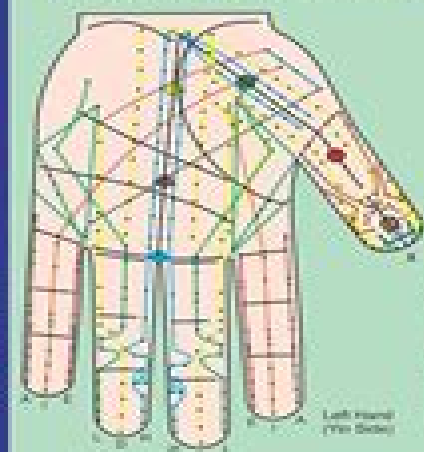


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ENERGY SYSTEMS OF HANDS &



UM-B
 X - Concepts
 A - Lung Byd
 I - Pericard
 E - Heart Byd
 L - Liver Byd
 D - Spleen B
 H - Kidneys B

AH -
 Y - Governor
 B - Large Int
 J - Spinal Co
 F - Small Int
 C - Stomach
 K - Gall Blad
 G - Urinary B

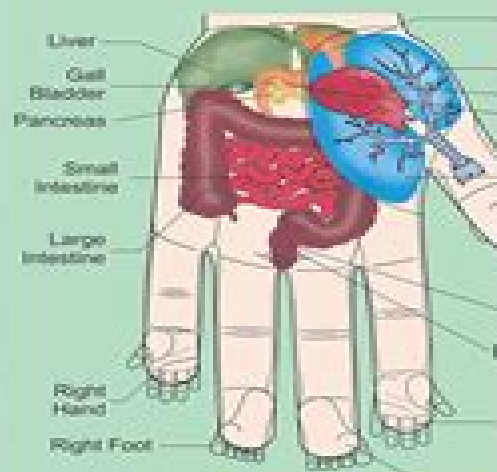
External
 ● Spine
 ● Wind
 ● Red
 ● Hot
 ● Hum
 ● Dry
 ● Cold

Left Foot (Yin Side)
UM-Biyol-Meridians

Central Border
 Biyol-Meridian
 Sagittal Core
 Biyol-Meridian
 Diaphragm Border
 Biyol-Meridian

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STANDARD SYSTEM
 TO THE BODY

