

MANUAL PALLET JACKS

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are a tool used in material handling. They are operated by a user standing behind and pushing. Unsafe handling can lead to injury to the operator or pedestrians in the area. Safe maneuvering relies on the operator's handling and ability to identify potential hazards in the workplace before and during use. Unlike powered pallet jacks and forklifts, formal classroom training is not required to operate a manual pallet jack. Be aware of potential hazards and follow safe use best practices to lower the risk of an incident or injury.

EXAMPLE POTENTIAL HAZARDS:

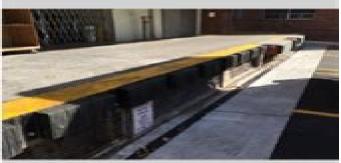
- Obstructed or narrow pathways
- Pinch points for hands
- Running over feet
- Collisions with pedestrians or objects
- Improper lifting when loading/unloading
- Losing control of the load
- Overloading the rating

WHAT TO DO!

- Conduct a pre-use inspection of the jack.
- Plan your route to verify there is room to maneuver.
- Be aware the load rating and stay below it.
- Use proper lifting techniques to load and unload.
- Center the load to prevent tipping, secure as needed. If control is lost, don't try to catch it.
- Move slowly and pay attention to surroundings.
- Push instead of pull whenever possible.
- Position yourself higher on an incline to remain out of the way if control of the jack is lost.
- Keep a safe distances from all dock edges.
- Park out of pathways to prevent a trip hazard.
- Bring questions to your supervisor and additional questions or concerns to EHS.
- In an emergency, call grand UOPD (541-346-2919) for immediate assistance!



Avoid pulling the load when possible!



Pay attention to surroundings and keep a safe distance from dock edges!



Park out of the pathway!



Safety and Risk Services 1260 University of Oregon Eugene, OR 97403 safety.uoregon.edu/safetysheets Environmental Health and Safety Occupational Safety and ehsinfo@uoregon.edu 541-346-3192

Health Manager - Haily Griffith hailyg@uoregon.edu

*Does not act in place of official training. Contact EHS.

Updated: 01/20

Jsa Manual Pallet Jack

Raffaela Di Napoli

Jsa Manual Pallet Jack:

Manuals Combined: Navy Air Force And Army Occupational Health And Safety - Including Fall Protection And Scaffold Requirements, Over 2 900 total pages Contains the following publications 1 NAVY SAFETY AND OCCUPATIONAL HEALTH PROGRAM MANUAL 2 NAVY SAFETY AND OCCUPATIONAL HEALTH SOH PROGRAM MANUAL FOR FORCES AFLOAT 3 DEPARTMENT OF THE NAVY DON FALL PROTECTION GUIDE 4 Air Force Consolidated Occupational Safety Instruction 5 U S Army Corps of Engineers SAFETY AND HEALTH REQUIREMENTS

Cassier's Industrial Management and Mechanical Handling ,1958

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