

**LESSON TITLE: ENDOCRINE SYSTEM (Part 2)****LEARNING OUTCOMES:**

Upon completion of this lesson, you can:

1. Identify the major hormones secreted from the other endocrine glands and its role in homeostasis;
2. Describe various conditions associated with problem in hormone production of some endocrine glands;
3. Recognize the functions of other hormones significant in homeostasis;
4. Identify the different disorders and diseases associated with endocrine system and its description; and,
5. List the major age-related changes that occur in the endocrine system.

Materials:

Book, pen and notebook

References:

VanPutte, C., Regan, J., & Russo, A. (2016). *Seeley's essentials of anatomy & physiology* (10th ed.). New York, NY: McGraw-Hill Education.

LESSON REVIEW/REVIEW

The purpose of this activity is to refresh your memory regarding the endocrine system. You simply encode your choice of answer based from the stated description in each item. Have fun!

1. **Autocrine or Paracrine**. Local messengers secreted by one cell type, ex. histamine
2. **Lipid-soluble or Water-soluble**. Must circulate as free hormones
3. **Humoral or Neural or Hormonal**. Directly by blood-borne chemicals to hormones.
4. **Nuclear receptors or Membrane-bound receptors**. The hormone-receptor complex activates genes, which in turn activates the DNA to produce mRNA.
5. **Anterior or Posterior**. Releases endocrine hormones

MAIN LESSON

You must read & study the concepts and refer to figures/tables in Chapter 13 of the book.

Thyroid Gland – made up of two lobes, connected by isthmus; located on each side of trachea & highly vascular

- ✓ Function: To secrete **thyroid hormones** which binds to nuclear receptors in cells & regulate rate of metabolism.
- ✓ Thyroid hormones are synthesised and stored within **thyroid follicles** and attached to **thyroglobulin**.
- ✓ **Parafollicular cells / C cells** secrete the calcitonin
- ✓ Hormones are regulated by TSH-releasing hormone (TRH) from hypothalamus & thyroid stimulating hormone (TSH) from anterior pituitary gland (See process figure 13.16, page 253)

Gland	Hormone	Target Tissue	Response
	Thyroid hormones (Thyroxine, triiodothyronine)	All cells of the body	Increase metabolic rates, essential for normal process of growth and maturation
	Calcitonin	Primarily bone	Decreases rate of bone breakdown; generates large increase in blood Ca^{2+} levels following a meal

Lab Manual Exercise 32

Christian G. Meyer

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the author's name.

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