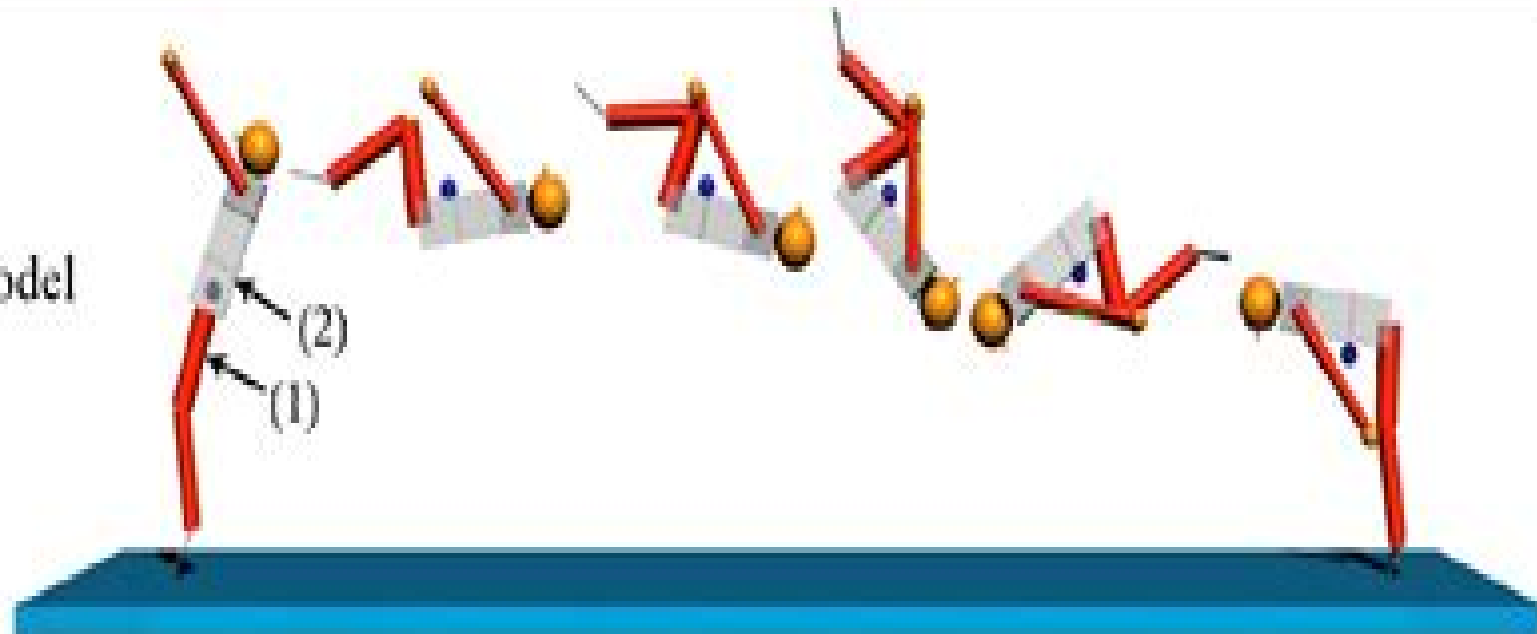


salto model



time structure	0 TO	0.23	0.27	0.33	0.50	0.60 s TD
movement phases	achieving tucked position		remaining tucked		extending body	
hand contact phases during guidance	(1) thigh					
	(2) iliac crest					

Figure 1. Illustration of a simulated backward salto from takeoff (TO) to touchdown (TD), together with its corresponding movement phases and hand contact phases on (1) thigh and (2)

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