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## **IC & RC Exam CAADC Study Guide with Complete Solutions**

**Drug** correct answer: Any substance that enters the human body and can change either the function or structure of the human organism. This includes such items as foods, vitamins, nutrients, minerals and the like.

**Psychoactive Drug** correct answer: A chemical substance that not only can change the function and structure of the body, but also changes one's thinking, feelings, perceptions and behavior. These changes are the result of the drug's action on the human brain.

**Depressant** correct answer: Psychoactive drugs that slow down central nervous system function, relax or tranquilize the person, and may produce sleep.

**Narcotics** correct answer: Psychoactive drugs - powerful painkillers, analgesics that also produce pleasurable feelings and generally induce sleep.

derived from naturally occurring substances or manufactured synthetically; cause sedation and euphoria by causing depression of CNS; used to medically relieve pain, suppress cough and control diarrhea

overdose can cause death by respiratory depression

can cause physical/psychological dependence; impairs ability to drive; damage developing fetus; linked with the spread of AIDS due to the use of needles

**Stimulants** correct answer: Psychoactive drugs - chemical substances that generally speed up central nervous system function, resulting in alertness and excitability.

**Hallucinogens** correct answer: Psychoactive drugs - also called mind expanders or psychedelics, these drugs affect a person's perception,

# Ic And Rc Study Guide

**David Kirk**



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Study Guide ,2016      **Study Guide** ,2016 This Study Guide has been created to help candidates prepare for taking the Alcohol and Other Drug Counselor ADC written examination to become credentialed by the International Certification Reciprocity Consortium IC RC      *Prevention Specialist Exam Study Guide* Nicole M. Augustine,2022-08-26 The Prevention Specialist Exam Study Guide helps readers to understand the competencies and knowledge necessary to become a Prevention Specialist PS and adequately prepares prevention professionals to pass the Prevention Specialist certification exam With this book Nicole Augustine aims to close the gap in existing literature for the PS exam and enhance the prevention workforce so that society is better equipped to address current and future substance misuse challenges and improve long term health outcomes for all Divided into six domains each module of this study guide contains a self assessment suggested readings and a review of the information covered in the PS exam A chapter covering the overall credentialing process and the additional requirement variations by the state is included Substance prevention professionals around the world looking to become a credentialed professional will find this one of a kind resource indispensable

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