et la respiration

11 stretching exercises for musicians focus the strad - May 31 2022

web feb 25 2020 the first priority especially after a long performance is to restore correct postural alignment as quickly as possible this is the purpose of the warm down exercises here which should not take more than a few minutes to do and can be done without invading anyone else s space often while seated

le stretching du musicien guide pratique des étirements - Jan 07 2023

web le stretching du musicien guide pratique des étirements myotendineux par michel boutan aux éditions alexitere pratiquer des étirements renforce la structure des muscles et des tendons tout en entretenant l extensibilité musculaire c est aussi améliorer la

le stretching du musicien guide pratique des a c ftp bonide - Nov 05 2022

web dk eyewitness travel guide northern spain le stretching du musicien guide pratique des a c downloaded from ftp bonide com by guest livingston phelps the musician s essential exercises grupo planeta gbs insiders guide to santa fe is the essential source for in depth travel and relocation information to this beautiful new mexico city

download solutions le stretching du musicien guide pratique des a c - Jul 01 2022

web le stretching du musicien guide pratique des a c guide pratique des acteurs de la décentralisation apr 11 2022 guide pratique du comportement du chien jul 02 2021 sur une maîtrise de ce langage de représentation graphique et sur une connaissance technique du métier guide pratique de la communication avec le patient aug 23 2020

le stretching du musicien guide pratique des de michel - Mar 09 2023

web oct 1 2007 livraison sous 24 48h le stretching du musicien guide pratique des étirements myotendineux à l usage des musiciens de michel boutan collection médecine des arts livraison gratuite à 0 01 dès 35 d achat

le stretching du musicien guide pratique des a c pdf protese - Mar 29 2022

web des exercices musculaires spécialement conçus pour les musiciens avec l explication des sensations perçues des effets produits des différents modes d étirement selon l âge et la respiration

le stretching du musicien médecine des arts - Feb 08 2023

web le stretching du musicien guide pratique des étirements myotendineux pratiquer des étirements renforce la structure des muscles et des tendons tout en entretenant l extensibilité musculaire c est aussi améliorer la coordination l amplitude et

10 essential stretching exercises for musicians musicnotes now - Apr 29 2022

web may 16 2018 in addition to your regular cardiovascular and strength building exercises the following are helpful

Guidelines For Pap Smears Acog

stretches for musicians to complete prior to every practice and performance think of this routine as essential prep prior to playing just as you d warm up and tune your instrument