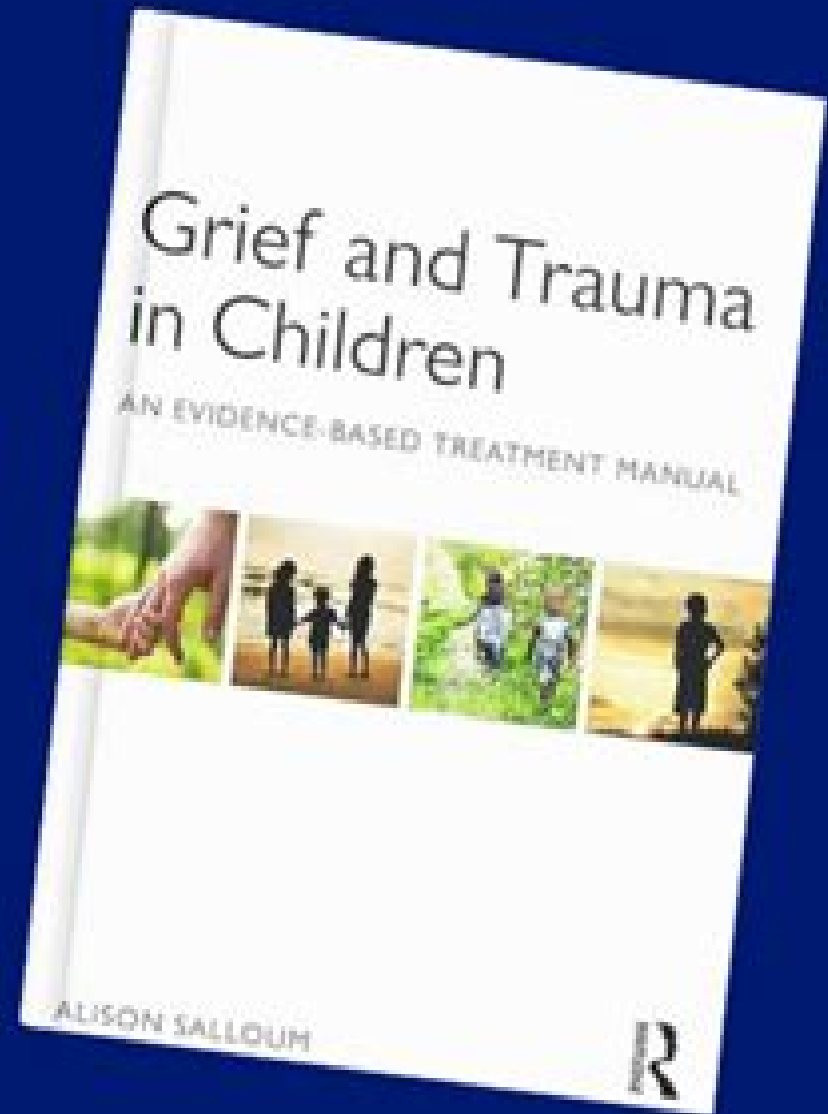


# Grief and Trauma in Children:

An Evidence-Based Treatment Manual

By: Alison Salloum



# Grief And Trauma In Children An Evidence Based Treatment Manual

**Carolyn Knight, Geoffrey L. Greif**



## **Grief And Trauma In Children An Evidence Based Treatment Manual:**

**Grief and Trauma in Children** Alison Salloum, 2015-02-20 Grief and Trauma in Children provides easy to implement ready to use therapy materials to help busy practitioners use grief and trauma interventions in real world settings All interventions in the book have been developed and researched with clinicians who faced challenging environments including devastating natural disasters and in communities where ongoing violence victimized children directly Even in these stressful environments clinicians found the interventions easy to implement effective in helping children acquire coping skills and effective in decreasing traumatic symptoms in order to proceed with grieving without impaired functioning Grief and Trauma in Children blends cognitive behavioral therapy methods and narrative practices to present an integrated grief and trauma model that can be delivered individually to a group of children or to a family The book uses the Draw Discuss Write Witness DDWW method to help children explore narratives of resilience and build coping capacity engage in restorative stories about what happened and reconnect and reengage in meaningful ways that allow the child to enjoy life again and get back on track developmentally Grief and Trauma in Children also provides up to date research on childhood bereavement and trauma a brief description of the theoretical framework of the Grief and Trauma Intervention GTI model a description of session by session goals and activities case examples with ways to address common challenges and photocopyable tools for clinicians to easily implement the model such as session agendas fidelity checklists handouts for parents and activity sheets for children