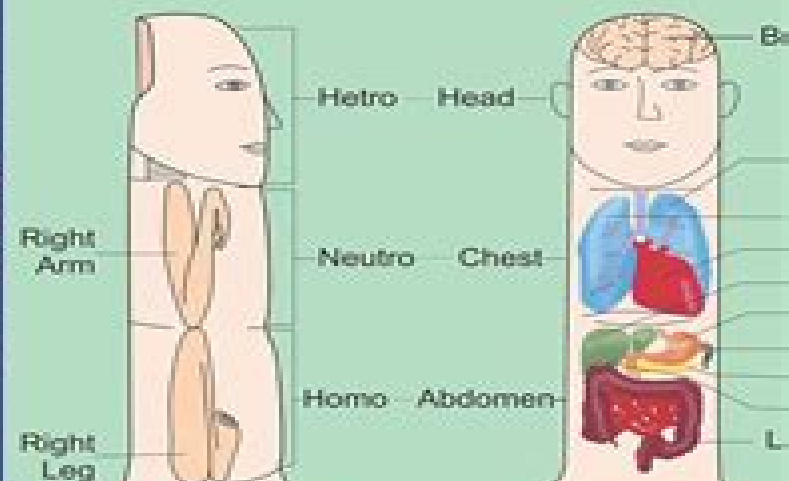


**PROJECTION OF THE
 STANDARD / INSECT**



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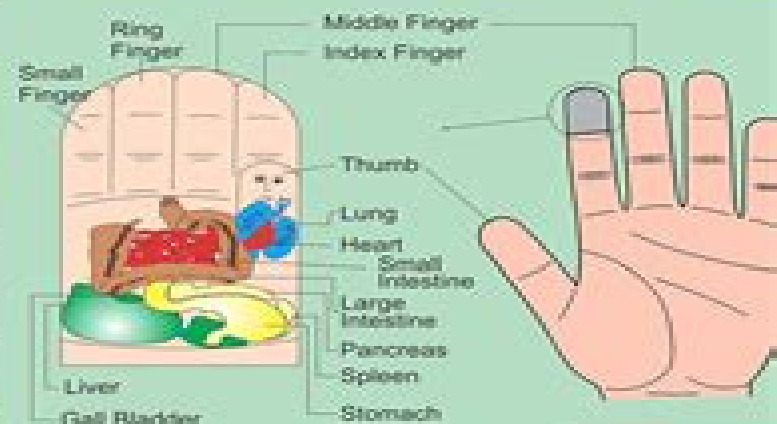
STANDARD CORRESPONDENCE INSECT SYSTEM



Right side surface

Yin surface

STANDARD CORRESPONDENCE MINI SYSTEM



Hands and feet by analom human body. This truly is possible to realize that off correspondence systems, body. The Homo-systems pe and maintains the human systems of hands and feet: treatment-correspondence

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Color and Number Therapy Hr Prithvi Dawar, 2022-03-26 After the diagnosis Colour and Number Therapy can be applied on correspondence meridian chakra organ or local affected area of the body It Works dynamically provides instant relief with writing the numbers with the mentioned color on the prescribed area on the Hand with the symbol for the selected health problem Color Number Therapy heals Your Body Mind Spirit Soul Naturally without any Drugs and Side Effects This Holistic Health Care Therapy is very useful in management of Pain Stress Disease Like Blood Pressure Obesity Paralysis Diabetes Sciatica Slip Disc Arthritis Knee Spondylitis Cervical Frozen Shoulder Body Pain Asthma Indigestion Acidity Stress Migraine Memory sinus Varicose Veins etc We can get Better Health Wealth Happiness Harmony Beauty and Fitness by this Technique Energy is the capacity to work so nobody can create or destroy the Universe energy We can transfer the energy The total amount of energy always remains constant and thus its the basis on which the treatment is provided **SAMPOORNA**

MUDRA VIGNAN Dharanipragada Prakash Rao, Dharanipragada Deepthi, 2021-09-24 Mudra is a gesture made with fingers hands or with entire body sometimes coupled with breathing techniques to stimulate the flow of energy in the body Mudras originated thousands of years ago and were very well adopted in ancient India but of late its essence is seen diminishing With an intention to bring the benefits of Mudras to common man Yogacharya and Mudra Specialist Sri Dharanipragada Prakash Rao has published a book in Telugu A language of Andhra Pradesh and Telangana States of India by name Mudralu Bhandhaalu which is result of his vast study and research in the area of Yoga and Mudras Till date it sold around 10 000 copies To further strengthen the reach of this knowledge and benefits to larger audience Sri Prakash Rao along with his daughter Dharanipragada Deepthi have brought forward a book in English by name SAMPOORNA MUDRA VIGNAN which is an encyclopedia to Mudras It covers 810 Mudras with pictures which explains the procedure time limit to perform the Mudras their physical mental and spiritual benefits too Apart from therapeutic use through Chikitsa mudras this book also covers various mudras on Pranayama Dhyana Meditation to activate chakras Puja mudras Mantra mudras Vaastu mudras Natya mudras and many more This book categorizes Mudras based on how they are performed such as Hasta Mudras which are practiced with hands Kaaya Mudras with body Sira Mudras with head Aadhaara Mudras taking an external support Mano Mudras by focusing the mind on something Chakshu Mudras using eyes Bandha Mudras internal locking mechanisms Last part of the book contains a detailed list of ailments with special mention about the Mudras which can prevent or cure specific ailments The reader can find his or her current health issue and practice the specific Mudras proposed in the book to experience direct benefits of Mudras Irrespective of the age if staying fit is your goal then this is a Book of all Times NOTE Though most of the Mudras can be practiced by self to heal the health there are some Mudras which must be learnt and practiced only under the guidance of an expert Mudra Specialist The results may vary according to the level of concentration belief interest and practice More books from same Author Mudralu Bandhaalu Telugu Book Mudraye Aur Bandh Hiindi Book

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