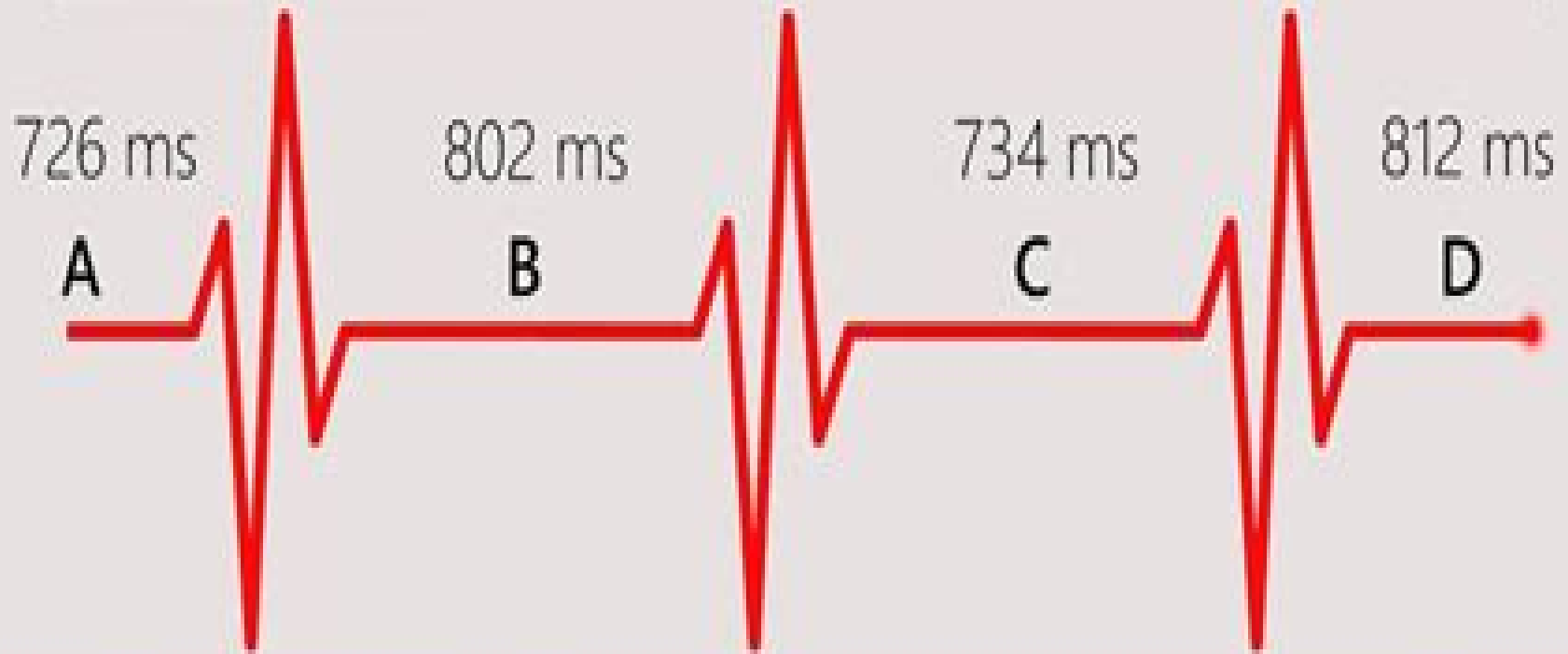


***HRV = 74 ms***



$$\frac{(A - B)^2 + (B - C)^2 + (C - D)^2}{3} = \frac{5776 + 4624 + 6084}{3} = 5,494.67 \quad \sqrt{5,494.67} = 74.13 \text{ ms}$$

# Heart Rate Variability

**Katrin Zwirgmaier**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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Delve into the emotional tapestry woven by Emotional Journey with in **Heart Rate Variability** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it's a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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