*Handbook of Evidence-Based Therapies for Children and Adolescents* Ric G. Steele, T. David Elkin, Michael C. Roberts, 2007-12-03 Growing numbers of young people some 10% to 20% of school age populations have mental health problems requiring intervention and current policy initiatives identify evidence based therapies as the most effective and relevant forms of treatment By reviewing evidence based treatments EBTs across a wide spectrum of conditions the Handbook of Evidence Based Therapies for Children and Adolescents Bridging Science and Practice closes the gaps between children s needs and services as well as those between research training and practice Several EBT options both proved and promising are offered for each covered disorder and are bolstered by case examples tables and reference lists Features include chapters on implementation issues such as diversity family treatment assessment strategies and community settings and step by step guidance for the researcher looking to gather empirical support for therapies With comprehensive coverage provided by numerous leading experts in the field this volume covers the broadest range of disorders over the widest pediatric adolescent age range including Behavioral disorders ADHD aggression bullying Phobias panic disorders school refusal and anxiety Autism and pervasive developmental disorders Depression mood disorders and suicidal behavior Alcohol and drug abuse Eating disorders and obesity PTSD With its emphasis on flexibility and attention to emerging issues the Handbook of Evidence Based Therapies for Children and Adolescents is essential reading for anyone who works to address the mental health needs of children including clinical child school and counseling psychologists clinical social workers and

child psychiatrists as well as advanced graduate level students in these and other related fields

*A Handbook of Contemporary Group Work Practice* Carolyn Knight, Geoffrey L. Greif, 2024 Group work remains a vital intervention for a wide range of clients facing an array of personal social and environmental challenges From groups for individuals with substance abuse problems or for children who have been abused to advocacy groups for parents of children with developmental disabilities and neighborhood associations that seek to improve the quality of life in the local community groups are empowering to members at the individual and societal level

**Coping with the Death of a Child** Darin D. Schiffman, 2019-06-19 Coping with the Death of a Child shows clinicians how to integrate various therapeutic modalities and clinical approaches to grief therapy into one comprehensive model linked to positive change This integrated model shows mental health professionals how to offer practical and emotional support to the bereaved using descriptions of treatments care protocols and guidelines Through this approach practitioners can foster interpersonal support and growth among families even when grieving styles and timing differ between individuals Clinicians and the families they treat will come away from the book with tools for recognizing distorted and pathogenic exchanges between family members for valuing the emotional elements of their individual experiences and for shifting toward solution focused activities

*The Oxford Handbook of Clinical Child and Adolescent Psychology* Thomas H. Ollendick, Susan Williams White, Bradley A. White, 2019 International in scope and with contributions from the field's most eminent scientists and practitioners The Oxford Handbook of Clinical Child and Adolescent Psychology is a state of the science volume providing comprehensive coverage of the psychological problems and disorders of childhood

Trauma and Grief Component Therapy for Adolescents William Saltzman, Christopher Layne, Robert Pynoos, Erna Olafson, Barbara Boat, Julie Kaplow, 2017-12-21 A guide for treating trauma and bereavement that can be flexibly implemented in group and individual settings to empower adolescents

*Handbook of Evidence-Based Interventions for Children and Adolescents* Lea Theodore, 2016-07-20 A step by step resource for treating more than 40 prevalent issues with proven strategies This comprehensive handbook for evidence based mental health and learning interventions with children and adolescents is distinguished by its explicit yet concise guidance on implementation in practice With a compendium of proven strategies for resolving more than 40 of the most pressing and prevalent issues facing young people the book provides immediate guidance and uniform step by step instructions for resolving issues ranging from psychopathological disorders to academic problems Busy academics practitioners and trainees in schools and outpatient clinical settings will find this resource to be an invaluable desktop reference for facilitating well informed decision making Unlike other volumes that ignore or merely reference the evidence base of various interventions this book focuses on providing immediate empirically supported guidance for putting these strategies into direct practice Issues covered include crisis interventions and response social and emotional issues academic learning issues psychopathological disorders neuropsychological disorders and the behavioral management of childhood health issues Each chapter follows a consistent

format including a brief description of the problem and associated characteristics etiology and contributing factors and three evidence based step by step sets of instructions for implementation Additionally each chapter provides several websites offering further information about the topic Featuring contributions from leading scholars and practitioners on each issue covered this book will be a valuable resource for child clinical and school psychologists counselors social workers and therapists as well as other health and mental health professionals whose primary practice is with children and adolescents Key Features Demonstrates step by step evidence based interventions for more than 40 common childhood issues Provides treatment procedures that can be immediately put into practice Covers a wide range of mental health and academic learning issues for children and adolescents Relevance for both school based and clinically based practice Includes contributions by noted experts in the field      **Multidimensional Grief Therapy** Julie B. Kaplow, Christopher M. Layne, Robert S.

