

# How Not to Die: Discover the Foods Scientifically Proven to Prevent and Reverse Disease Ebook

Discover the Foods Scientifically Proven to  
Prevent and Reverse Disease

## HOW NOT TO DIE

MICHAEL GREGER, MD  
FOUNDER OF NUTRITIONFACTS.ORG  
with GENE STONE

FEATURING DR. GREGER'S DAILY DOZEN:  
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