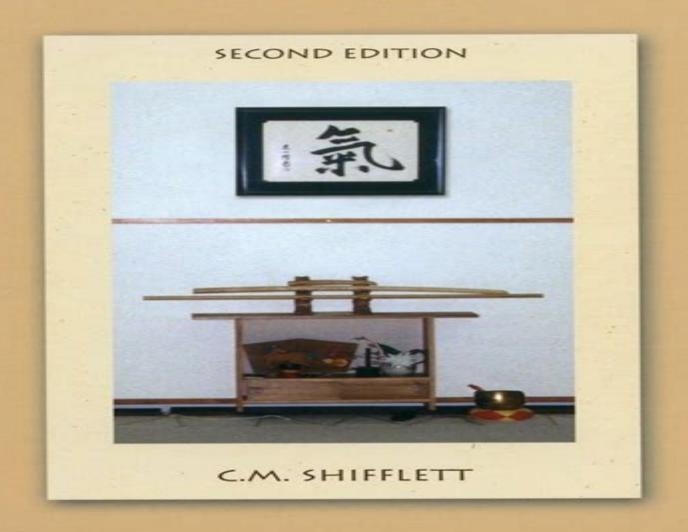
# Ki in Aikido

## A SAMPLER OF KI EXERCISES



# Ki In Aikido Second Edition A Sampler Of Ki Exercises

Y Pai

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