Pynoos, William Saltzman, 2023-09-14 Multidimensional Grief Therapy MGT provides counselors social workers psychologists and psychiatrists as well as students in these fields with a flexible program for assessing and supporting children and adolescents who have experienced bereavement MGT is a strength based intervention designed to reduce unhelpful grief reactions that prevent adjustment and promote adaptive grief reactions that enable children to cope better after a death It also reduces associated symptoms of psychological distress and helps bereaved children and adolescents lead healthy happy productive lives As young people grieve in different ways and one size fits all treatments often lack effectiveness MGT uses an assessment driven two phased approach to effectively address the unique mental health needs of diverse youth This manual provides a wealth of activities and handouts designed specifically to engage and empower youth after experiencing a death including under traumatic circumstances      *Treating Trauma and Traumatic Grief in Children and Adolescents* Judith A. Cohen, Anthony P. Mannarino, Esther Deblinger, 2016-12-30 This authoritative guide has introduced many tens of thousands of clinicians to Trauma Focused Cognitive Behavioral Therapy TF CBT a leading evidence based treatment for traumatized children and their parents or caregivers Preeminent clinical researchers provide a comprehensive framework for assessing posttraumatic stress disorder PTSD other trauma related symptoms and traumatic grief in 3 to 18 year olds building core coping skills and directly addressing and making meaning of children s trauma experiences Implementation is facilitated by sample scripts case examples troubleshooting tips and reproducible client handouts Purchasers get access to a webpage where they can download and print the reproducible materials in a convenient 8 1 2 x 11 size TF CBT is listed in SAMHSA s National Registry of Evidence Based Programs and Practices New to This Edition Incorporates a decade s worth of advances in TF CBT research and clinical practice Updated for DSM 5 Chapter on the model s growing evidence base Chapter on group applications Expanded coverage of complex trauma including ways to adapt TF CBT for children with severe behavioral or affective dysregulation See also the edited volume Trauma Focused CBT for Children and Adolescents Treatment Applications for more information on tailoring TF CBT to children s varying developmental levels and cultural

backgrounds     The Restorative Nature of Ongoing Connections with the Deceased Laurie A. Burke, Edward (Ted) Rynearson, 2022-03-31 The Restorative Nature of Ongoing Connections with the Deceased is a guide to stimulating thought and discussion about ongoing attachments between bereaved individuals and their deceased loved ones Chapters promote broad inclusive training and dialogue for working with clients who establish and or maintain a restorative connection with their deceased loved one as well as those who find aspects of such connections to be psychologically or spiritually problematic or troublesome Bereavement professionals will come away from this book with a better understanding and a deeper skillset for helping clients to develop continuing bonds     **Supporting Bereaved Students at School** Jacqueline A. Brown, Shane R. Jimerson, 2017-04-21 Supporting Bereaved Students at School provides educational professionals with essential information to support bereaved students     Helping Bereaved Children, Third Edition Nancy Boyd Webb, 2011-03-18 This acclaimed work describes a range of counseling and therapy approaches for children who have experienced loss Practitioners and students are given practical strategies for helping preschoolers through adolescents cope with different forms of bereavement including death in the family school and community Grounded in research on child therapy bereavement trauma and child development the volume includes rich case presentations and clearly explains the principles that guide interventions Eleven reproducible assessment tools and handouts can also be downloaded and printed in a convenient 8 1/2 x 11 size     **Group Work with Populations at Risk** Geoffrey L. Greif, Carolyn Knight, 2017 This skills focused group work book equips students and practitioners to address the needs of a wide range of under served populations Particular attention is paid to building skills for serving a wide range of social and emotional client needs across the lifespan in a variety of settings     **The Oxford Handbook of Treatment Processes and Outcomes in Psychology** Sara Maltzman, 2016-06-15 The Oxford Handbook of Treatment Processes and Outcomes in Psychology presents a multidisciplinary approach to a biopsychosocial translational model of psychological treatment across the lifespan It describes cutting edge research across developmental clinical counseling and school psychology social work neuroscience and psychopharmacology The Handbook emphasizes the development of individual differences in resilience and mental health concerns including social environmental and epigenetic influences across the lifespan particularly during childhood Authors offer detailed discussions that expand on areas of research and practice that already have a substantive research base such as self regulation resilience defining evidence based treatment and describing client related variables that influence treatment processes Chapters in newer areas of research are also included e g neuroimaging medications as adjuncts to psychological treatment and the placebo effect Additionally authors address treatment outcomes such as evaluating therapist effectiveness assessing outcomes from different perspectives and determining the length of treatment necessary to attain clinical improvement The Handbook provides an entrance to the research as well as hands on guidance and suggestions for practice and oversight making it a valuable resource for graduate students practitioners researchers and

agencies alike      **Handbook of Childhood Behavioral Issues** Thomas P. Gullotta, Gary M. Blau, 2016-12-01 This handbook highlights present day information and evidence based knowledge in the field of children s behavioral health to enable practitioners families and others to choose and implement one of many intervention approaches provided Using a standardized format best practices for the prevention and treatment of many childhood behavioral disorders are identified based on current research sound theory and behavioral trial studies This revision includes an integration of the DSM 5 diagnostic manual and new chapters on childhood psychosis and military families and a thorough updating of the research in the previous edition      *Phobic and Anxiety Disorders in Children and Adolescents* Amie E. Grills-Taquechel, Thomas H. Ollendick, 2012-01-01 Compact authoritative guidance to effective assessment and treatment of the most common psychological difficulties in children and adolescents phobia and anxiety disorders This authoritative but compact text addresses the psychopathology assessment and treatment of the anxiety disorders and phobias in childhood and adolescence These perplexing conditions are the most prevalent psychological difficulties in young people and result in considerable impairment and distress not only to the child but also to her or his family Effective treatments exist but unfortunately many of these interventions are either not known to the practicing professionals or not used by them This volume aims to address this gap and to present these interventions in a clear and straightforward manner      **The Crisis Counseling and Traumatic Events Treatment Planner, with DSM-5 Updates, 2nd Edition** Tammi D. Kolski, David J. Berghuis, Rick A. Myer, 2015-01-05 This timesaving resource features Treatment plan components for 27 behaviorally based presenting problems Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options A step by step guide to writing treatment plans that meet the requirements of most accrediting bodies insurance companies and third party payors Includes new Evidence Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Crisis Counseling and Traumatic Events Treatment Planner Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 27 behaviorally based presenting problems including child abuse and neglect adult and child suicide job loss disaster PTSD sexual assault school trauma including bullying sudden and accidental death and workplace violence Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Additional resources in the PracticePlanners series Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice Homework

Planners feature behaviorally based ready to use assignments to speed treatment and keep clients engaged between sessions For more information on our PracticePlanners including our full line of Treatment Planners visit us on the Web at [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

**Handbook of Juvenile Forensic Psychology and Psychiatry** Elena L. Grigorenko, 2012-02-21 Juvenile justice centers have a long tradition as an unfortunate stop for young offenders who need mental health care Reports estimate that as many as 70% of the youth in detention centers meet criteria for mental health disorders As juvenile justice systems once again turn their focus from confinement to rehabilitation mental health providers have major opportunities to inform and improve both practice and policy The Handbook of Juvenile Forensic Psychology and Psychiatry explores these opportunities by emphasizing a developmental perspective multifaceted assessment and evidence based practice in working with juvenile offenders This comprehensive volume provides insights at virtually every intersection of mental health practice and juvenile justice covering areas as wide ranging as special populations sentencing issues educational and pharmacological interventions family involvement ethical issues staff training concerns and emerging challenges Together its chapters contain guidelines not only for changing the culture of detention but also preventing detention facilities from being the venue of choice in placing troubled youth Key issues addressed in the Handbook include Developmental risks for delinquency Race and sex disparities in juvenile justice processing Establishing standards of practice in juvenile forensic mental health assessment Serving dually diagnosed youth in the juvenile justice system PTSD among court involved youth Female juvenile offenders Juvenile sex offenders The Handbook of Juvenile Forensic Psychology and Psychiatry is an essential reference for researchers professors allied clinicians and professionals and policy makers across multiple fields including child and school psychology child and adolescent psychiatry developmental psychology criminology juvenile justice forensic psychology neuropsychology social work and education

**Evidence-Based CBT for Anxiety and Depression in Children and Adolescents** Elizabeth S. Sbrlati, Heidi J. Lyneham, Carolyn A. Schniering, Ronald M. Rapee, 2014-05-12 Evidence Based CBT for Anxiety and Depression in Children and Adolescents This should be on the bookshelf of everyone treating anxious and depressed children and adolescents A cornucopia of theory and clinical good sense alike I will be making sure that my trainees read it cover to cover Dr Samantha Cartwright Hatton Senior Clinical Research Fellow in Psychology University of Sussex This is the first book to offer an explicitly competencies based approach to the cognitive behavioral treatment of anxiety and depression in children and adolescents Within it an outstanding and influential set of experts in the field describe a comprehensive model of therapist competencies required for empirically supported cognitive behavioral treatment They explore each of these competencies in great detail and highlight effective ways of training them As a result the book not only supports the training development and assessment of competent clinicians who are implementing CBT it is also invaluable for clinicians who wish to gain an understanding of the competencies they need to acquire or improve and offers guidelines for how to achieve these providing a benchmark against which they can assess themselves Evidence Based CBT for Anxiety and



Depression in Children and Adolescents works to improve the quality of therapists working in this area and as a result the quality of treatment that many young people receive      Supporting Traumatized Children and Teenagers Atle Dyregrov, 2010 An accessible comprehensive book providing an overview of the impact of trauma on children and adolescents and how they can be supported following trauma

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